

The Well-Child Visit:

Why Go?



- **Regular checkups** are an **important** way to keep **track** of your **child's health** and **physical, emotional, and social development**
- These visits are your **chance to learn** as much as you can about the **best ways** to **help your child grow**
- **Both you** and your **health care professional** can make sure your **child is developing as expected**
- Your family and health care professional form a **partnership** based on **respect, trust**, honest **communication**, and **understanding** your **family's culture and traditions**

What to Expect

- Your **health care team** will:
 - take **measurements**
 - conduct a head-to-toe **examination**
 - update **immunizations**
 - offer you a chance to **talk with your health care professional**
- Your **well-child visit** includes **4 specific activities**:
 - 1) Determining whether your child has any health concerns
 - 2) Offering ways to keep your child from developing health concerns
 - 3) Providing support for your child's overall health and well-being
 - 4) Talking through health information and offering advice

What will You Talk about?

A large, hand-drawn thought bubble with three smaller circles leading to it from the top left. Inside the bubble, the following text is written in a mix of black and blue colors:

Proud Moments
Family's **Health**
Child's Growth & Development
Challenges
Everyday **Life**
Healthcare Provider's Advice