

**IBH Planning for 2022-23: Work in Progress**

**REVISED 3.8.22**

**CTC Strategic Goal – by 2025**  
**“Behavioral health care is integrated into every primary care practice”**

**Near Term Goals:**

To define ways that CTC can assist primary care practices in transforming collaborative, co-located or integrated primary care practices and achieving NCQA BH distinction.

Focus on identifying Year One (2022 – 23) activities, as part of CTC 3-year Strategic Plan.

**Environmental Scan: Take stock of all the work that is going on in RI relative to BH**

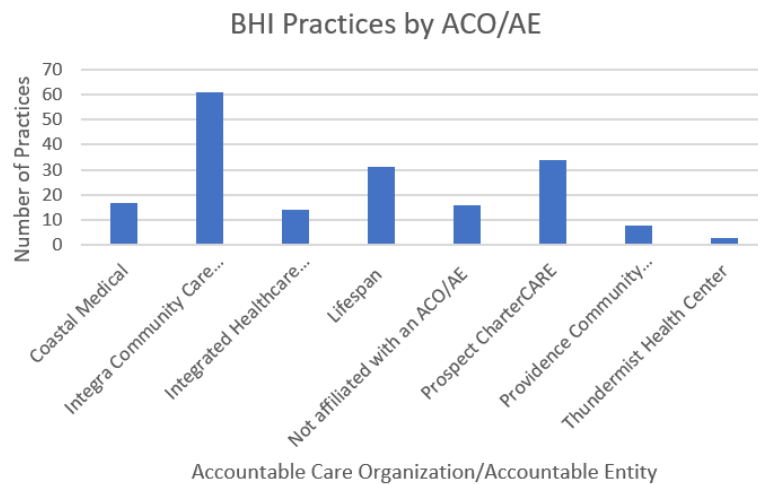
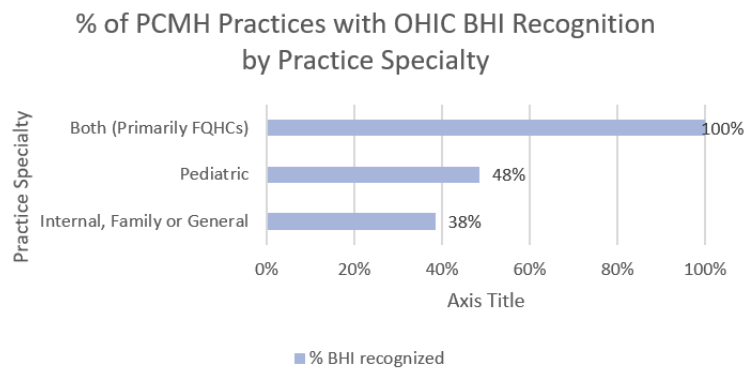
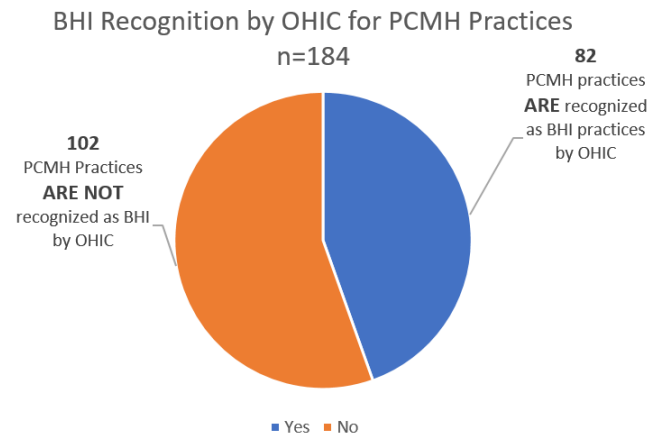
	Primary Care	Closely Aligned to Primary Care	Specialty Care
OHIC Affordability Standards related to behavioral health integration into primary care TBD	X		
Children’s BH System redesign (Marti and team) – key feature mobile response		X	
CCBHC			X
PIPBC		X	
MomsPRN	X		
PediPRN	X		
BH link			X
Truven 2.0 – Faulkner Report			X
Kids count – review of Governor’s budget		X	
RIDOH primary care report	X		
National Academies – “five factors”	X		
Unite Us		X	
Doula and CHW reimbursement		X	

**Where are we today? Current State**

Highlights include:

- Stats So Far: (see full data below)
  - 53 adult PCMH practices (38%) have achieved OHIC BHI recognition as of 2022 (ref: OHIC 2022 report)
  - 33 pediatric PCMH practices (48%) have achieved OHIC BHI recognition as of 2022.
  - 13 practices (100%) that serve both children and adults have achieved OHIC BHI recognition as of 2022.

- Focus has been on integrated; but smaller practices may need collaborative/co-located models
- Practices range in size and affiliations – some are part of a systems of care others are independent practices
- Workforce shortages particularly of behavioral health clinicians challenge all practices but especially small and unaffiliated practices that don't have the funding or infrastructure to implement BHI.
- Doula and CHW reimbursement



### **What Do We Already Know is Coming in the Next 1-2 Years?**

- Focus on lack of workforce diversity is a focus in the psychology field; Introducing Psychology to h.s. students to build pipeline
- More telehealth
- Digital technology (new apps?)
- OHIC: Affordability Standards, BH spend (Rule-making in April)
- New 988 phone line (July 2022)
- Unite Us platform continued expansion
- HRSA funds (Fed admin priority on mental health, SUD)
- Doula and CHW reimbursement
- More attention to seniors/primary care?

### **What are the gaps/challenges in achieving CTC 's goal?**

- Funding for practices
- Knowledge and skills to implement
- Practice Champion
- Work force shortage for practices that would like to hire a BH clinician as part of PCMH care team
- Smaller practices don't have volume for imbedded resource
- Non System of Care practice may not have funding, volume or infrastructure to support BHI
- Prevention for 0-8 year olds- gap – not being addressed
- Burnout – post pandemic, recruiting and retaining staff likely to get worse as more people are leaving the field than are coming into the field
- Ways to incentivize outpatient therapists to work in or with primary care
- Health Equity
- Lack of cross-training/silo by role
- Other?

### **Some of the Questions We May Explore**

1. Which of these gaps would be most impactful for CTC effectively address in 2022-23 to meet the 2025 Strategic goal?
2. Ways CTC can assist primary care in addressing health equity in delivery of IBH in primary care? What are the barriers? How can CTC help?
3. Specific Strategies/Approaches to Consider Might Include:

- a. Ways that tele-behavioral health can address gaps and challenges. What is needed to make this happen? How can we build off our current program and establish sustainable, scalable standard/best practice models to meet primary care practices where they are?
- b. Ways to integrate social needs screening and intervention for all primary care practices.
- c. Where do MAT services fit in to the effort to integrate BH into all primary care practices?
- d. What needs to be approached differently for peds vs adults as we consider activities and strategies?