



ADVANCING INTEGRATED HEALTHCARE

# Linkages between primary care and maternal-child health practitioners in Rhode Island

*Innovative Models Connecting Primary Care with Specialty Care*

***Care Transformation Collaborative of Rhode Island / PCMH Kids***

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**Milbank presentation | September 20, 2021**

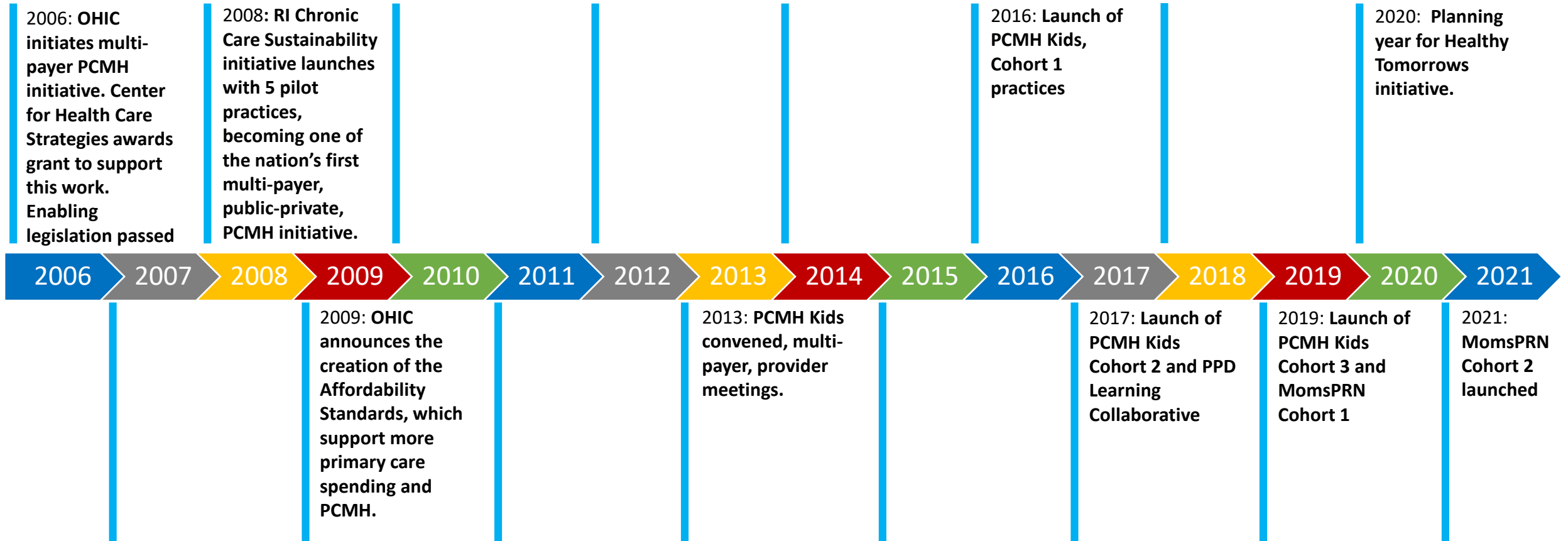
# What is PCMH Kids?

- A Pediatric Learning Community **transforming** traditional practices into **team-based, data-driven, high quality, value based family-centered medical homes.**
- Established in 2016.
- Focused on the unique needs of children and families in RI.
- PCMH Kids has **touched almost every Pediatric practice in RI,**
  - caring for ~ 100,000 lives
  - more than 80% of the state's pediatric Medicaid population
  - representing over 200 pediatricians and trainees
- In addition to Medical Home transformation, practices participate in **topic-focused improvement projects** such as
  - Improving Postpartum Depression screening
  - Screening and Brief Intervention for adolescent substance use
  - Optimizing telehealth for chronic conditions

# What is PCMH Kids?

- 3 Cohorts of 10-16 practices supported in a **36-month Medical Home transformation** initiative (team-based care, population accountability, family-centeredness, data-driven process improvement) and **Integrated Behavioral Health**
- Quarterly learning sessions focused on topics such as
  - **integrated behavioral health for children and youth,**
  - **capitated primary care contracting,**
- **Prepares practices for statewide healthcare reform initiatives** such as moving to value-based contracting and preparing a strong primary care foundation for our state.
- **Serves Rhode Island's children,** ultimately delivering physically and mentally healthy young adults to our economy and to our adult health care system.

# The Evolution



# New Frontier: Healthy Moms for Healthy Babies

## **OB Colleagues**

Engaging our Ob GYN to form a learning community that uses quality improvement approach to optimize maternal health and wellness.

## **Doula Colleagues**

Adding doulas to healthcare system to elevate the voice of the family and help inform healthcare providers.

## **Family Visiting Partnership**

Caring for both Mom and baby.

## **Community Health Workers (CHW)**

Connecting families with basic needs such as food, housing and transportation.



# Infrastructure Support

## Affordability Standards

- Ten years ago, Rhode Island instituted health care [affordability standards](#)” for commercial health insurers to encourage them to **improve the affordability of their health plans, as well as enhance health care quality and consumer protections.**
- Under these standards, payers must spend at least 10.9% of annual medical expenses on primary care (does not currently cover pre-natal care).

## Medicaid coverage of CHWs and Doulas : New 2021

- **Community Health Workers** provide care management services that connect patients with services in their communities, providing a valuable bridge between the community and medical system.
- **Doulas address disparities in maternal and infant morbidity and mortality** by delivering a higher quality of culturally appropriate and patient centered health care for women, particularly those who are **low-income women** or **women of color.**

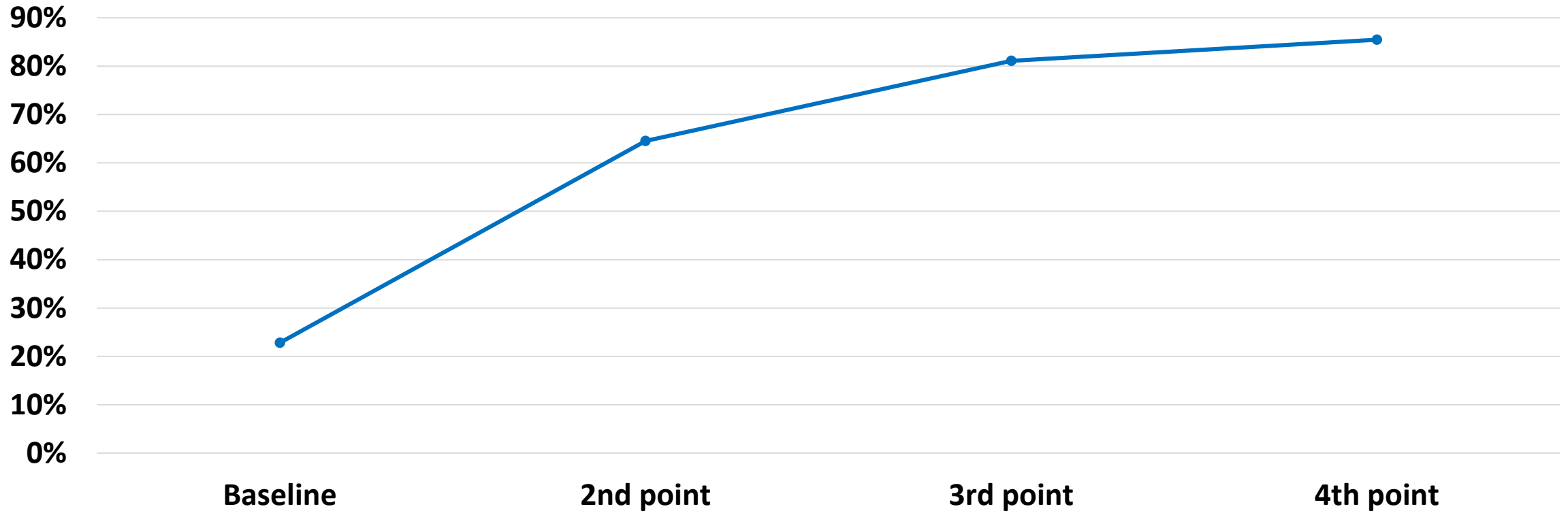
# Post Partum Depression Learning Collaborative

PCMH Kids Behavioral Health Learning Collaborative 2017-2018 with funding from Tufts Health Plan.

- 7 practices participated and successfully improved care they provided to include screening of new mothers for depression at well infants exams.
- Supported AAP Guidelines with the continued integration of behavioral health into pediatric primary care practices, and the two-generation approach to child health.
- Data-sharing and collective learning was an essential part of that success.
- PCMH-Kids transformation process was successful in creating an active and engaged learning community with a shared vocabulary, process improvement and improved workflow analysis skills.
- Payment included in EPSTD Schedule.

# Post Partum Depression Learning Collaborative

## PCMH Kids Postpartum Depression Average Screening Results





# Healthy Tomorrows Learning Collaborative

- Funded by HRSA and partnering with RIDOH
- Build and strengthen relationships between pediatricians & family visitors to improve service coordination and help families access
  - Health care services, including well-child care
  - Family visiting services
  - Other supports and services they might need (basic needs, jobs, education, etc.)

**Family Visitors = Maternal Support**



# Pediatric Psychiatry Resource Network (PediPRN)

- Telephonic consultation program for pediatric primary care providers to consult with mental health specialists.
- Any child or adolescent in Rhode Island who comes to a pediatric primary care practitioner with evidence of a possible, or likely, mental health disorder is eligible for the free service, which is funded by Rhode Island's Executive Office of Health and Human Services, Rhode Island Foundation, and the van Beuren Charitable Foundation.
- Began with State Innovation Models (SIM) funding
- [Psychiatry Resource Networks flyer](#)



# Moms Psychiatry Resource Network (MomsPRN)

*Behavioral health conditions have adverse impacts on the health of perinatal individuals and their children, and are often under recognized, underdiagnosed, and undertreated.*

Statewide initiative funded through a RIDOH grant award that helps providers screen and manage the depression, anxiety, and/or substance use of their pregnant or postpartum patients through:

- 1. Behavioral health teleconsultation line staffed by WIH clinicians**
- 2. Prenatal care practice learning collaboratives offered by CTC-RI**

Women & Infants



**RI MomsPRN**  
Maternal Psychiatry Resource Network

# Provider Teleconsultation Services



Rhode Island's  
**PSYCHIATRY  
 RESOURCE  
 NETWORKS**  
 for Providers

Are you a Rhode Island healthcare provider treating pregnant, postpartum, or pediatric patients?

Do you ever need to consult with a psychiatrist about your patients' mental health and/or substance use?

Rhode Island offers statewide real-time clinical teleconsultation and referral services for you.

## What can I use the Psychiatry Resource Networks for?

When you call one of the PRNs, you can speak with specialized behavioral health experts from Women & Infants Hospital and Bradley Hospital for guidance on:

- Diagnosis
- Treatment Planning
- Medication Safety
- Resource and Referral Support
- Provider Trainings

**NOTE:** These networks do not provide direct treatment or prescribe medication; they are not crisis or a patient-facing phone lines.



Serving providers treating pregnant and postpartum patients in partnership with Women & Infants Hospital

**Call: 401-430-2800**

Monday-Friday 8:00 am – 4:00 pm



Serving providers treating children and adolescents in partnership with Bradley Hospital

**Call: 401-432-1543**

Monday-Friday 8:30 am – 5:00 pm

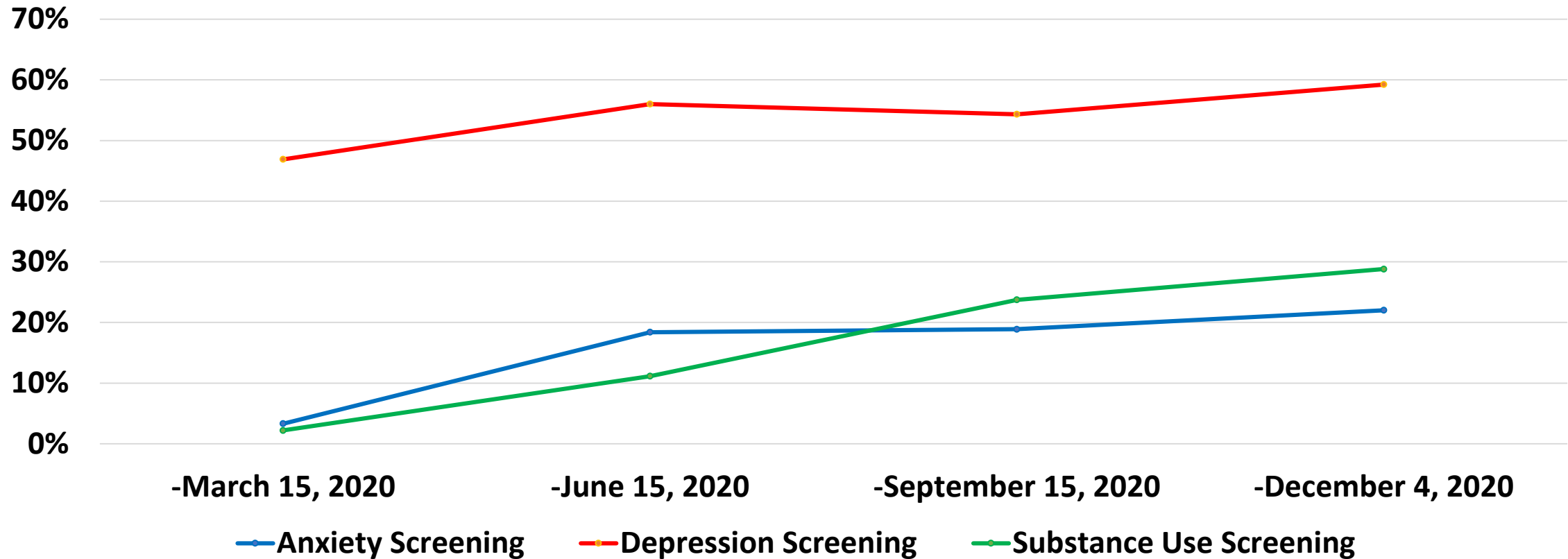


**Bradley Hospital**

*Lifespan. Delivering health with care.®*

# Moms Psychiatry Resource Network (MomsPRN)

## Cohort 1 Screening Rates



## Next Steps

Seeking additional grants/funding to engage OB practices in transformation work more foundationally

- expand **integrated** maternal and child **behavioral health** programs
- **embed** the work of specially trained **CHW** and **doulas** who can assist with **systematically identifying** and providing effective **interventions for health related social needs** (such as housing instability, food insecurity)
- Continue to **bridge** Early Childhood systems and pediatric care
- Consider education **connections**

[Improving Maternal Child Care: Addressing Health Disparities in Prenatal Care](#)

# Questions

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