



ADVANCING INTEGRATED HEALTHCARE

Integrated Behavioral Health in Review– 2020 and 2021

Care Transformation Collaborative of Rhode Island

Nelly Burdette, PsyD, Senior Director of Integrated Behavioral Health

CTC-RI Board of Directors Meeting | December 3, 2021

Meet the IBH Team



Nelly Burdette, PsyD
Senior Program Director



Liz Cantor, PhD
Practice Facilitator



Kristin David, PhD
Practice Facilitator



Jody Vieira, LICSW
Practice Facilitator



Jennifer Etue, LICSW
Practice Facilitator



Sarah Summers
Program Coordinator

Overview of IBH Initiatives

- **2020**
 - Systems of Care Contracts with IBH Focus
 - Expansion of IBH Focus to Pediatric Practices and MOMS PRN
 - IBH Practice Facilitator Virtual Course Offering
 - Beginning of new module to IBH Practice Facilitator Course
 - NCQA Partnership Growth
 - IBH Research Collaboration with Brown

Overview of IBH Initiatives

- **2021**
 - Expanding IBH more systems of care
 - New module to IBH Practice Facilitator Course
 - Planning and launch of New IBH Tele-IBH Learning Collaborative
 - Ongoing pediatric IBH expansion
 - Advocacy and Legislation
 - IBH Workforce Development Planning

Systems of Care IBH Expansion 2020

- **Integra:**
 - Adult
 - CNE East Greenwich
 - Pediatric
 - Pediatric Associates
 - Barrington Pediatrics
 - Children's First
 - Partners in Pediatrics
- **Woodriver Health Center**

Pediatric IBH Expansion 2020

- 3-year program; 2 waves of 4 pediatric practices each

Cohort 1	Cohort 2
Anchor Medical - Pediatrics	Coastal Medical – Bald Hill
CCAP	Coastal Medical - Waterman
Hasbro Pediatric Primary Care	Hasbro Medicine Pediatrics
	Northern RI Pediatrics
	Tri-County

With funding from:



- Leveraging key learnings and resources from adult pilot program
- Tailoring specifically to pediatrics
 - Child Psychologist for practice facilitating services
 - Pediatric relevant screening measures
 - Pediatric specific content expertise

Moms Psychiatry Resource Network (MomsPRN)

Statewide initiative funded through a RIDOH grant award (starting 2019) that helps providers screen and manage the depression, anxiety, and/or substance use of their pregnant or postpartum patients through:

- 1. Behavioral health teleconsultation line staffed by WIH clinicians**
- 2. Prenatal care practice learning collaboratives offered by CTC-RI**

Women & Infants



 **RI MomsPRN**
Maternal Psychiatry Resource Network

IBH Practice Facilitator Course 2020

- IBH Practice Facilitator Virtual Course Offering
- Beginning addition of a new module to IBH Practice Facilitator Course
- Supervision of IBH Practice Facilitators in Rhode Island

Module 1:

Overview of IBH Practice Facilitation and Core Competencies

Module 2:

The Primary Care and IBH Landscapes

Module 3:

The How-Tos of IBH Practice Facilitation

Module 4:

Evaluation in IBH Practice Facilitation



NCQA
Measuring quality.
Improving health care.

Partnership 2020

- IBH Focus with Distinction in Behavioral Health Certification
- Weekly meetings with NCQA across senior leadership, behavioral health distinction, education, marketing and public policy leaders
- Collaboration leading to direct input into 5th module for the IBH Practice Facilitator Series, blog posts, multiple presentations and CCE dissemination

IBH Research with Brown 2020

- Brown University is seeking focus group participants for a research study on patient experiences with IBH.
- Any adult patient who has received IBH services may be eligible (English/Spanish).
- Participants will receive a \$50 gift card.

Recruiting Patients for Focus Group Interviews:



How can you sign up to participate?

If you would like to participate, you can contact the principal investigator Bart Laws by email:
michael_barton_laws@brown.edu

Or by phone: 401-863-6977

Leave a message with your contact information, and someone will get back to you soon.

Protocol: #2101002898

• Who is eligible to participate?

If you are over the age of 18 and have received some substance use or mental health counseling ("behavioral health care") through your primary care provider location, you may be eligible for the group.

• What are we discussing?

We are looking to see how patients experience integrated behavioral healthcare. We want to understand what is going well, and what could be improved from a patient's perspective. By participating, you would be agreeing to share your experiences with a small group, where we all agree to keep the information private. This is a research study being conducted by Brown University. Your health care provider is not involved in the study, and participation will not impact your care.

• What is the compensation?

We will be providing \$50 in compensation for participation in the form of a gift card.

• COVID-19 Precautions:

All interviews will be conducted remotely, over video call using Zoom, or by telephone.

Systems of Care IBH Expansion 2021

- **Prospect**
 - 3 practices starting IBH transformation work (mixture of adult/pediatric)
 - St. Joe's Primary Care
 - CCMA Cranston
 - CCMA Smithfield
 - Nurse Care Management Strategic and Learning Collaborative
 - Over the course of 12 months with options to expand at completion

IBH Practice Facilitator New Module 2021

NCQA BH Distinction Learning M x Strengthening Your Approach to x

rise.articulate.com/share/REY-zFzPvJ-5eRcBBGLkfMEDC8yd8hS#/lessons/dk1Ot7wYCy9i_rtyLw9EB1BdX3atN-Vo

Strengthening Your Approach to Sustainable Evidence-Based Integrated Care

0% COMPLETE

- Introduction
- NCQA PCMH Distinction in BH Integration
- Organizational Self-Assessment

With funding from:



IBH Learning Collaborative:

with focus on Tele-IBH and NCQA BH Distinction

- 11 practices across 2 cohorts
- Adult/Pedi IBH
- 12-month initiative
- 2 IBH practice facilitators meet monthly with each practice
- 1 PDSA focused on either obtaining NCQA Designation in IBH or Tele-IBH
- 3 Learning Collaboratives

Practices

Associates In Primary Care Medicine

Brown Medicine - Internal Medicine

Anchor Medical - Lincoln Adult Medicine

Anchor Medical - Providence

Anchor Medical - Warwick

Anchor Pediatrics

CNEMG Family Care Center

Providence Community Health Centers - Capitol

Providence Community Health Centers - Central

Providence Community Health Centers - Olneyville

Providence Community Health Centers - Prairie

Funded by

Pediatric IBH Expansion 2021

- **Integra**
 - New Pediatric Practice Starts in East Greenwich
- **Telehealth and Technology Collaborative**
 - Using technology to improve care for patients with chronic conditions
 - 5 Pediatric Practices Chose Behavioral Health Chronic Conditions
 - Prima
 - Barrington Pediatrics
 - Dr. Ohnmacht
 - Anchor Pediatrics
 - Kingstown Pediatrics

Funded by



Advocacy and Legislative 2021

- Align IBH Priorities with new RI Administration in Governor's Office and informing State policy
- Engaged OHIC (2019) to convene IBH Work Group
- Effective 1/1/21, no IBH double-copay on same day visits with primary care provider for qualified integrated practices
- Health and Behavior Intervention Codes (HABI) must be reimbursed at parity with other mental health and physical health codes
- Preventative Mental Health and Substance Use Screenings that occur in Primary Care will not have cost-sharing by patient



IBH Workforce Development 2021

Opportunities and engagement

- State agencies
- Academic organizations
- Payors



Presentations



November 9, 2021

HOW A MULTI-DISCIPLINARY APPROACH TO BEHAVIORAL HEALTH DISTINCTION CAN POSITION IBH BEST PRACTICES

This course is an opportunity to learn how the Care Transformation Collaborative of Rhode Island helped integrated behavioral health (IBH) practices respond to COVID by tele-IBH implementation and earn Behavioral Health Distinction. Areas of focus include working with state and payers to align expectations across the health care system for IBH and sustainability; developing and implementing a 12-month tele-IBH learning collaborative that gives PCMH practices an opportunity to test tele-IBH workflows while working toward earning Behavioral Health Distinction; and developing practical tools to strategically approach earning Behavioral Health Distinction.



The next Milbank MPC Network Virtual Seminar will be held on Monday, April 12, 2021 from 12pm-3pm Eastern Time.

Sign up below to attend this exciting shared learning opportunity (registration required).

<https://us02web.zoom.us/join/zoom/register/tZUqcuyqrz0qGdQ8im-SwbPeHB2imzNYJ5SQ>

The topic is "Behavioral Health Integration - Sustainable Solutions", featuring presentations and Q&A with experts from 3 CPC+ regions. You will hear from these innovators:

Please consider joining me remotely on April 16th for a webinar that is focused on how healthcare leaders can serve others while ensuring their needs are taken care of during times of prolonged emotional strain

ACHE Rhode Is

An Independent Chapter of
American College of
Healthcare Executives

for leaders wh

Welcome! You are invited to join a meeting: Digging Deep - Leadership Lessons from the Field to Care for Yourself and Your Colleagues During Times of...

Integrating Behavioral Health, Strategies and Solutions in Rhode Island, October 13, 2021 for NCQA Policy Forum National Medicaid and Medicare Directors Audience



10/29/20

News > Webinar 15 – Integrated Behavioral Health 2.0 – How Primary Care Practices in Rhode Island Deliver Services During a Pandemic

Next IBH Steps

- IBH Workforce Development
- Adult and Pediatric Expansion with IBH
- Burnout in Healthcare and IBH





ADVANCING INTEGRATED HEALTHCARE

Questions

Email: CTCIBH@CTC-RI.ORG

Webpage: www.ctc-ri.org/integrated-behavioral-health/tele-ibh-and-ncqa-bh-learning-collaborative