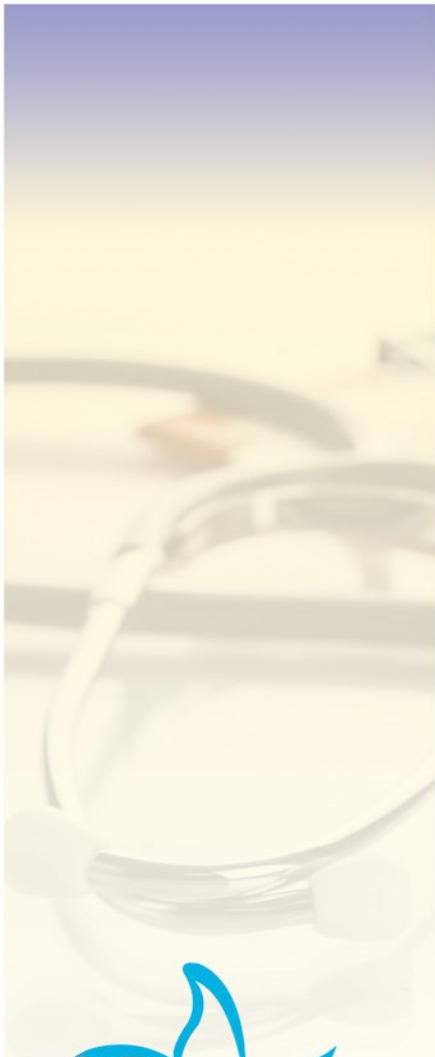




*Pediatric Integrated Health Care
Implementation Model*

One Location, One Visit

A MANUAL FOR INTEGRATING MENTAL HEALTH SERVICES
INTO A PEDIATRIC PRACTICE



STARFISH
FAMILY SERVICES

Developed by Michelle Duprey, LMSW

*Behavioral Health Consultant***Job Description****Title**

Behavioral Health Consultant

Primary Purpose

This is a professional position providing mental health and Integrated Health Care expertise to health care providers and patients. This position will be housed in a medical setting and will be integrated into the primary care team.

Education And Experience Required

1. Master's degree in social work, psychology or other related human service field.
2. Registration/licensure as a social worker, counselor, or psychologist. Full License preferred.
3. Medical social work experience preferred.

Knowledge, Skills And Abilities Required

1. Knowledge of the Integrated Health Care model.
2. Experience or specialized training in an Integrated Health Care setting preferred.
3. Specialized training in health issues related to children including asthma, diabetes and obesity or completed within 3 months of employment.
4. Strong assessment skills.
5. Experience working with parents on behavioral management, and child development education.
6. Experience with providing appropriate referrals for aftercare.
7. Experience with multiple major human service delivery systems (FIA, public health, education, etc.) preferred.
8. Ability to demonstrate commitment, caring and respect for children and adults from diverse backgrounds who have multiple needs or problems.
9. Ability to work cooperatively and responsibly as a member of a team with colleagues, supervisors, agency staff and collateral contacts.
10. Ability to develop medical/behavioral treatment plans and coordinate needed services to fulfill plans.
11. Ability to role-model appropriate child-handling techniques to parents and staff.
12. Good understanding of child development, parent/child dynamics, common childhood behavior problems and appropriate interventions.
13. Ability to effectively, appropriately and accurately communicate both orally and in writing.
14. Ability and willingness to abide by all confidentiality policies.
15. Ability and desire for personal and professional growth and skill development.
16. Competence in the delivery of crisis intervention services and in brief and time-limited therapy.

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17. Ability to demonstrate compassion and sensitivity and to respect the privacy and special needs of patients.
18. Must be computer literate.
19. Knowledge of community resources and linkages.
20. Knowledge of theory and practice of individual, group and family systems treatment.
21. Ability to make critical decisions independent of immediate supervision.
22. Ability to work flexible hours as needed (i.e. some evenings or weekend work is required).
23. Must have the ability to work with all members of the community regardless of race, age, sex and cultural or ethnic background.

Principle Duties And Responsibilities

1. Assess and educate primary care practices on Integrated Health Care.
2. Develop logistical and workflow procedures involved in an Integrated Health Care site.
3. Provide assessments and referral services to children and youth in their primary care setting that are identified through a screening mechanism by the primary care provider with special consideration for screenings related to trauma environments.
4. Conduct additional screens and assessments.
5. Provide psycho-social education as needed with particular emphasis on childhood development and adolescent development.
6. Provide anticipatory guidance on child/adolescent development, behavioral issues and parenting skills/strategies.
7. Link with provider agencies.
8. Assist in coordination of care and provide referrals to appropriate community agencies as necessary.
9. Follow up on all referrals to ensure contact/link to referral agency.
10. Follow up to ensure progress with suggested strategies.
11. Serve as a mental health consultant to the primary care team.
12. Embrace an integrated approach to patient treatment.
13. Facilitate groups as necessary.
14. Must maintain any client files in order and up to date.
15. Provide training to other professionals.
16. Submit timely and accurate documentation of services, billing data and required paperwork.
17. Work cooperatively as a member of a team with program staff and community resources.
18. Responsible for working with team members, supervisor, child, families and community contacts in a manner that is conducive to the philosophy and mission of the program and agency.
19. Participate in individual and group supervision.
20. Participate in on-going personal and professional development including in-service training, peer review, external workshops and seminars.
21. Adhere to all policies and procedures as it relates to documentation, productivity, training requirements and confidentiality.
22. Must maintain ethical and professional standards at all times.
23. Attend all agency and departmental meetings and training as required.

IHC Interview Questions

1. Please tell me about your overall Social Work/Psychology/Counseling job experience.
2. Please tell me about your experience working in health care.
3. How would you define Integrated Health Care?
4. How would you define the benefits of IHC?
5. What do you think the barriers to IHC might be?
6. What strategies have you/would you develop to work effectively with doctors, Nurses, Medical Assistants (MAs), etc.?
7. How do you envision working collaboratively within the Primary Care site?
8. Please describe your experience working with standardized screening tools for children and adults.
9. Please describe your experience working with Qualified Health Plans.
10. Please describe your general knowledge of working with patients with common health issues such as diabetes, obesity, asthma and chronic pain.
11. Please describe your experience working with patients who have experienced trauma.
12. What strategies have you used to create a team?
13. How would you help a patient gain access to the mental health system?
14. How might you educate a newly diagnosed ADHD patient/parent?
15. What strategies can you think of to provide psycho-education to a patient in a 15 minute contact?
16. Describe a time when you had to manage a challenge involving a colleague with regard to communication.
17. How would you manage disagreements between professionals (between provider and BHC, for example)?