

In Rhode Island, like many other places in the US, behavioral health conditions in perinatal women are common yet under-treated. An estimated 20% to 30% of Rhode Island mothers with infants have a behavioral health condition before, during, and/or after pregnancy.

To help providers optimize behavioral healthcare for pregnant and postpartum women, the Rhode Island Department of Health (RIDOH) and Center for Women's Behavioral Health at Women & Infants Hospital (CWBH) have partnered to create the Rhode Island Maternal Psychiatry Resource Network (RI MomsPRN).



**Women & Infants**  
A MEMBER OF CARE NEW ENGLAND



*This publication is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$650,000 with 1% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](http://HRSA.gov).*



**401-430-2800**

## About RI MomsPRN

- A program that promotes universal screening, referral, and treatment for depression, anxiety, and substance use disorders among healthcare providers who treat pregnant and postpartum women.
- A team of perinatal behavioral health experts, including a psychiatrist, psychologist, and social worker, at CWBH are available for teleconsultation to assist healthcare providers with addressing the depression, anxiety, and substance use disorder needs of pregnant and postpartum patients.

## Supports and Services Offered by RI MomsPRN

### Resource and Referral (Social worker)


- Call intake and triage
- Make connections to treatment and support services
- Schedule provider teleconsultation with perinatal behavioral health experts

### Clinical Consultation (Psychiatrist and Psychologist)

- Same-day, provider-to-provider psychiatric teleconsultation services
- Diagnostic support
- Treatment planning
- Medication and dosage recommendations

### Continuing Education (RIDOH and CWBH staff)

- Deliver continuing medical education sessions on a variety of perinatal behavioral health topics

 **401-430-2800**

- Healthcare providers can call the RI MomsPRN line at **401-430-2800**, Monday-Friday, 8 a.m. – 4 p.m., to speak with perinatal behavioral health experts about patient needs and/or concerns.
- RI MomsPRN does not provide direct treatment or prescribe medications and is not a crisis line. Providers whose patients are experiencing an acute psychiatric emergency should follow their practice's emergency protocol.
- To learn more about participating in the RI MomsPRN Program, contact Eva Ray, LICSW, at: **401-430-2800** or visit: [womenandinfants.org/services/behavioral-health/ri-momsprn.cfm](https://womenandinfants.org/services/behavioral-health/ri-momsprn.cfm)

