



Women & Infants

RI MomsPRN Learning Collaborative – Cohort 2

[SEPTEMBER 23 2021 7:30-9:00 AM]

Agenda

- **Welcome**
 - **Susanne Campbell, CTC-RI**
- **Case Examples of Teleconsultation Line Utilization (15 min)**
 - **Dr. Zobeida “Zee” Diaz, WIH**
 - **Eva Ray, WIH**
- **Practice Report-Out (55 min, 6 min per practice)**
- **Data Reporting (20 min)**
 - **Jim Beasley, RIDOH**

RI MomsPRN

401-430-2800

Secure Email:
RIMomsPRN@CareNE.org

A FREE PSYCHIATRIC TELECONSULTATION SERVICE FOR HEALTHCARE WORKERS

Resource and Referral (Social worker)

- Call intake and triage
- Make connections to treatment and support services
- Schedule provider teleconsultation with perinatal behavioral health experts

Clinical Consultation (Psychiatrist and Psychologist)

- Same-day, provider-to-provider psychiatric teleconsultation services
- Diagnostic support
- Treatment planning
- Medication and dosage recommendations



Margaret Howard, PhD



Zobeida "Zee" Diaz, MD



Anupriya Gogne, MD



Eva Ray, LCSW

RI MomsPRN Teleconsultation Example -- MD Consult #1

Problem

Pt is 6 weeks postpartum and breastfeeding. She is reporting worsening anxiety since starting sertraline at 50 mg daily 2 weeks ago. She did well on this medication in the past for treatment of anxiety at a dose of 100 mg daily. Provider notes that she had a very traumatic delivery.

Action

Pt is wondering if she should switch to a different medication but wants to keep breastfeeding. OB/GYN calls RI MomsPRN 401-430- 2800 for guidance

Eva refers to Dr. Diaz

Dr. Diaz calls OB/GYN and provides guidance same day

RI MomsPRN Teleconsultation Example -- MD Consult #1

Result

Medication Suggestions:

- 1) Could try lowering the dose of sertraline and titrating gradually to minimize anxiety and could provide lorazepam PRN anxiety for short-term relief
- 2) Could try escitalopram, which is an alternate SSRI with a low relative infant dose

Dr. Diaz reviews the lactation data and references Hale's Medications & Mother's Milk as a resource (www.halesmeds.com)

Dr. Diaz transfers the call back to Eva to take Pt's info for scheduling a medication evaluation

RI MomsPRN Teleconsultation Example – MD Consult #2

Problem

Pt just found out that she is 8 weeks pregnant. She has a history of ADHD and has been taking Adderall 20 mg daily. She is wondering if she has to discontinue this medication. She also notes a history of depression but is not taking an antidepressant.

Action

Psych NP calls RI MomsPRN 401-430-2800 for a medication consultation

Eva refers to Dr. Diaz

Dr. Diaz calls OB/GYN and provides guidance same day

RI MomsPRN Teleconsultation Example -- MD Consult #2

Result

Dr. Diaz provides data on the safety of Adderall in pregnancy and offers bupropion as an alternative. Bupropion could be used for ADHD and depression and is considered safer. If bupropion is not effective, and/or pt needs Adderall to function (for work/driving/caring for family), it can be used but extra monitoring is needed

Dr. Diaz transfers the call back to Eva to take pt's info for scheduling a medication evaluation

Dr. Diaz recommends that, if pt decides to continue Adderall, the OB should be notified to ensure that extra monitoring occurs

RI MomsPRN Data Collection Timeline

	Date Range	Report Due	Progress
Baseline Report	02/1/20-01/31/21	4/9/21	Completed
Project Report 1	04/1/21-05/31/21	7/9/21	Completed
Project Report 2	04/1/21-08/31/21	10/8/21	Due Next
Project Report 3	04/1/21-12/31/21	1/14/22	
Project Report 4	04/1/21-03/31/22	4/8/22	

- Next data report with relevant optional data is due 10/8/21
- Feedback requested regarding Project Report 3 Date Range

Optional Data: Treatment/Referral

- Goal is to help ensure positive screens are addressed and to incentivize this reporting workflow, while recognizing the difficulty involved.
- Reminder: Only applies to positive screens and RI MomsPRN staff recommend creating structured data fields (yes, no, not applicable)
- Treatment Defined: **Anything provided internally** at the practice (medication prescribed, referred to IBH, or services provided by IBH staff)
- Referral Defined: **Any external referral(s) offered** to a patient and can include those referred to the RI MomsPRN teleconsultation line. If a patient already sees an external behavioral health provider, please label as “not applicable already in treatment” for this optional data collection.

Any best practices with documenting this data in a sustainable way

Optimizing Data Collection

- Referral reporting: Practices are encouraged but not required to stratify referrals by levels of care
 - Outpatient services
 - Intensive Outpatient Program (IOP)/Partial Hospitalization Program (PHP)
 - Inpatient services – [Depression/Anxiety Only]
 - Induction on to MAT [SUD Only]
 - Residential/Inpatient services [SUD Only]
- NIDA scoring: A positive screen may not require any treatment/referral action (e.g., alcohol) based on clinical judgement of provider. When this occurs, please report as “not applicable per clinical assessment” with any optional treatment/referral data collection.
- RIDOH has best practice guidance with the collection of race, ethnicity, health coverage, and other demographic variables if interested.

Enhanced Data Analysis

- CTC and RIDOH will be
 - Clarifying select variables with practices (e.g., is race/ethnicity patient reported or provider observed)
 - Grouping demographic variables at the least common denominator and analyzing data to identify any significant differences in screening/positivity
 - Analyzing provider and practice-level self-efficacy results

Reminder: Additional analysis support can be provided for all practices (e.g., analyzing screening by visit type) and ongoing evaluation clarification is available during monthly practice meetings.

Your Feedback Matters!



Health Care Provider/Practice-level Survey – Coming Soon!

Let HRSA know about your experiences with RI MomsPRN via the surveys-coming in October.

Your feedback is vital to helping programs like our continue in the future.



Please Join Us: Cannabis Use in the Perinatal Period Learning Session October 1, 7:30-9:00am

REGISTRATION LINK: [HTTPS://CTC-RI.ZOOM.US/MEETING/REGISTER/TJERF-ISQDOSHC6THCE0FR9YKUWYFDKIZ5A](https://ctc-ri.zoom.us/meeting/register/tj erf- isqdoshdc6thce0fr9ykuwyfdkiz5a)