



# Building Capacity for Comprehensive Primary Care

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CARE TRANSFORMATION COLLABORATIVE OF RHODE ISLAND  
DEBRA HURWITZ, MBA, BSN, RN - EXECUTIVE DIRECTOR CTC-RI  
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# CTC-RI Overview

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- **Vision:** Rhode Islanders enjoy excellent health and quality of life.
- **Mission:** To lead the transformation of primary care in Rhode Island in the context of an integrated healthcare system; and to improve the quality of life, the patient experience of care, the affordability of care, and the health of populations we serve.
- **Approach:** CTC-RI brings together key stakeholders to implement, evaluate, refine and spread models to deliver, pay for, and sustain high quality comprehensive primary care.

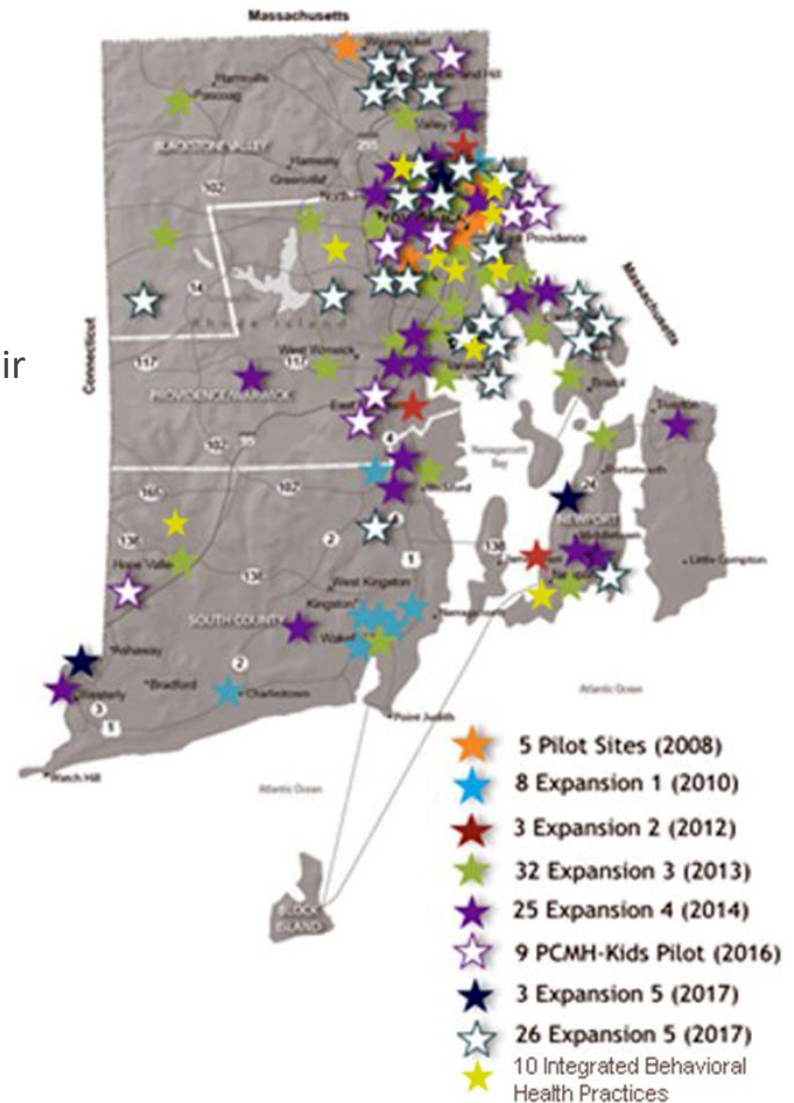


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- Increase Capacity and Access to Patient-Centered Medical Homes (PCMH)
  - Improve Quality and Patient Experience
  - Reduce Cost of Care
  - Improve Population Health
  - Improve Provider Satisfaction (“Fostering joy in work”)

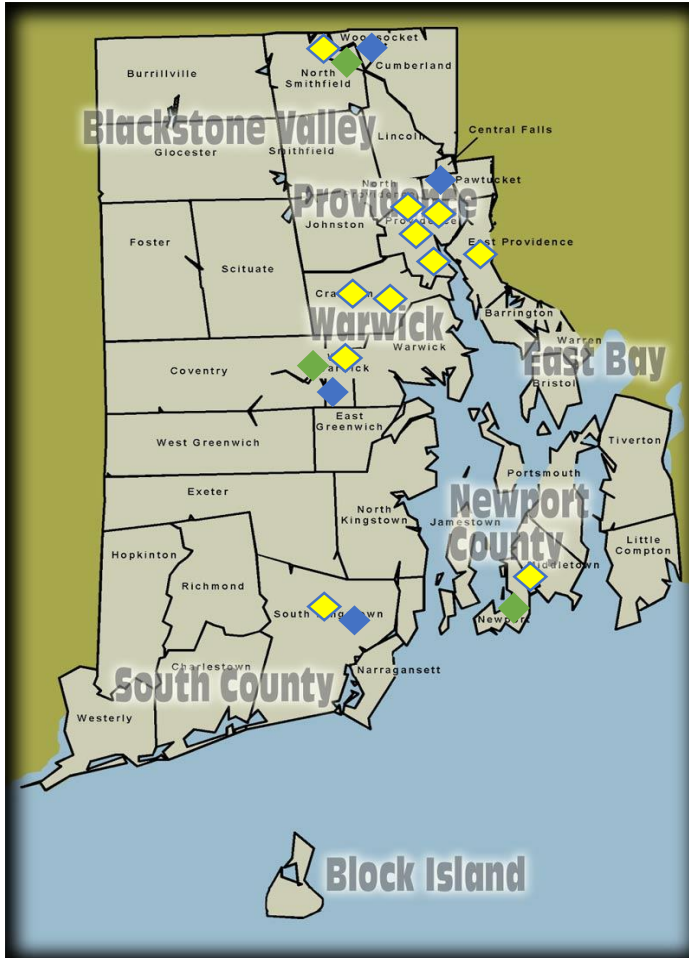
# Expanding PCMH

The Care Transformation Collaborative of Rhode Island has a growing impact across the state, and includes:




- **106 primary practices**, including internal medicine, family medicine, and pediatric practices.
- Approximately **650,000 Rhode Islanders** receive their care from one of our practices.
- **750 providers** across our adult and pediatric practices.
- Investment from **every health insurance plan** in Rhode Island, including private and public plans.
- **All Federally Qualified Health Centers** in Rhode Island participate in our Collaborative
- Saving more than \$217 million in total cost of care dollars in 2016 (compared to non-patient centered medical homes in Rhode Island), according to data from the state's All-Payer Claims Database.




# Expanding Care in the Neighborhoods



## CHT and SBIRT locations:

-  Woonsocket
-  Blackstone Valley
-  Providence
-  West Warwick
-  Newport
-  South County
- New  Existing 

## SBIRT locations:

-  Several sites including:
  - Dept of Corrections
  - Kent Hospital
  - Butler Hospital
  - CCAP
  - RIPIN
  - The Providence Center

# Integrated Behavioral Health in Primary Care Better Care - Sustainability

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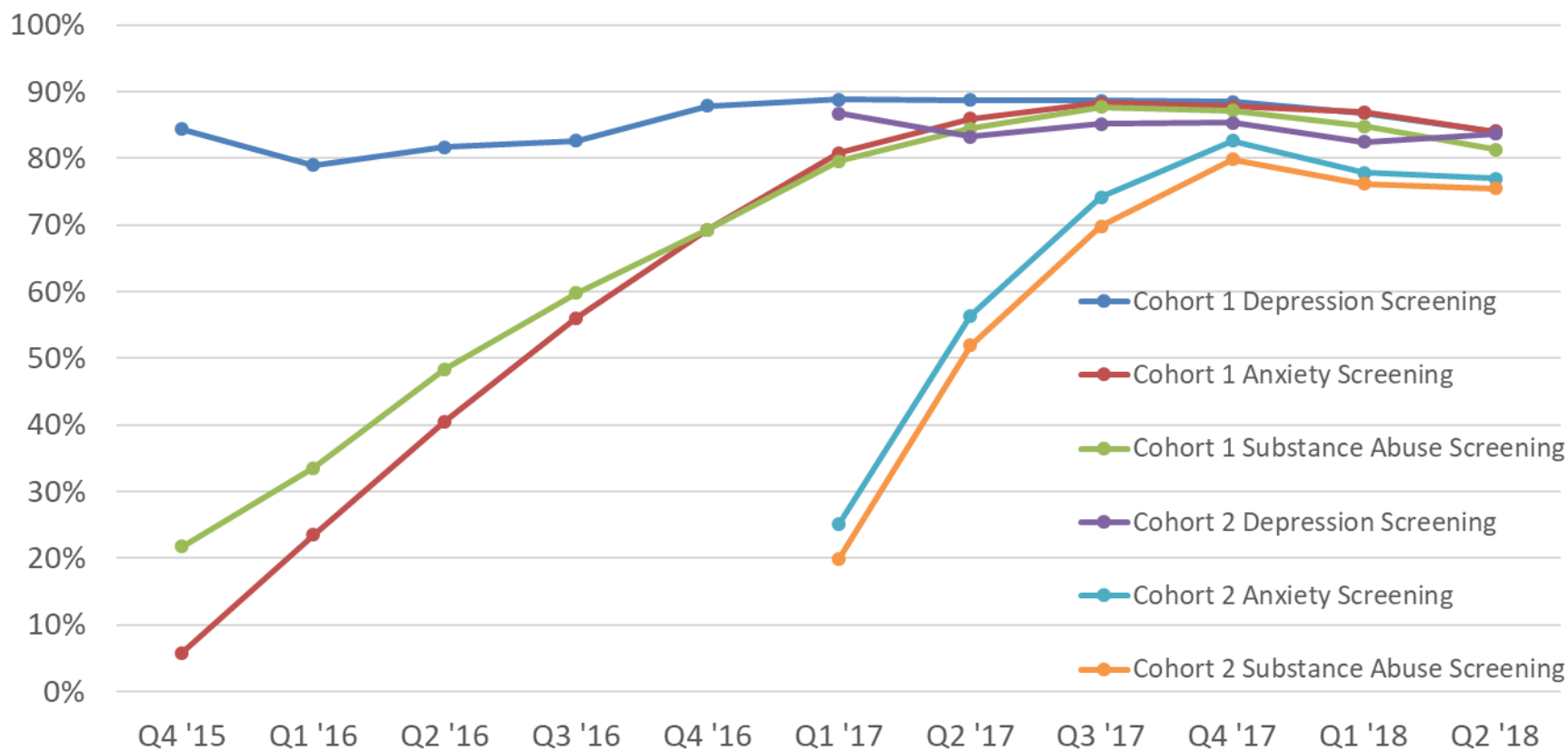
“I mean, when I say how much I love having integrated behavioral health, is that I can't imagine primary care without it. It just makes so much sense to me to have those resources all in the same place because it's so important. So I love it. I can't speak highly enough of it.”

*(Medical Provider)*



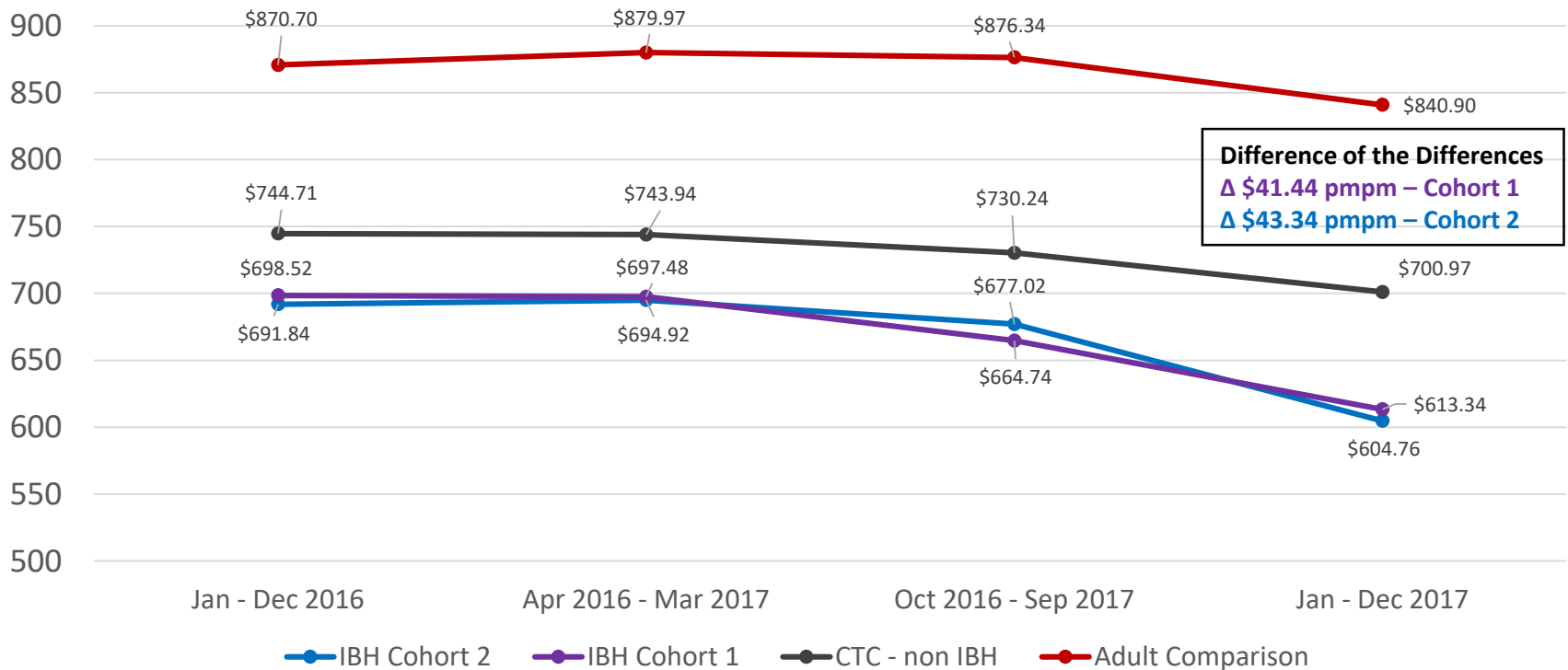
# Better Care for Adults Integrated Behavioral Health

IBH Pilot Program Screening rates



# Better Care - Lower Costs Adults

Total Medical & Pharmacy Costs (with Exclusions)  
risk adjusted (Cost per Member-Month)





# Better Care Through Workforce Development : IBH

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Wendy Phillips



Jennifer Etue



Kristin David

## **3 Practice Facilitators specifically trained within IBH in Primary Care**

- 6 months Didactic and Experiential training
- Backgrounds include psychology, social work and marriage & family therapy
- 3 PCMH sites are receiving practice facilitation services over 1 year period

***Represents the first training of its' kind in the country***

*This program was made possible through the support of the RI Foundation and RI College.*

# Better Care - Lower Costs

## PCMH Kids Cohort 1 & Kids Comparison

Rate per 1,000 Member Months (Excluding ERISA Members)

Group	July 2015 – June 2016	July 2016 – June 2017	Difference (2015 – 2017)	% Difference (2015 – 2017)
	(A)	(B)	(B-A)	
<b>Emergency Department Visits</b>				
(1) Kids Cohort 1	29.2	28.6	-0.7	-2.3%
(2) Kids Comparison	29.0	29.0	0.1	0.2%
Difference (1-2)			-0.7	-2.5%

# Better Care Through Partnerships

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- Thank you to our Sponsors
- Rhode Island Department of Health: Chronic Care and Community Equity
- Patient Engagement: SIM and RIQI
- Nurse Care Manager/Care Coordinator Training: UnitedHealth Plan
- Integrated Behavioral Health Initiatives: Rhode Island Foundation/Tufts/SIM



# Better Care Through Partnerships

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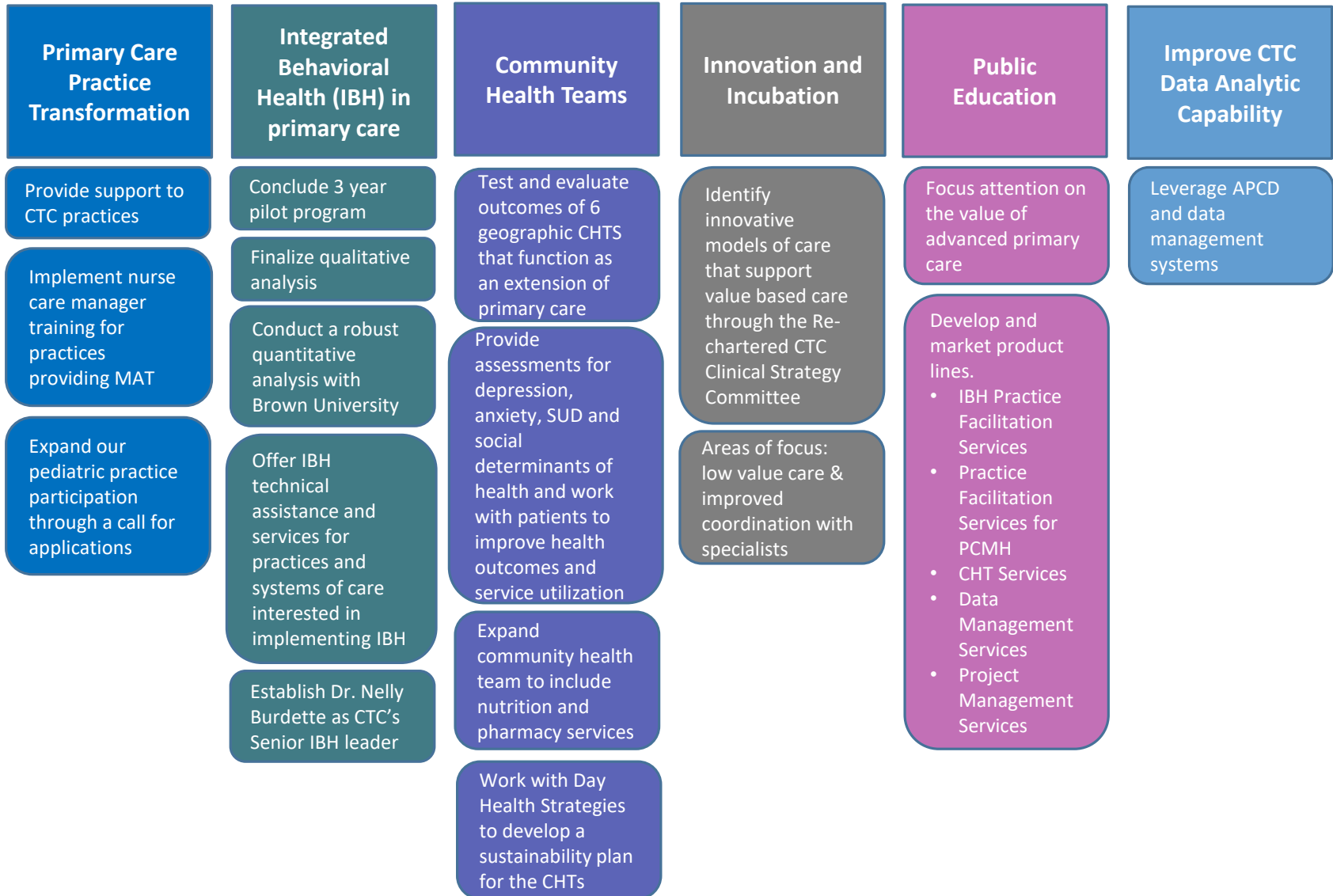
Thank you for your advocacy!

Thank you to our health plans

- Blue Cross and Blue Shield of RI
- Neighborhood Health Plan of RI
- Tufts Health Plan
- UnitedHealthcare



# CTC Strategic Priorities 2018-19



# National Recognition for Better Pediatric Care

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American Academy for Pediatrics'  
Calvin C.J. Sia Community  
Pediatrics Medical Home Leadership Award



PCMH Kids Co-Chairs:  
**Dr. Pat Flanagan**  
**Dr. Beth Lange**

*Thank You!*

