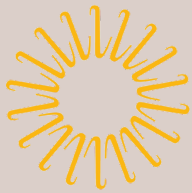


# Demographic Data Collection Pilot Baseline Needs Assessment

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Train the Trainer Webinar Series  
October 2023



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# Land Acknowledgment

We honor our presence on the land of the Narragansett Nation, the Indigenous custodians of Rhode Island for more than 10,000 years.

This land acknowledgement reflects a commitment to an equitable, respectful culture that includes those who were here first. We have much to learn from the life experience and expertise of Rhode Island's Indigenous communities.

This land acknowledgement is also a call to action to understand the complex factors, including colonization, that have contributed to health and other inequities in Indigenous communities, and to work to improve those outcomes and achieve equity for Rhode Island's First Peoples.

There is no Rhode Island History WITHOUT Narragansett and other Indigenous history. – Loren Spears, executive director, Tomaquag Museum, Exeter, RI



# CHECK-IN



# Guardrails

Equity practices

Safe space

Two layers of  
confidentiality

Can we agree?



# Learning Objectives



## Threat Response

Discover your personal threat response



## Systemic Racism

Understand the roots of systemic racism in the U.S.



## Race-based Medicine

Learn about race-based medicine

# SELF REGULATION

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Pairing Exercise



Stimulation



Activation



Regulation




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Disclosure  
Trauma sensitivity

mindfulness



N CONGI

# ous Declaration

When in the course of human events, it becomes necessary to separate these are Life, Liberty and the pursuit of Happiness That whenever any Form of Government becomes destructive of these principles and organizing its powers in such form and should

# We the People

domestic Tranquility, provide for the common and Posterity, do ordain and establish this Constitution

## Article I

All legislative Powers herein granted shall be vested in a Congress of the United States, which shall consist of a Senate and House of Representatives. The House of Representatives shall be composed of Members chosen every second Year by the People of the several States, who shall have the Qualifications requisite for Electors of the most numerous Branch of the State Legislature. No Representative shall have attained to the Age of twenty five Years, and been seven Years a Citizen of the United States, and when elected he shall be an Inhabitant of that State in which he shall be chosen. The House of Representatives shall be apportioned among the several States, which may be included within this Union, according to the whole Number of free Persons, including three fourths of the increased Number of free Persons, and three fourths of the whole Number of free Persons, which shall be made within three Years after the first Meeting of the Congress, and the Number of Representatives shall not exceed one for every thirty thousand, but no State shall have less Representatives than three. Direct Taxes shall be apportioned among the several States, which may be included within this Union, according to the whole Number of free Persons, including three fourths of the increased Number of free Persons, and three fourths of the whole Number of free Persons, which shall be made within three Years after the first Meeting of the Congress, and the Number of Representatives shall not exceed one for every thirty thousand, but no State shall have less Representatives than three. Direct Taxes shall be apportioned among the several States, which may be included within this Union, according to the whole Number of free Persons, including three fourths of the increased Number of free Persons, and three fourths of the whole Number of free Persons, which shall be made within three Years after the first Meeting of the Congress, and the Number of Representatives shall not exceed one for every thirty thousand, but no State shall have less Representatives than three.

# TIMELINE

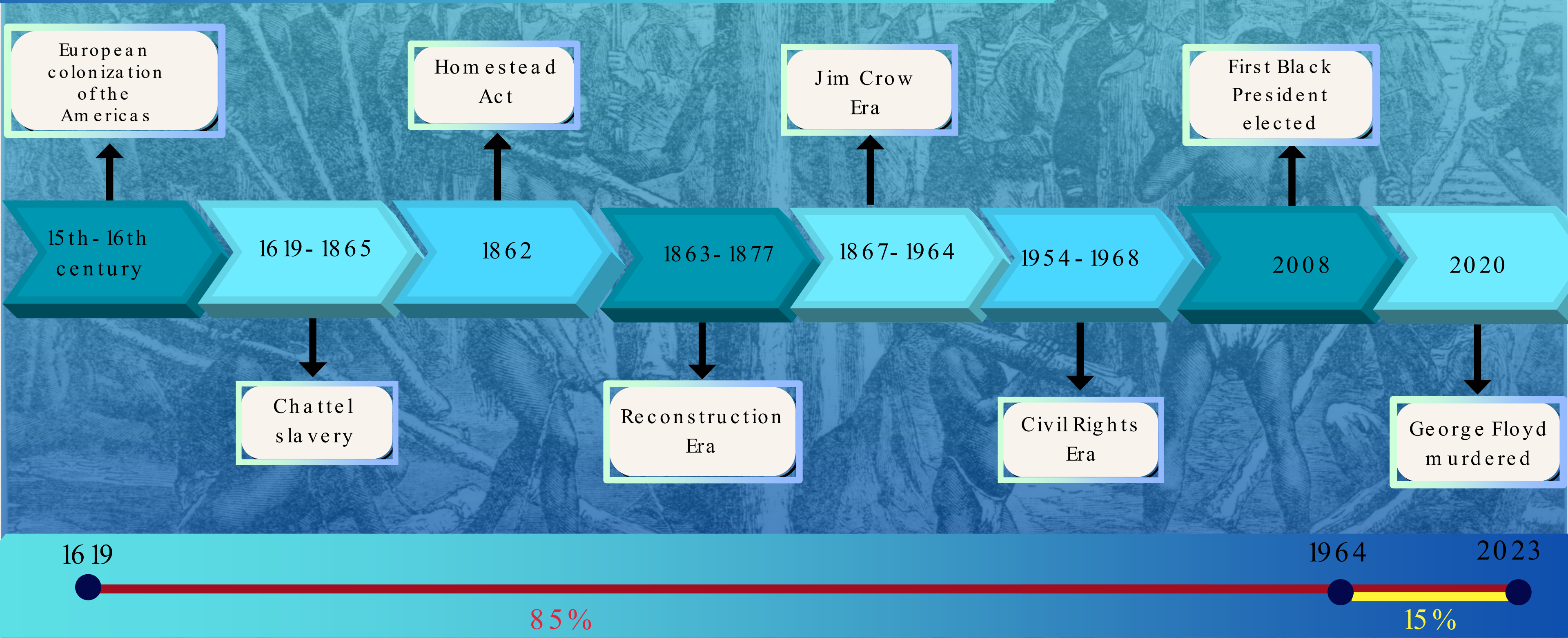


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# Indigenous Genocide & Chattel Slavery

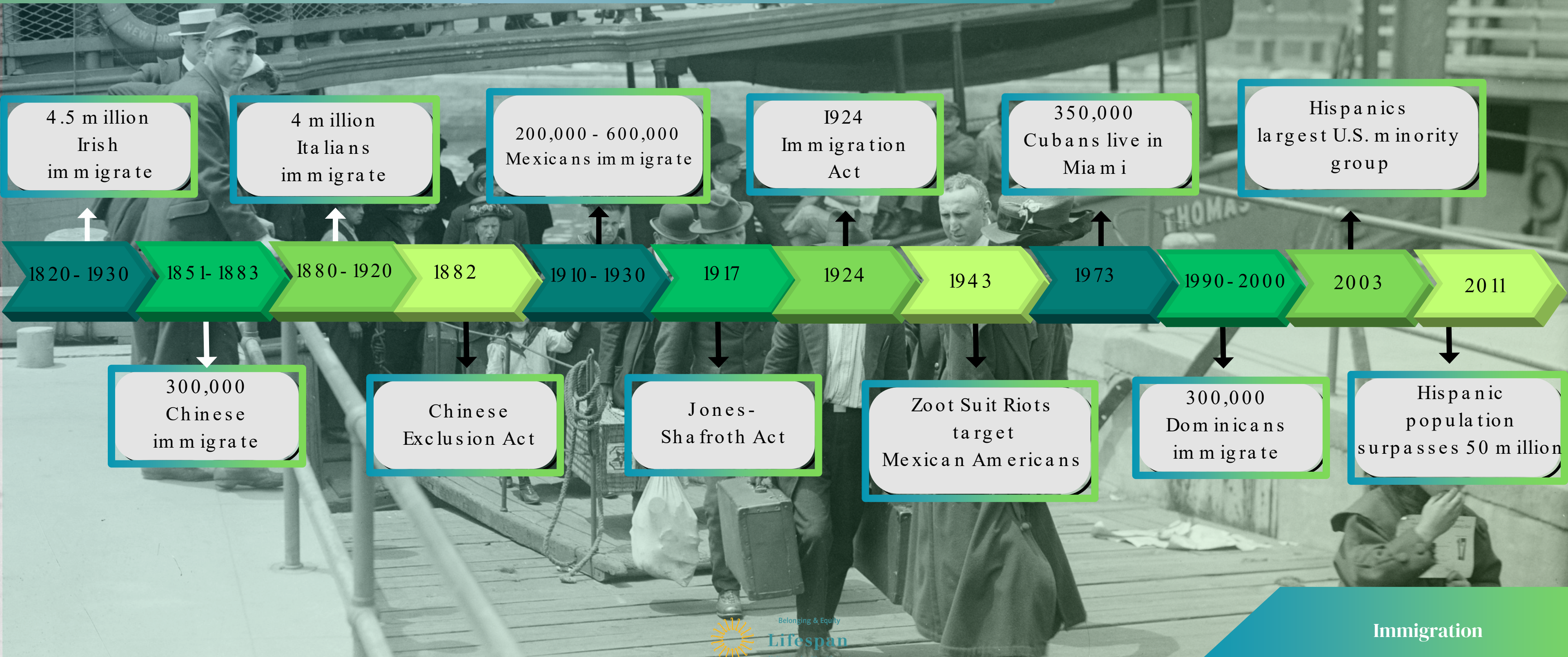
## Historical timeline





# Immigration

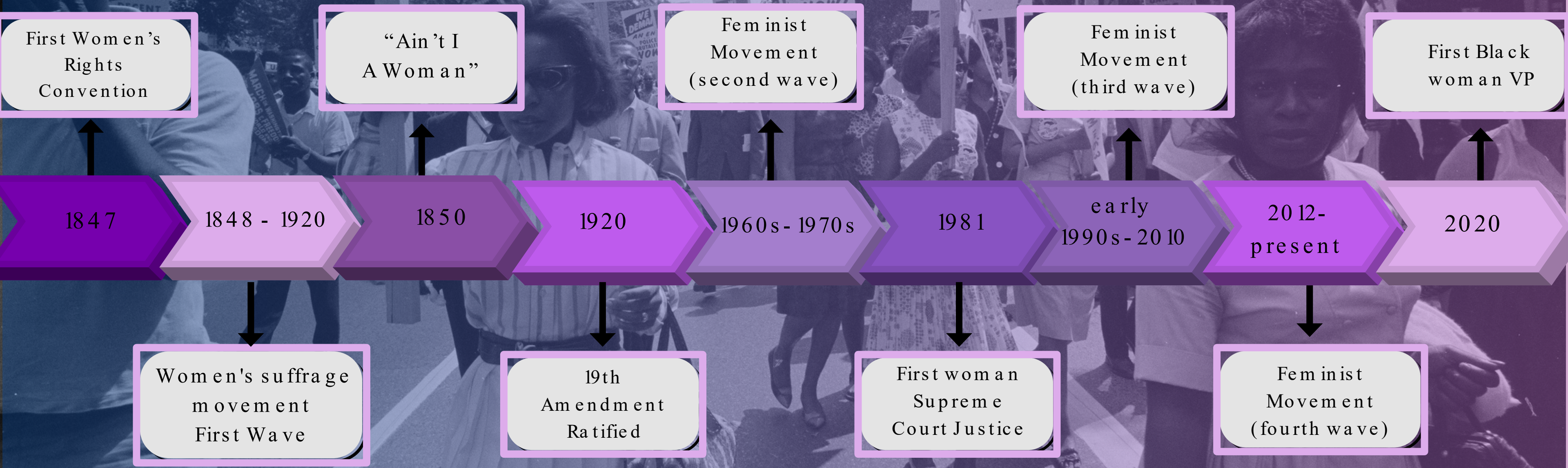
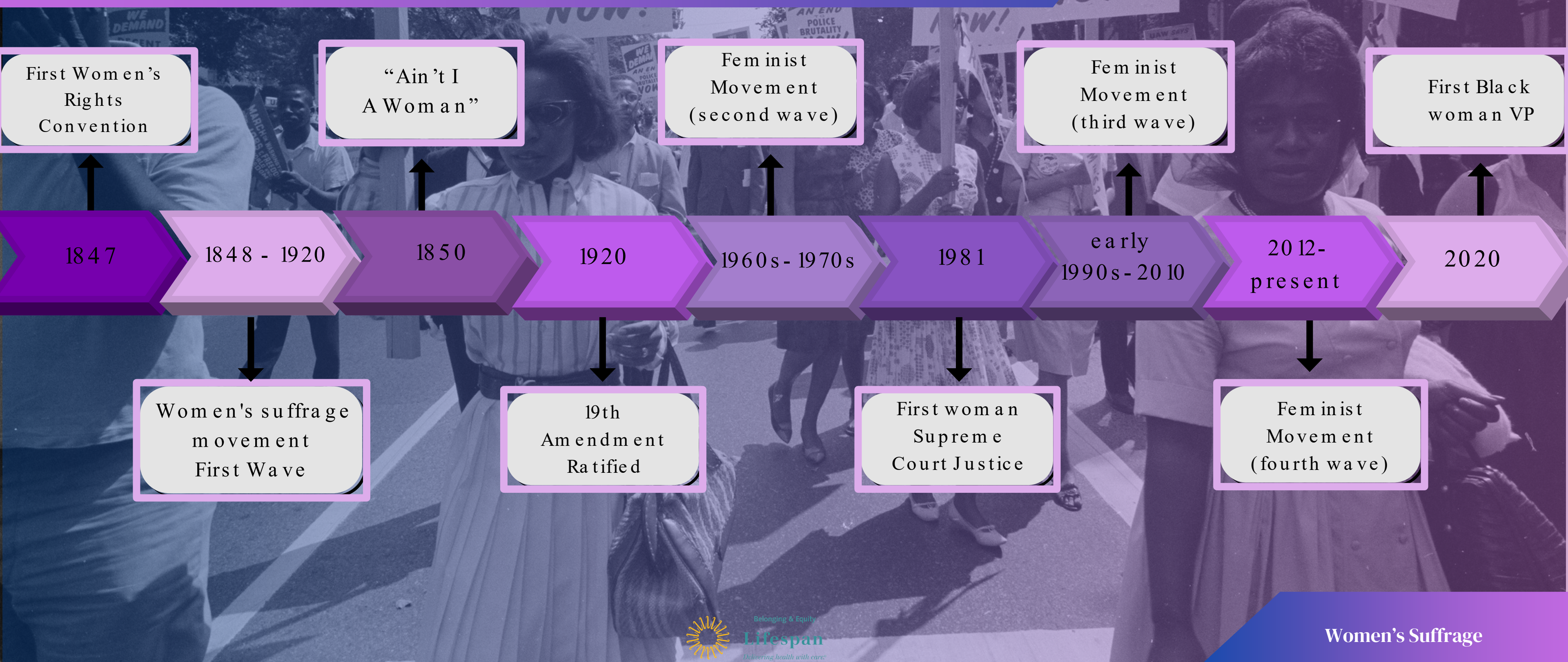
## Historical Timeline - Immigration to U.S.





# Women's Suffrage

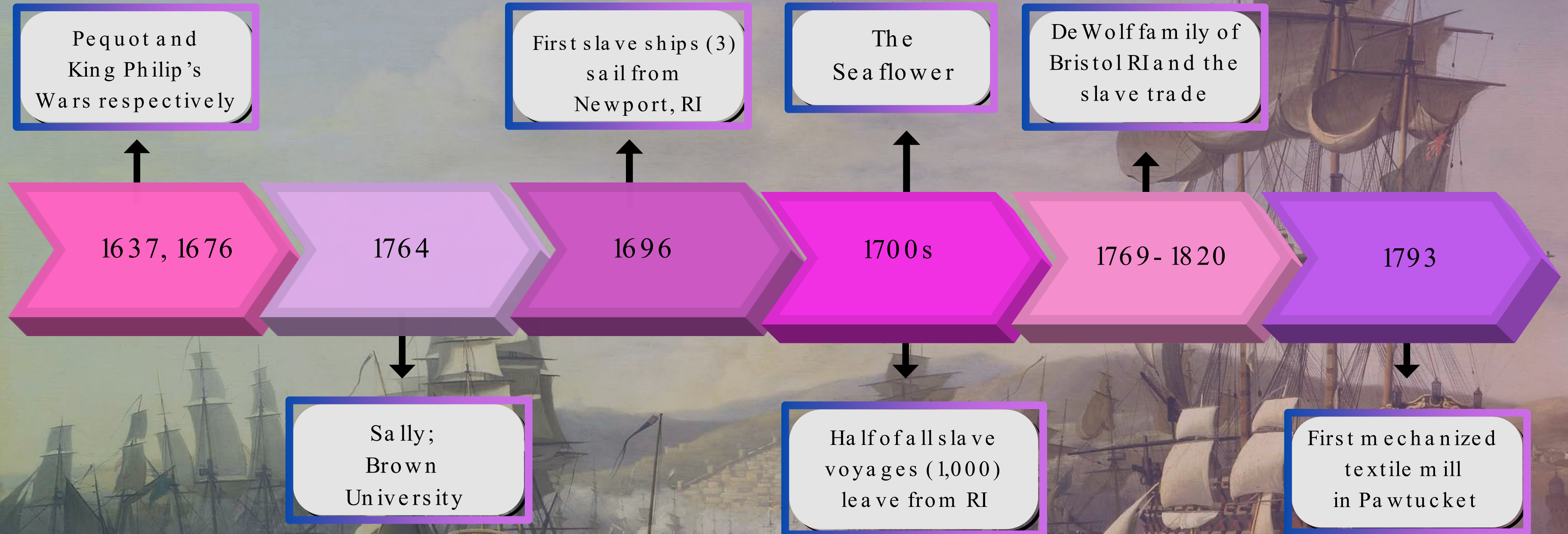
Historical Timeline





# Rhode Island

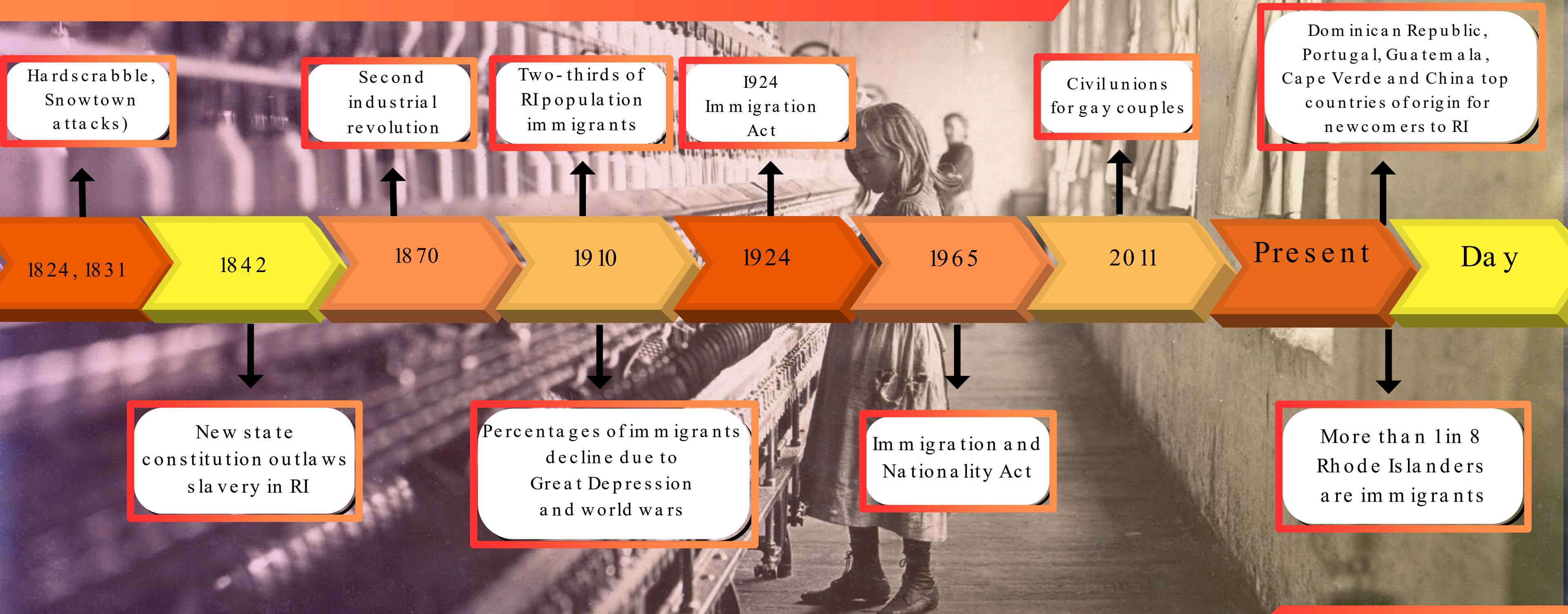
## Rhode Island Historical Timeline





# Rhode Island

## Rhode Island Historical Timeline







What surprised you?

# Ra c e - B a s e d M e d i c i n e

Ra c e - b a s e d m e d i c i n e r e f e r s t o t h e p r a c t i c e  
o f u s i n g a n i n d i v i d u a l ' s r a c i a l o r e t h n i c  
b a c k g r o u n d a s a f a c t o r i n c l i n i c a l d e c i s i o n -  
m a k i n g , i n c l u d i n g d i a g n o s i s , t r e a t m e n t ,  
a n d m e d i c a t i o n d o s i n g .





# Race-based Medicine Timeline

## J. MARION SIMS



"Father" of modern gynecology. Conducted surgeries on enslaved Black women.

1813-1883

1920-1951

## HENRIETTA LACKS



Lacks' cancer cells, taken without her permission or compensation, are source of the HeLa line, one of the most important cell lines in medical history.

1932-1972

## TUSKEGEE SYPHILIS STUDY



Study conducted by United States Public Health Service and the Centers for Disease Control on nearly 400 African American men with syphilis. Purpose of study: to observe effects of disease when untreated, though by end of study it was treatment. More than 100 participants died. They were not informed of the nature of the experiment.



# The four levels of racism

## Structural racism

racial bias among institutions and across society

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## Institutional racism

occurs within institutions and systems of power

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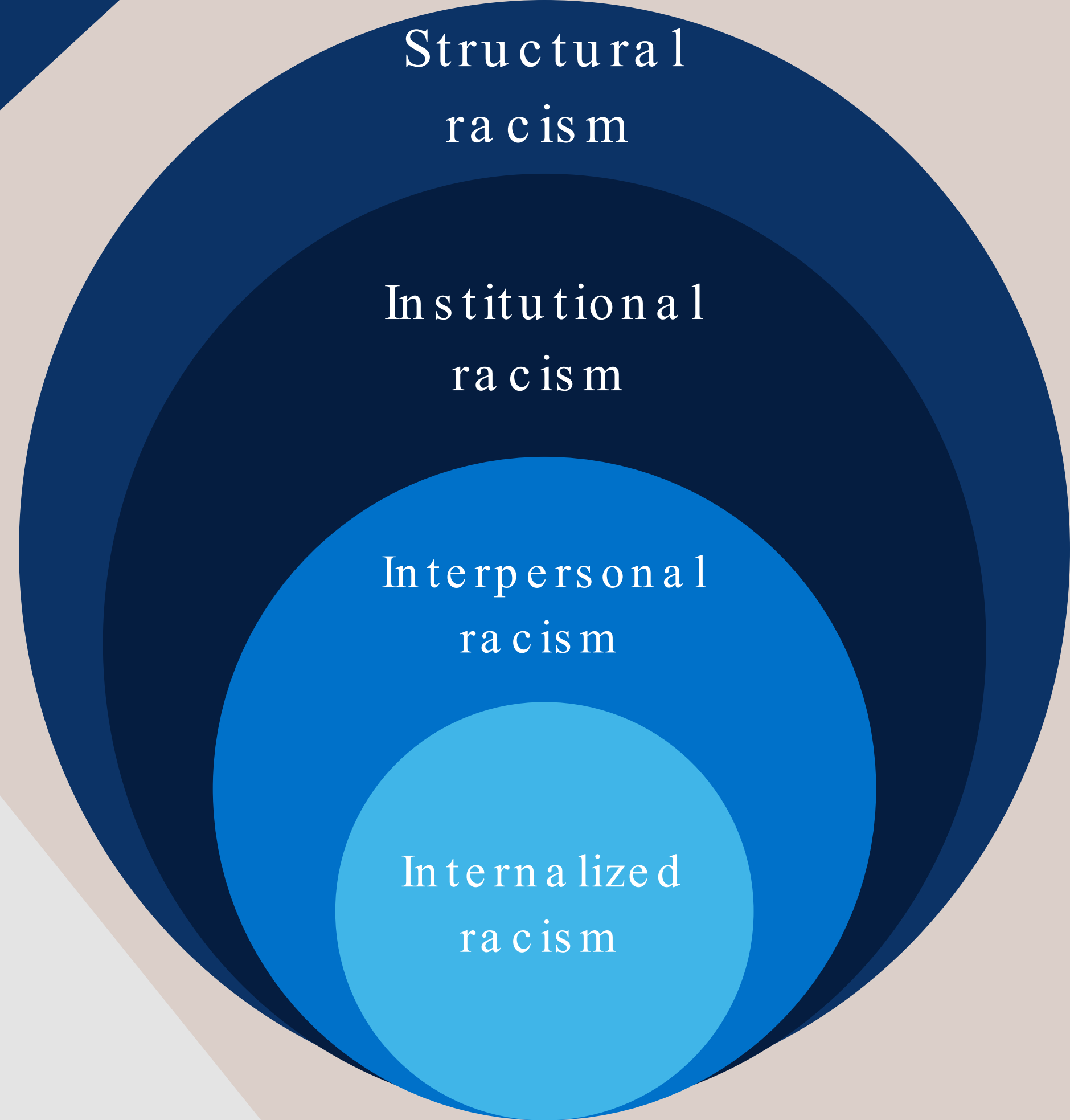
## Interpersonal racism

occurs between individual.

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## Individualized Racism

lies within individuals







# Amy Cuddy

## Warmth and Competence: Impacts on Clinical Outcomes

“Our bodies change our minds, our minds  
change our behaviors, and behaviors  
changes outcome”

-Amy Cuddy



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# Christin Zollicoffer

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**Email: [Czollicoffer@Lifespan.org](mailto:Czollicoffer@Lifespan.org)**



# Pre - Webinar Videos

- ❖ You Tube Video Dr. Camara Jones Ted Talk, “[Allegories on Race](#)” (about 20 minutes long) or read the article [Levels of Racism: A Theoretic Framework and a Gardener's Tale](#)
- ❖ You Tube Video Chimamada Ngozi Adichie’s Ted Talk “[The Danger of a Single Story](#)” (about 20 minutes long);
- ❖ You Tube Video [Systemic Racism Explained - YouTube](#) (about 5 minutes long)



# Resources

- <https://jimcrowmuseum.ferris.edu/index.htm>
- <https://www.pewresearch.org/>
- <https://www.brookings.edu/>
- <https://www.bushfoundation.org/racial-wealth-gaps-research-and-data>
- <https://www.nytimes.com/interactive/2019/08/14/magazine/1619-america-slavery.html>
- <https://data.census.gov/>
- <https://www.history.com/>
- <http://www.tracesofthetrade.org/>
- <https://library.providence.edu/encompass/immigration-to-rhode-island/>
- <https://library.providence.edu/encompass/rhode-island-and-the-industrial-revolution/rhode-island-and-the-industrial-revolution/>
- <https://library.providence.edu/encompass/rhode-island-slavery-and-the-slave-trade/rhode-island-slavery-and-the-slave-trade/#:~:text=Rhode%20Islanders%20played%20a%20central,been%20called%20the%20triangular%20trade.>