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ADVANCING INTEGRATED HEALTHCARE

# PCMH Kids: A Patient Centered Medical Home Community that Works for Children and Families

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PROJECT WEBSITE: [WWW.CTC-RI.ORG](http://WWW.CTC-RI.ORG)

# PCMH Kids Background Info

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- Under auspices of RI Office of Health Insurance Commission and RI Medicaid
- Multi-payer pediatric primary care payment and delivery system reform initiative
- Health plans provide infrastructure and incentive payments
- Practices meet service delivery requirements
  - Hire care coordinator to engage with “at risk” children
  - Become NCQA PCMH
  - Actively participate in on-site and peer learning



improve quality, customer experience and ER utilization



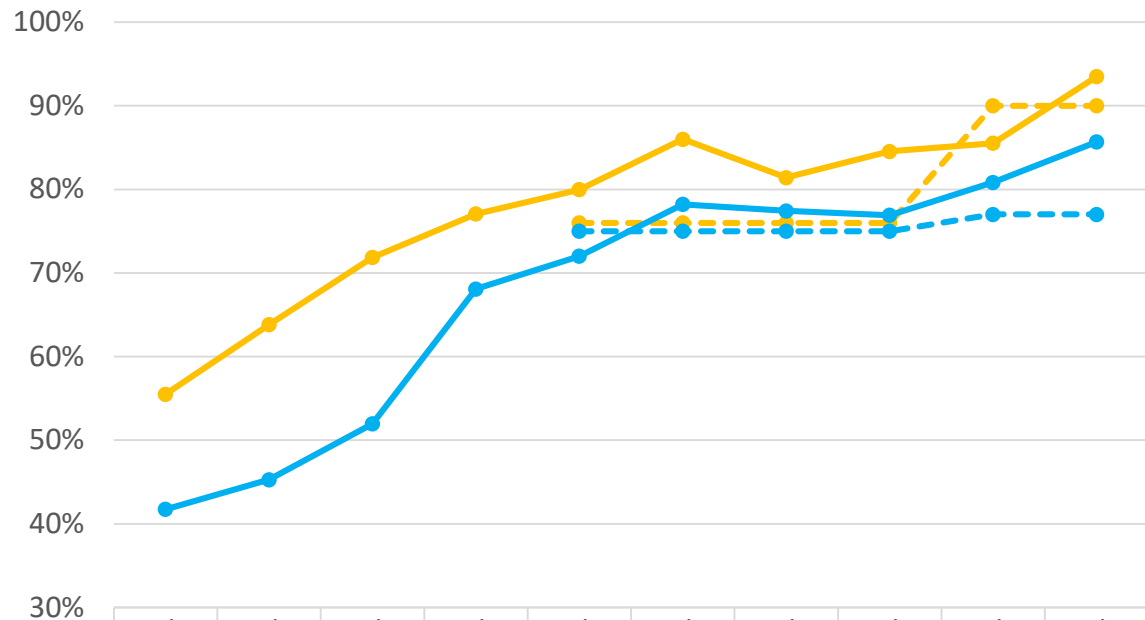
# Successful Practice Transformation

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- ❖ Practices achieved the highest level of NCQA patient centered medical home recognition
- ❖ Health plans supported 2 additional expansions based on results (now 37 practices, ~200 providers)
- ❖ ***PCMH-Kids represents more than 50% of the children in RI and nearly all of the state's pediatric Medicaid population.***
- ❖ Medicaid and Commercial payers support on-going sustainability payments
- ❖ Increased opportunities for state-wide efforts and grants

# Results to Date: Improved Quality: BMI and Developmental Screening Rates

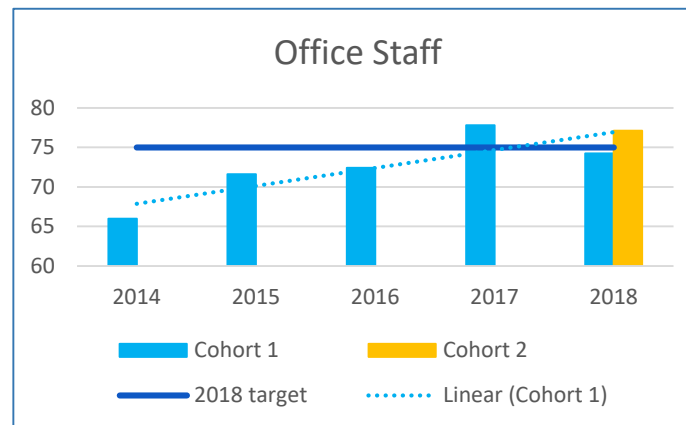
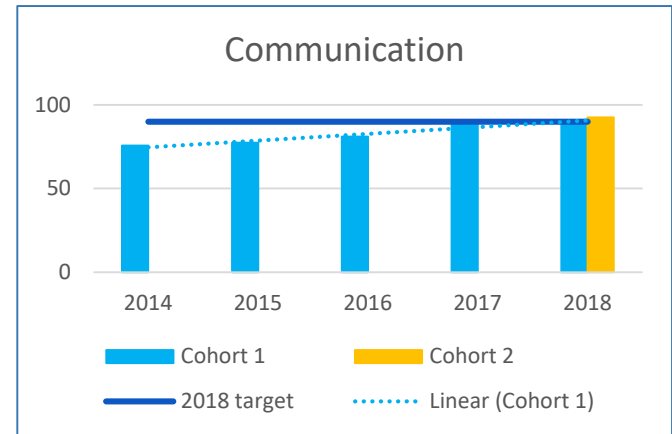
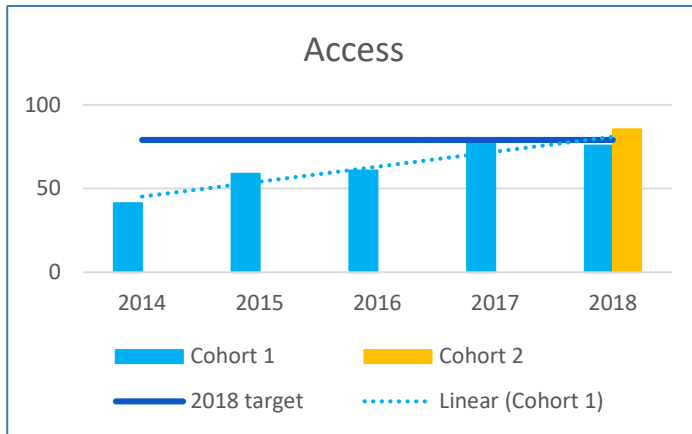
## Quality Measures PCMH Kids Cohort 1 & 2



	Q2 '16	Q3 '16	Q4 '16	Q1 '17	Q2 '17	Q3 '17	Q4 '17	Q1 '18	Q2 '18	Q3 '18
—●— BMI Target					76%	76%	76%	76%	90%	90%
—●— BMI	55%	64%	72%	77%	80%	86%	81%	85%	86%	93%
—●— Developmental Screening Target					75%	75%	75%	75%	77%	77%
—●— Developmental Screening	42%	45%	52%	68%	72%	78%	77%	77%	81%	86%

# Results to Date: Improved Customer Experience

## Patient Experience Survey Results PCMH Kids Cohort 1 & 2



# Results to Date: “At risk” children and families identified and linked with care coordination services

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❖ Developed and implemented a 3 domain pediatric sensitive high-risk framework to identify children and families that could benefit from care coordination services:

High cost/high utilization

Poorly controlled/complex conditions

“at risk” based on gaps in care and/or family social environmental issues

❖ Practices hired care coordinators who worked with “at risk” children and families



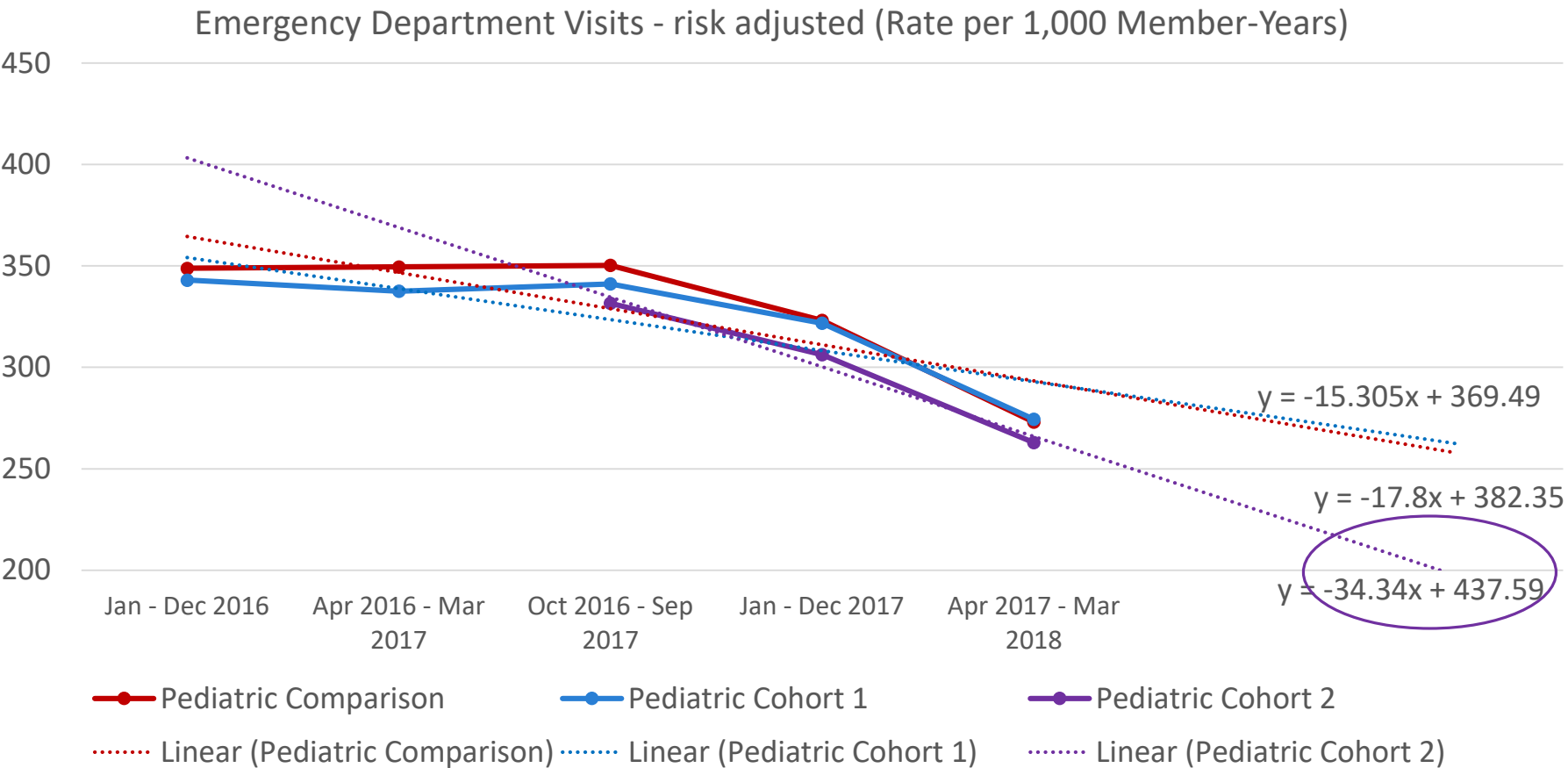
# Results to Date: Improved ED Utilization

PCMH Kids Cohort 1 & Pediatric Comparison  
Rate per 1,000 Member Months (Excluding ERISA Members)

Group	July 2015 – June 2016	July 2016 – June 2017	Difference (2015 – 2017)	% Difference (2015 – 2017)
	(A)	(B)	(B-A)	
<b>Emergency Department Visits</b>				
(1) PCMH Kids Cohort 1	29.2	28.6	-0.7	-2.3%
(2) Pediatric Comparison	29.0	29.0	0.1	0.2%
Difference (1–2)			-0.7	-2.5%
<b>Inpatient Discharges</b>				
(1) PCMH Kids Cohort 1	1.5	1.5	0.01	0.7%
(2) Pediatric Comparison	1.2	1.2	0.01	0.5%
Difference (1–2)			0.00	0.3%

\*Data Source: Onpoint

# Results to Date: Improved ED Utilization



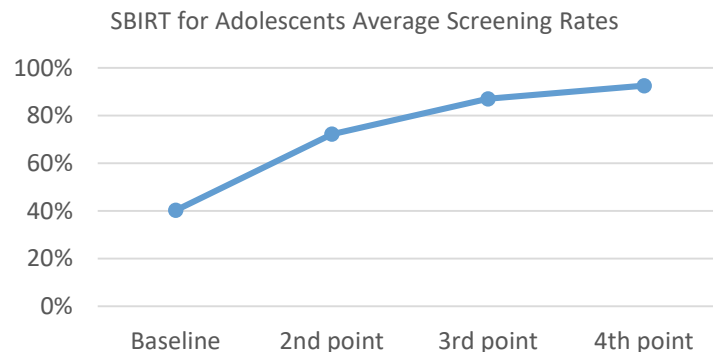
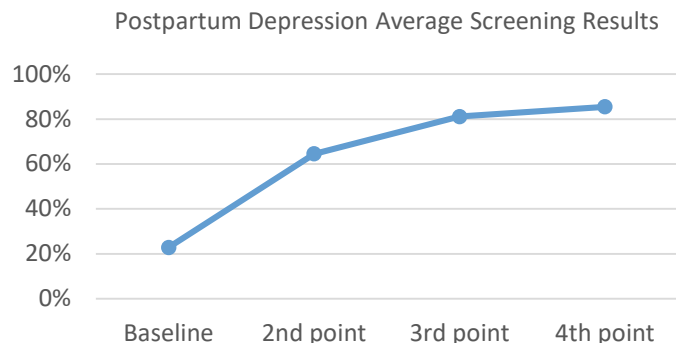
\*Data Source: Onpoint



# Behavioral Health Successes

Integrated Behavioral Health Services into Pediatric Primary Care through:

- ❖ Universal Screening all infants/toddlers for social emotional wellness, social influencers of health
- ❖ Annually selected behavioral health topic for 12 month learning collaborative with health plan funded incentive to improve care: Postpartum depression screening, ADHD care, and screening adolescents for SUD/referral to treatment





# Outcomes/Partnerships

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KIDSNET (RI Department of Health children's health information system): Provided practices with practice profile based on risk score

Rhode Island Department of Health: Joint application for HRSA "Healthy Tomorrows" Grant

KIDSCOUNT: Collaboration to launch RI 1<sup>st</sup> 1000 Days Campaign

Tufts Health Plan: Financial support for IBH Pilots

AAP/Rhode Island College: Adolescent SBIRT Program

Rhode Island Foundation: 3 year grant for standardized IBH Pediatric Program

# Sustainability Approaches

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## Learning

- Successfully built a pediatric primary care and integrated behavioral health learning community
- Integrated “pediatric track” in CTC Annual Conference
- Provided joint learning experiences between PCMH Kids and Adult PCMH practices

# Sustainability Approaches

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## Evaluation

- All Payer Claims Data Base Performance Metrics
- Patient Experience (CAHPS)
- Quality Measures
- NCQA recognition
- PCMH Kids Co Chairs: National Recognition  
Calvin C.J.Sia Community Pediatric Medical  
Home Leadership Award

# Main Takeaways



Building a strong foundation for children's health is an investment . The value proposition in high quality pediatric care is about investment, not rapid return and shared savings.



Practices need support (time, infrastructure payment, coaching assistance, learning from others, team model, on-going data reporting and QI activities) to make and sustain culture changes needed to thrive in value based payment systems.



To achieve maximum health and well being, families raising children depend on robust, integrated, resourced programs at the community and state level.

# Any Questions?

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