CDC recently released a [**COVID-19 Parental Resources Kit [t.emailupdates.cdc.gov]**](https://urldefense.com/v3/__https:/t.emailupdates.cdc.gov/r/?id=h3152843e*2C126a39cf*2C126a493a&ACSTrackingID=USCDC_1009-DM40132&ACSTrackingLabel=October*202020*20CDC*20Healthy*20Schools*20Highlights&s=tkeY9eCxJEwB8tK5iI7fkTmwNJfJ8FrZ1eRRhdtmEzk__;JSUlJSUlJQ!!KKphUJtCzQ!bowTu69DmB1sGIYwN3lIJ_jIIdEkoqK64OAmbhmbvAtZtLIfQyiyjEt6TGoVX7uo_yTJ$) to help support parents, caregivers, and other adults in identifying children and young people’s social, emotional, and mental health challenges and helping to ensure their well-being.

The resources kit has age-group specific web pages that provide a glance at some of the challenges faced by young children (0-5 years), children (6-12 years), adolescents (13-17 years), and young adults (18-24 years) during the COVID-19 pandemic, such as

* changes in their routines
* breaks in continuity of learning
* breaks in continuity of health care
* missed significant life events
* lost security and safety (including violence).

**State Highlights**

• Oregon Department of Education (ODE) released a [series of PSAs [t.emailupdates.cdc.gov]](https://urldefense.com/v3/__https:/t.emailupdates.cdc.gov/r/?id=h3152843e*2C126a39cf*2C126a493b&ACSTrackingID=USCDC_1009-DM40132&ACSTrackingLabel=October*202020*20CDC*20Healthy*20Schools*20Highlights&s=Sl_KGDEHGFR3Lc7L0Bj0cjie1Ikucdy0vRF5wfWi2vA__;JSUlJSUlJQ!!KKphUJtCzQ!bowTu69DmB1sGIYwN3lIJ_jIIdEkoqK64OAmbhmbvAtZtLIfQyiyjEt6TGoVX32dFW8F$) in English and Spanish to reassure students and families as they begin the school year. These videos were in response to statewide survey data gathered in July from students, their families, and school staff about their greatest concerns as they return to school with distance learning. Additionally, they have been producing several lifestyle segments about school nutrition and health services for students and staying safe whether they are learning from home or back in their school building