



ADVANCING INTEGRATED HEALTHCARE

Care Coordination

Session Topic: Healthcare Transitions from Pediatrics to Adult Providers for youth in foster care

Facilitator: Pat Flanagan, MD

Faculty Presenter(s): Lisa Guillette & Joan Harmon

Case Presenter(s): Sylvia Parrott

Date & Time: September 27, 2023, 7:30am – 9:00am

PLEASE NOTE: Project ECHO case consultations do not create or otherwise establish a provider-patient relationship between any clinician and any patient whose case is being presented in a project ECHO setting

Care Transformation Collaborative of RI



Agenda

Time	Topic	Presenter
7:30 AM – 7:35 AM	Welcome	Pat Flanagan, MD
8:00AM – 8:30AM	Didactic: Healthcare Transitions from Pediatrics to Adult Providers for youth in foster care	Lisa Guillette , Executive Director Foster Forward Joan Harmon , Regional Director, Division of Family Services (DFS) RI Department of Children, Youth and Families
8:30 AM – 8:55AM	Case Presentation & Discussion	Sylvia Parrott , Peer Support Specialist Foster Forward
8:55 AM – 9:00AM	Wrap up; Evaluation; Announcements	Susanne Campbell

Welcome

Please note that the didactic portion of an ECHO session will be recorded for educational and quality improvement. The case presentation portion of an ECHO session will never be recorded.

Remember to never disclose protected health information (PHI), verbally or in writing, to preserve patient confidentiality.

We are participating in an open and welcoming learning environment. Thank you for generously sharing your knowledge and experience so that all can benefit from it!

Video Meeting Etiquette



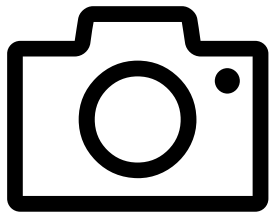
Mute your microphone when not talking.



Limit distractions as best as possible.



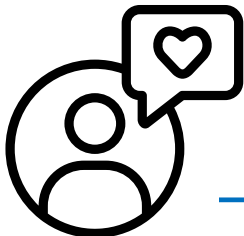
Use reactions & the raise hand feature.



Engage and turn your camera on if you are able.



Use the chat to ask introduce yourself, ask questions and share resources.



Engage - ask questions, offer feedback, provide support.

Evaluation & CME

- Please provide us your feedback!
- Evaluation/Credit Request Form :
<https://www.surveymonkey.com/r/CCECHOCME2023>

Please request CME credits or a certificate of participation when filling out the evaluation at the end of the meeting.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



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Today's Faculty

Lisa Guillette, *Executive Director*
Foster Forward



Joan Harmon, *Regional Director, Division of Family Services (DFS)*
Rhode Island Department of Children, Youth and Families



Sylvia Parrott, *Peer Support Specialist*
Foster Forward

Disclosures

Session presenters have no financial relationships with a commercial entity producing healthcare-related products used on or by patients.

If CME credits are offered, all relevant financial relationships of those on the session planning committee have been disclosed and, if necessary, mitigated.



Learning Objectives

- Familiarize primary care and others of the unique health care challenges for foster youth
- Explore systemic challenges foster youth face in transitioning from pediatric to adult providers and learn about resources to support these transitions
- Gain insight regarding the foster care system in our state and the transition age foster youth population

197 Transition Age Foster Youth in Rhode Island

- 46 youth ages 18-21 in foster care homes
- 54 youth ages 18-21 in group homes & residential facilities
- 97 youth ages 18-21 in Voluntary Extension of Care (VEC)

Data from 2023 Rhode Island Kids COUNT Factbook

Unique Challenges

- Trauma from abuse, neglect and system involvement (impact on adolescent brain development)
- Multiple disruptions (homes, schools, case workers, medical providers)
- Higher likelihood of being behind academically and having an IEP or 504 plan
- Higher likelihood of having “child behavior problem” identified as a reason for entering foster care and/or experiencing attachment issues

Unique Challenges (continued)

- More likely to identify as LGBTQI+
- More likely to be in unhealthy and abusive relationships and/or commercial sexual exploitation of children (CSEC)
- More likely to be pregnant or parenting
- Impact of social determinants of health (poverty, housing instability, family mental health and substance use, divorce, incarcerated family members, community violence, etc)

Systemic Challenges in Transitioning from Pediatric to Adult Providers

- Lack of an established medical home for all physical and behavioral health needs and many practices are not accepting new patients
- Disruption from providers when youth leave group home care- over reliance on program staff to schedule and coordinate care, lack of agency in selecting providers and leading decision making, history of conflict in decision making between parents, foster parents and agency providers
- Loss of medical records, lack of historical information – allergies, past medications, etc

Systemic Challenges in Transitioning from Pediatric to Adult Providers (continued)

- Higher utilization of walk-in clinics and emergency rooms
- Lack of integration of Dental and Reproductive Health Care
- Medicaid doesn't cover a lot of the services needed
- Lack of knowledge of where/how to access care (gender affirming care, etc.)

Resources

- DCYF Voluntary Extension of Care Youth Development Services Unit
- Enhanced Case Management Providers (Communities for People, Family Service of Rhode Island and Foster Forward)
- Lifespan Adolescent Healthcare Clinic (specializing in LGBTQI+ care)
- Foster Forward and YPI Drop-In Center



Resources (continued)

- NHPRI Member Advocate Rosemary O'Brien robrien@nhpri.org
- Communities for People
- Adoption Rhode Island
- Family Care Community Partnerships (FCCPs) for pregnant/parenting youth
- Coordinated Entry System (CES) 401-277-4316
- Family Service of Rhode Island Basic Center

Questions? And Contact information



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Joan.Harmon@dcyf.ri.gov



Lisa Guillette, Executive Director
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Sylvia Parrott, Peer Support Specialist
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Case Presentation



Lisa Guillette, Executive Director
Sylvia Parrott, Peer Support Specialist



Announcements & Reminders



Next Session Date:	Wednesday, 10/25/2023 7:30am – 8:30am EST
Topic:	Durable Medical Equipment & Resources
Presenter:	Carol Musso, UHC

Evaluation & CME

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Announcements

CTC-RI Annual Conference Registration
NOW OPEN

<https://www.eventbrite.com/e/579436378807>

NCQA Health Equity Accreditation Training
Option for up to *50* Participants



CTC-RI Annual Conference:
INVESTING IN PRIMARY CARE & HEALTH EQUITY
The Crowne Plaza Hotel - Warwick, RI
Breakfast & Registration at 7:00AM
Event starts at 7:30AM

Thank you to our sponsors:

Blue Cross Blue Shield of Rhode Island, TUFTS Health Plan, United Healthcare, Neighborhood Health Plan OF RHODE ISLAND™, upstream USA, Healthcentric Advisors, RIGEC Rhode Island Genome Education Center, MLPB ADVANCING HEALTH THROUGH JUSTICE, RHICA RHODE ISLAND HEALTH CENTER ASSOCIATION

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Announcements

Call for Applications

Pediatric/Adult Primary Care Health Care Transfer of Care Quality Improvement Initiative

[Call for Applications \(survey monkey\)](#)

[Call for Applications \(Word\)](#)

An opportunity for your pediatric and adult primary care practices to apply together for:

2023-2024 CTC-RI / PCMH Kids Pediatric/Adult Primary Care Health Care Transfer of Care Quality Improvement Initiative

WHY APPLY?

Up to four dyads will be selected to participate in our Transfer of Care Quality Improvement Initiative. Dyads consist of a pediatric practice and an adult practice that apply for and complete the application together. Selected practices will be eligible for:

- Infrastructure payments (\$10,000 with \$5,000 for the pediatric partner and \$5,000 for the adult partner) to offset costs associated with possible EMR modifications, staff time, and participation in quality improvement activities
- Monthly consultation from a clinical quality improvement facilitator
- Four peer learning and best sharing opportunities with both pediatric and adult practices
- National technical assistance support (MCHB Got Transition Resource Center)
- Informing healthcare systems of potential value-based payments for future transitions of care planning and implementation.

The financial support is provided through the RI Department of Health and UnitedHealthcare.

WHAT ARE THE PRACTICES' EXPECTATIONS?

The long-term goal is to help pediatric and adult practices to work together to create an efficient and sustainable approach to assisting youth and young adults as they transfer from pediatric to adult care. The approach will use the well-tested Got Transition's Six Core Elements approach. Practices are asked to:

- Identify the practice quality improvement team that will meet monthly with the practice [facilitator](#)
- Attend kickoff and 3 other learning collaborative 1- 1.5-hour [meetings](#)
- Establish a process for communication and coordination between the pediatric and adult [practices](#)
- Review the Six Core Elements of Health Care Transition and customize the tools to meet your practice's [needs](#)
- Complete the Current Assessment of Health Care Transitions Activity questionnaire prior to the kick-off meeting and at the end of the 12-month program ([Pediatric Assessment](#) and [Adult/Family Assessment](#));
- Transfer 7 youth/young adults (including 3 with special needs) interested in transferring to the adult partner [practice](#)
- Identify a plan for sustainability.

More detail of expectations is included in the Call for Applications and Participative Agreement.

"As older adolescents and young adults leave their pediatricians, they are at great risk of experiencing gaps in care when they do not intentionally transfer to an adult provider. Such gaps in care lead to increased ED usage and unmet health needs, especially behavioral health and sexual health needs. This can be especially detrimental to the health of youth with chronic conditions. Helping practices establish processes and workflows to effectively, and intentionally connect youth to adult practices can prevent these gaps."

- Pat Flanagan, MD, FAAP,
Clinical Director and PCMH-Kids Co-chair

**Application deadline:
October 18, 2023**

[Link to application \(Survey Monkey\)](#)

[Link to full application \(Word\)](#)

For more information:
contact: Carolyn Kerner
ckerner@ctc-ri.org

