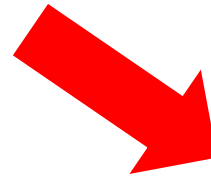


RI DIABETES HEALTH EQUITY CHALLENGE

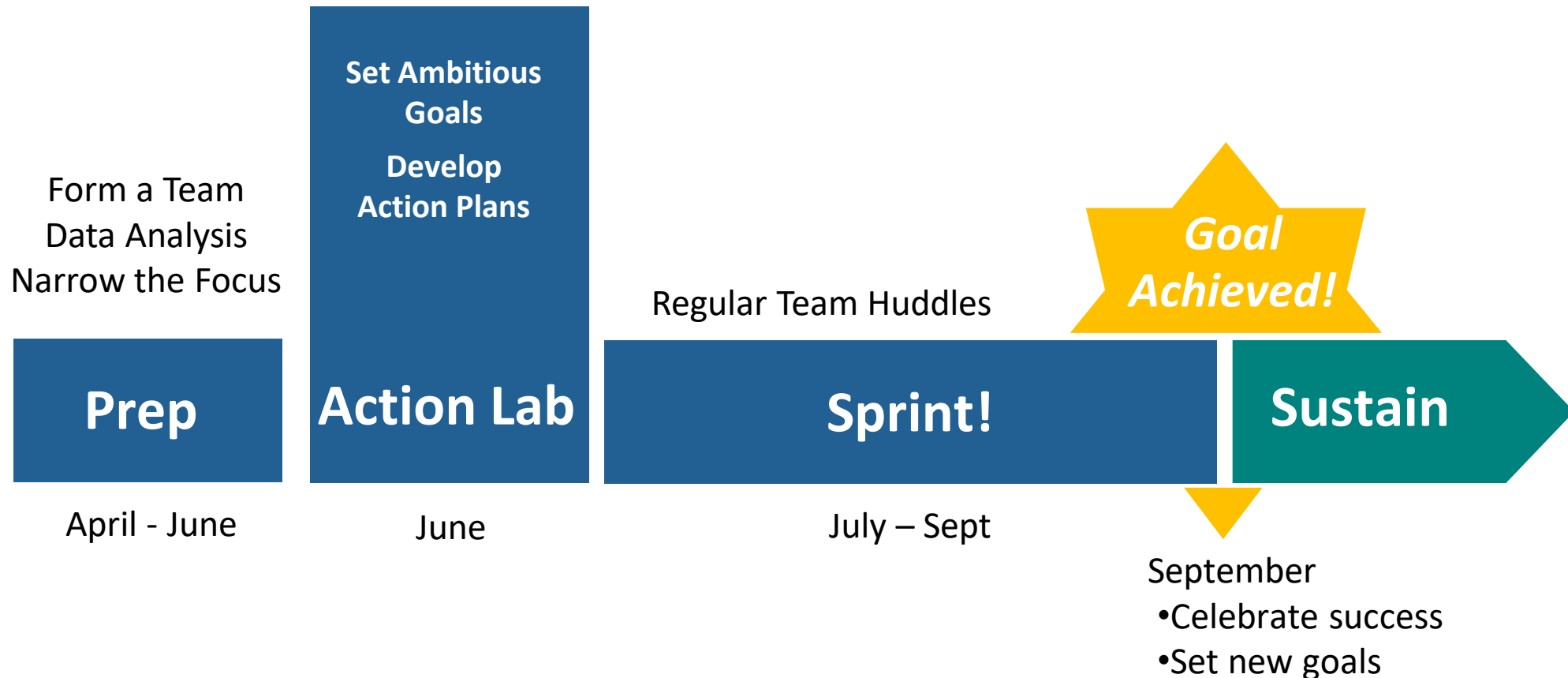
Supporting the community during the COVID-19 pandemic

Welcome! Please feel free to speak or chat in:

- Name and affiliation
- What was your most recent "aha" moment?



DIABETES HEALTH EQUITY CHALLENGE



TODAY'S AGENDA

10:10-10:30 am Creating an Aligned Portfolio

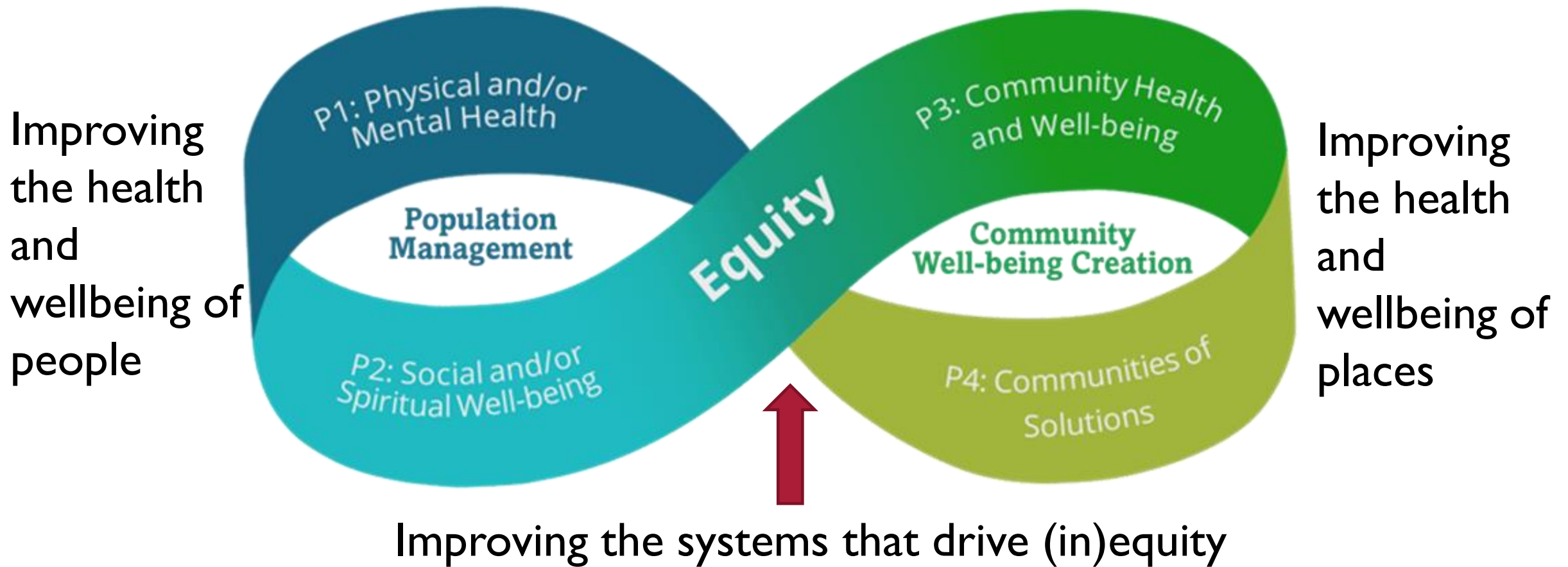
- Aligning strategies in each of the 4 Pathways to Population Health Portfolios

10:30-10:55 am Learning From and With Each Other

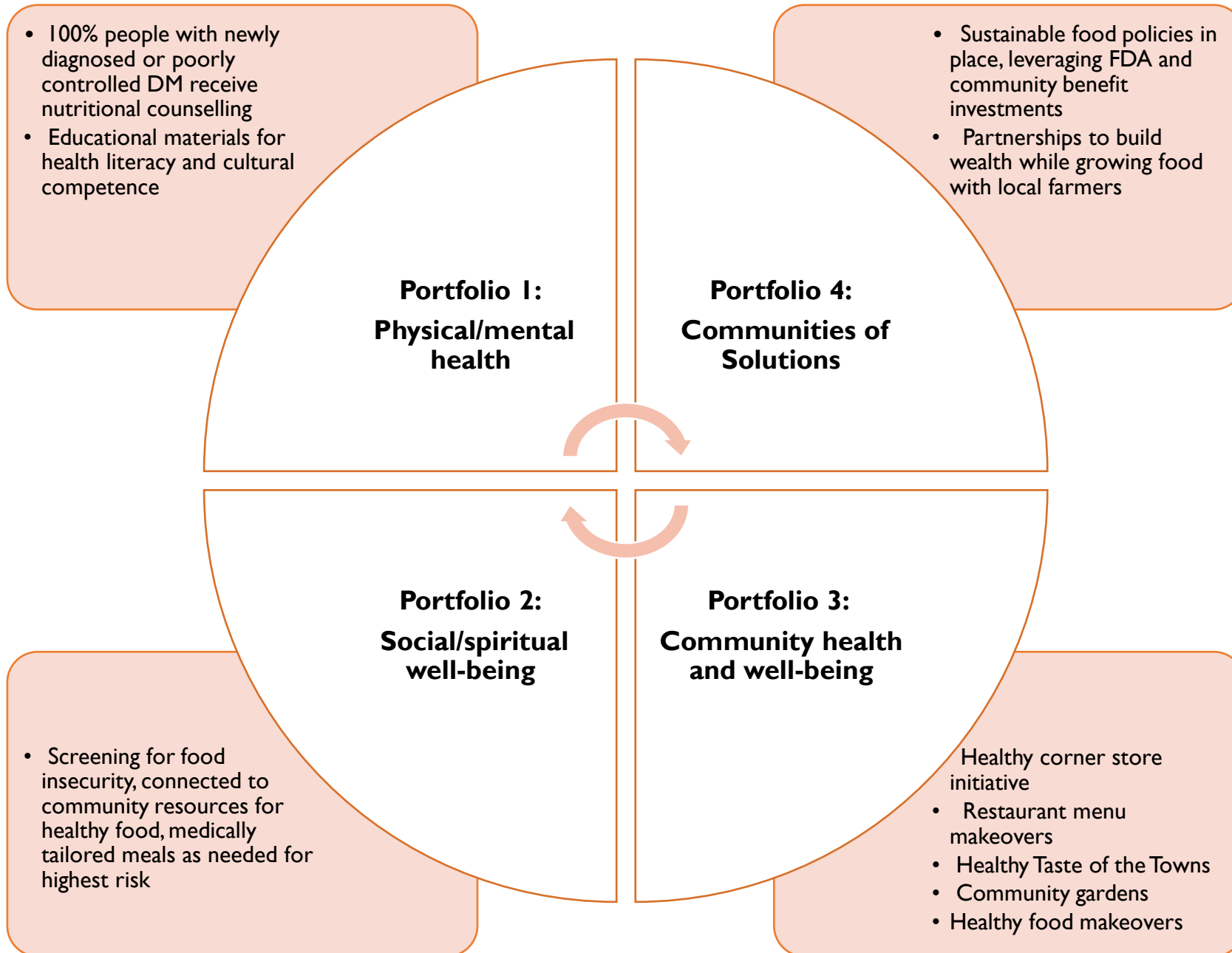
- Teams present their progress, along with success and upcoming challenges.

CREATING AN ALIGNED PORTFOLIO

FOUR PORTFOLIOS OF POPULATION HEALTH ACTION



FOOD INSECURITY - ALIGNED PORTFOLIO



Proviso Partners for Health



MOVING POPULATION HEALTH OUTCOMES

- Going from programs for a few to scaled programs, policies and systems for the populations
- Requires thinking about sustainability – people, resources, environment, change process

SOME RESOURCES TO GET TO SYSTEMIC SOLUTIONS

- Healthcare Without Harm
- Center for Good Food Purchasing
- ChangeLab Solutions
- Sustainable food policies
- Building an equitable food economy
- Changing the environment and market for healthy food access

FOUR PHASES OF SEQUENTIAL SCALE-UP

1

Set-up

2

Develop the
scalable unit

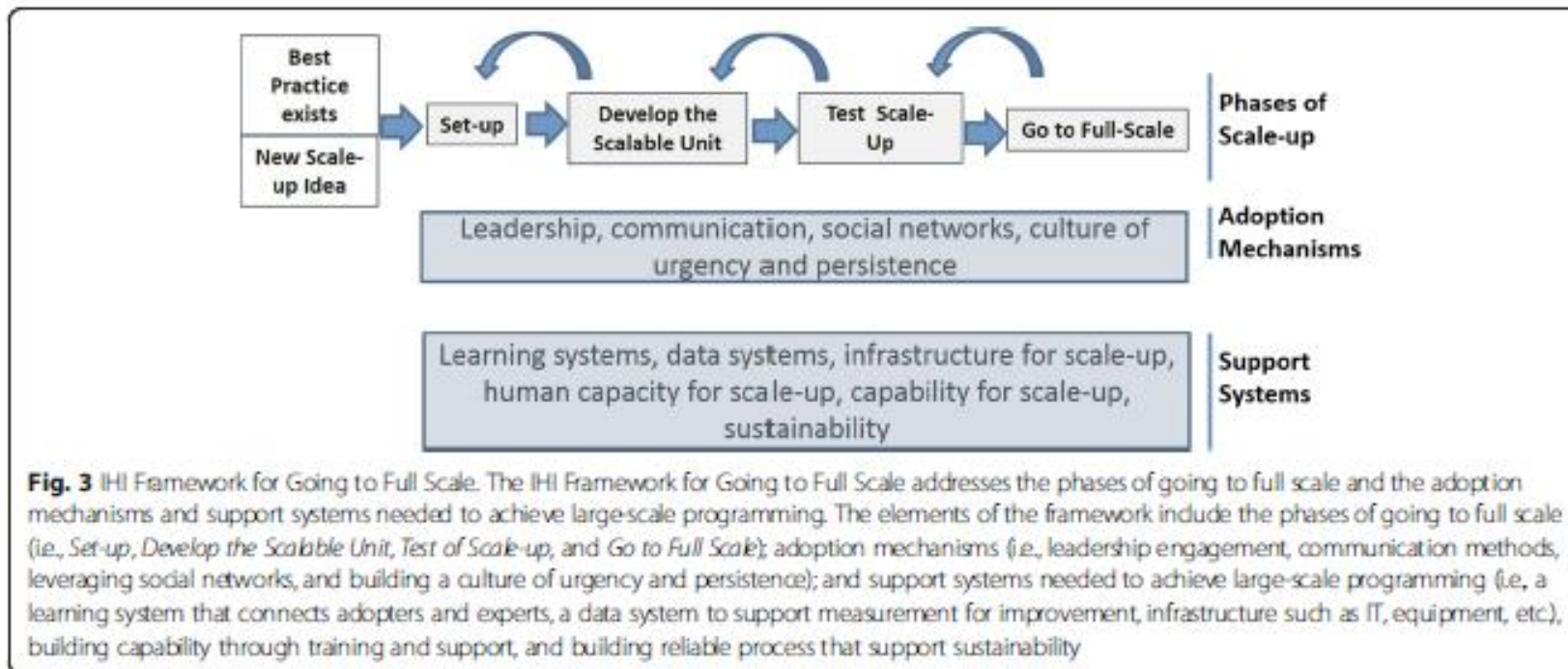
3

Test of
scale-up

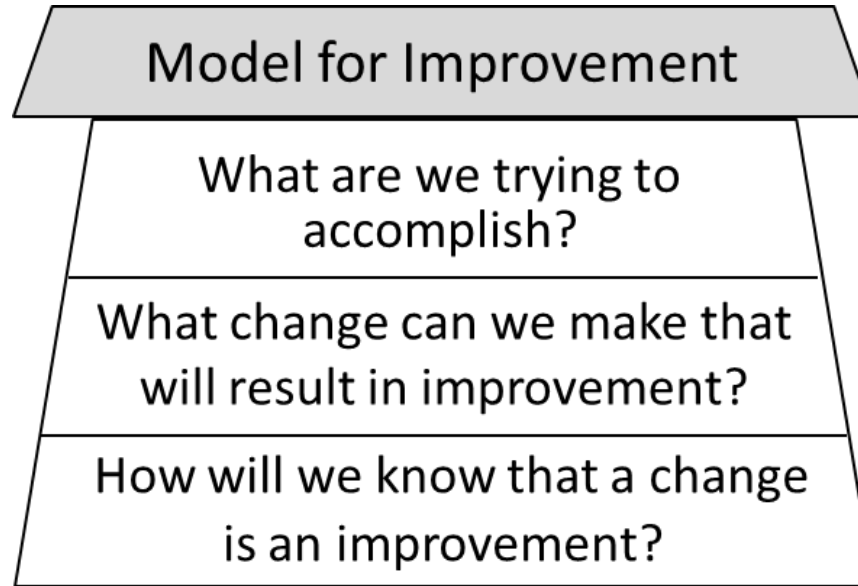
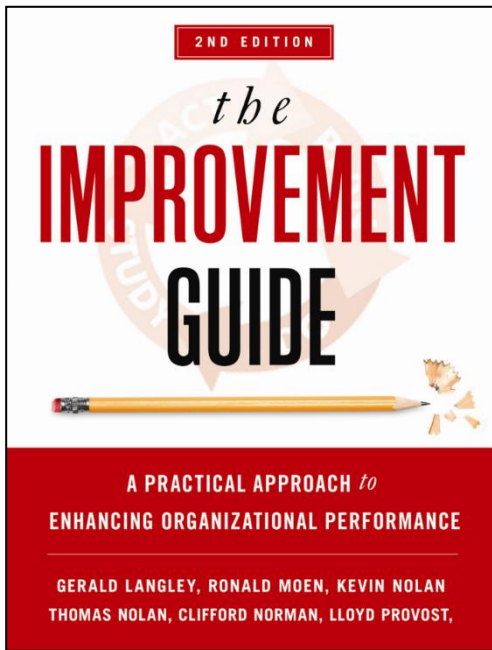
4

Go to full
scale

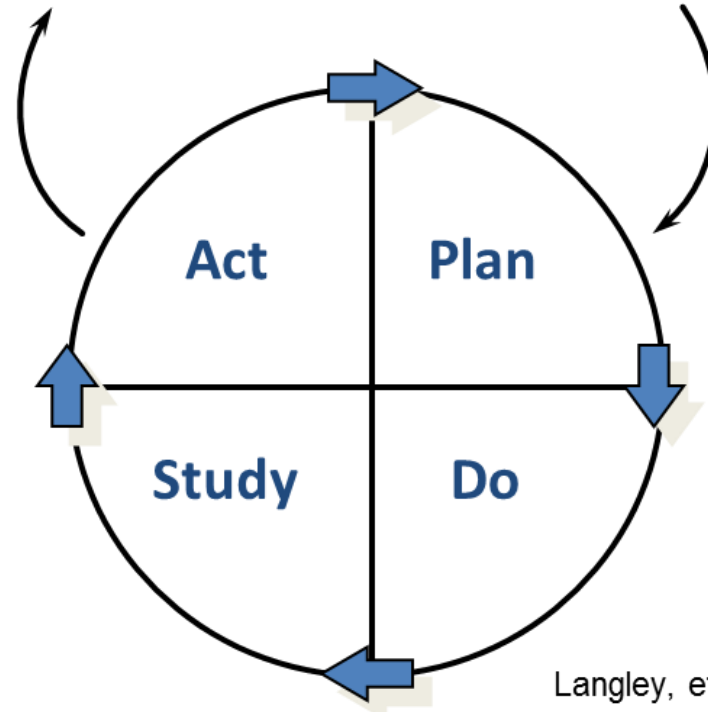
IHI FRAMEWORK FOR GOING TO FULL SCALE



Barker, P, Reid, A and Schall, M. A framework for scaling up health interventions: lessons from large-scale improvement initiatives in Africa. *Implementation Science* (2016) 11:12



- ← Whose lives and what places are going to get better? SMART aim
- ← What is our theory of change? Who is coming up with the ideas we are trying?
- ← How will we know the lives and places got better? Who gets to decide how and what we measure?



Langley, et al.



Pawtucket/ Central Falls Team

UPDATE: August 12, 2020



EAST PROVIDENCE
HEZ
HEALTH EQUITY ZONE

EBCAP

August 12, 2020 update

EBCAP Team Progress Report

Albert Whitaker

Carla Whaton

Caroline Burns

Maddy Maher

Aim Statement Method: PICOT

- What is PICOT?
 - P: Population
 - I: Intervention
 - C: Comparison to other interventions
 - O: Outcome
 - T: Timeline



Population

- People utilizing the EBCAP food pantry who live with diabetes



Intervention

- Increasing access to fresh fruits and vegetables at the EBCAP food pantry



Comparison

- What is already being done currently to achieve the goal?



Outcome

- Ten people living with diabetes who utilize the EBCAP food pantry have increased access to fresh fruit and vegetables



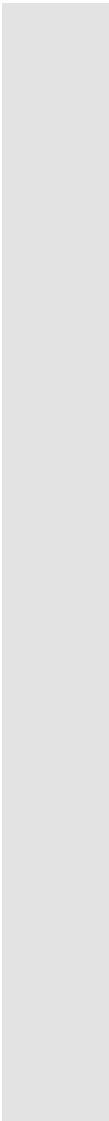
Timeline

- Outcome partially or fully completed by September 2020



Complete Aim Statement

By September 2020, ten people living with diabetes who utilize the EBCAP food pantry will have increased access to fresh fruits and vegetables as a first step toward a healthier diet and a sustainable community solution.



Step One

Information Gathering

- Discussing current methods with EBCAP food pantry director/staff
- Calling existing food pantries in the area to see what they do to increase fresh fruit and vegetable access to their patrons
- Researching online for possible solutions from around the country/world
- Discussing fresh fruit and vegetable access with patients we interact with daily

Step Two

Intervention Implementation

- Develop intervention strategy and implement in iterative conversations with patients living with diabetes.
- Strategy – recruitment from OCR, community members currently using food pantry, CHT patients, general patient population
- Outreach to Exeter farms, Family Service RI. (produce delivered – work on logistics)

Step Three

Evaluation

- Gather post-intervention data
- Generate report to evaluate effectiveness of intervention
- Incentives for participants – gift cards

The Action:
How Do We Do
This?

An Interview with Angie: Intervention Possibilities

Angie Downing, EBCAP Food Pantry Director, about introducing produce at the food pantry and improved food access:

- Sustain delivery by collaborating with volunteer program (RSVP, Kim Wetherald) to continue deliveries post-COVID
- Currently, any case manager can deliver items to their patient or client. Look into volunteer program with EP Senior Center.
- Survey funders for areas they can support expanding food access (Andrew Schiff, Food Bank; HEZ board?). Identify funders and leaders in food access at quarterly meetings held by RI Community Food Bank for member agencies.
- System: food purchased in bulk from Stop&Shop, Clement's (?) at discount prices
- Develop on-site farmer's market at EBCAP sites
- Develop a specialized program for people with diabetes to receive monthly produce to meet specialized diet (needs enrollment process, diagnosis confirmation) Costs about \$37.50 per bag of food provided to pantry clients for 21 meals per week, approx.. \$1200 per month for 30 people. Some internal capacity to allocate funding. Work with nutritionist to identify shelf stable produce.
- Additional freezers would expand capacity to provide more frozen foods. Costs about \$2,000 per freezer (3 sites)

Progress



Delivery of fresh foods
to EBCAP food pantry

Identification of two
different PLE

Barriers

Time and conflicting obligations of team members

COVID-19



Identifying patients who fall into specific category

Looking to the
Future

How do we make this sustainable?
Where do we go past September?

The image features a white background with two large teal geometric shapes. On the left, a teal triangle points towards the center. On the right, a teal trapezoid is positioned. The text 'Questions/Discussion' is centered between these shapes.

Questions/Discussion

Picture References

- P: <https://freesvg.org/group-of-people>
- I: <https://www.eatthis.com/fruits-veggies-that-fill-you-up/>
- C: <https://www.sandiego.edu/food-pantry/>
- O: <https://www.theroot.com/the-6-worst-diet-quick-fixes-you-need-to-quit-in-2017-1791134143>
- T: <https://www.belmonthillsgc.net/single-post/2019/09/07/September-Calendar-Newsletter>
- Time Management: <https://www.liquidplanner.com/blog/7-essential-time-management-strategies/>

THE ROAD AHEAD

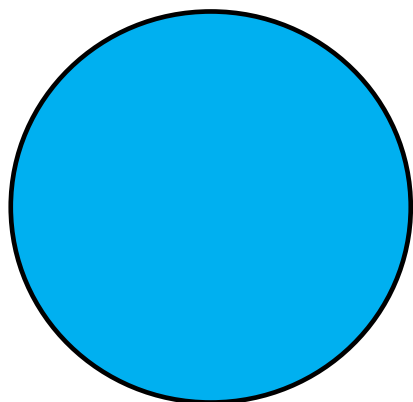
- Weekly Team Huddles
- September 18 – Sustainability of this work
- Redo the P2PH Compass in September – Where have you made progress in the last 5 months?

TELL YOUR STORY

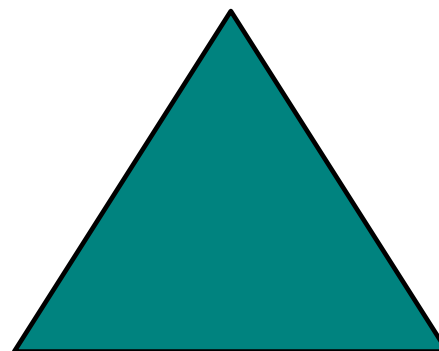
- **Team info:** Who is on your team?
- **Vision Statement:** What do you want to achieve?
- **Aligned portfolio:** What are your strategies for each of the 4 portfolios?
- **Goal:** What is your measurable Aim for the HE Challenge?
- **Equity Strategy:** How are ensuring an equitable process and outcomes?
- **Progress:** Did you reach your goal? What did you accomplish?
- **Learning:** What were the challenges/What did you learn?
- **Sustainability:** What are your ideas about how will this work be sustainable?

Be creative. Try to tell your story with pictures. :)

REFLECTION ON TODAY – CIRCLE, TRIANGLE



What's still
circling around
for you?



What's a take-
away that you
can put into
practice now?

THANK YOU!

RI DIABETES HEALTH EQUITY CHALLENGE

Supporting the community during the COVID-19 pandemic



100 Million
Healthier Lives



AUGUST 12 - COHORTS INDICATED THE PORTFOLIOS THEY ARE WORKING IN

FOOD INSECURITY - ALIGNED PORTFOLIO

