

Meet the RI MomsPRN Team



Margaret Howard, PhD, is the division director of the Center for Women’s Behavioral Health and director of the Day Hospital. She is associate fellowship director for the Brown University/Women & Infants Hospital Women’s Mental Health Fellowship. Dr. Howard is a professor of psychiatry and human behavior (clinical) and medicine (clinical) at The Warren Alpert Medical School of Brown University. She received her PhD in clinical psychology from Southern Illinois University and completed her internship and postdoctoral fellowship at Brown University. Dr. Howard’s primary clinical and research interests are postpartum depression, depression and anxiety disorders during pregnancy, trauma, OCD, and novel treatment approaches in both prevention and treatment of perinatal mood disorders. Dr. Howard provides teleconsultation for RI MomsPRN, including diagnostic support and treatment planning.

Margaret Howard, PhD



Zobeida Diaz, MD, MS, is an attending psychiatrist in the Day Hospital within the Center for Women’s Behavioral Health at Women & Infants Hospital. Dr. Diaz received her medical degree from the University of Wisconsin School of Medicine & Public Health and completed her adult psychiatry residency training at The Warren Alpert Medical School of Brown University, where she served as chief resident. Dr. Diaz is board certified in adult psychiatry. Prior to joining the Center for Women’s Behavioral Health, she held a position as staff psychiatrist in the Eating Disorders Program at Aurora Behavioral Health in Milwaukee, WI. Her primary clinical and academic interests include women’s mental health, eating disorders, adolescent/college mental health, and medical education. Dr. Diaz provides teleconsultation for RI MomsPRN, including diagnostic support, treatment planning and medication management in the perinatal period.

Zobeida “Zee” Diaz, MD, MS



Eva Ray is a licensed clinical social worker with a background in perinatal mental health and early childhood education. Eva received her undergraduate degree in Sociology with a concentration in Social Welfare and Criminal Justice from the University of Massachusetts Amherst, and completed her Master’s in Social Work at the University of California Los Angeles’ Luskin School of Public Affairs. Prior to joining Women & Infants RI MomsPRN team, she held a position as Integrated Behavioral Health Clinician in Boston Medical Center’s Mother-Child Wellness Clinical & Research Center, providing individual and couples therapy to pregnant and postpartum women. Her clinical and research interests include women’s mental health, infant mental health, trauma and toxic stress. Eva provides primary coverage of the RI MomsPRN telephone consultation line, including triage and information and referral services. She is the voice you will hear when you call RI MomsPRN and will assist in connecting you to services, including arranging a call-back from the perinatal psychiatrist.

Eva Ray, LICSW



Cynthia Battle, PhD, is a research psychologist in the Center for Women’s Behavioral Health. She is an associate professor of psychiatry and human behavior (research) at The Warren Alpert Medical School of Brown University. Dr. Battle received her PhD in clinical psychology from the University of Massachusetts Amherst, and completed both her clinical internship and treatment research fellowship at Brown University. Dr. Battle specializes in women’s mental health, specifically depression, anxiety and bipolar disorder occurring during pregnancy and the postpartum period. She has conducted several federally funded studies focused on developing new non-pharmacologic treatments for perinatal women, including interventions that utilize yoga, physical activity and home-based treatment. She is particularly interested in finding ways to make treatment more accessible and acceptable to pregnant and postpartum women, including women from diverse cultural groups. Dr. Battle is also on the staff at Butler Hospital. As part of RI MomsPRN, Dr. Battle will assist with project development and implementation at the Women & Infants site, as well as data quality monitoring.

Cynthia Battle, PhD