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ADVANCING INTEGRATED HEALTHCARE

# Welcome PCMH Kids Practices and Key Stakeholders

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PCMH KIDS STAKEHOLDER MEETING 01-07-2021

PAT FLANAGAN MD, FAAP, PCMH KIDS CO-CHAIR

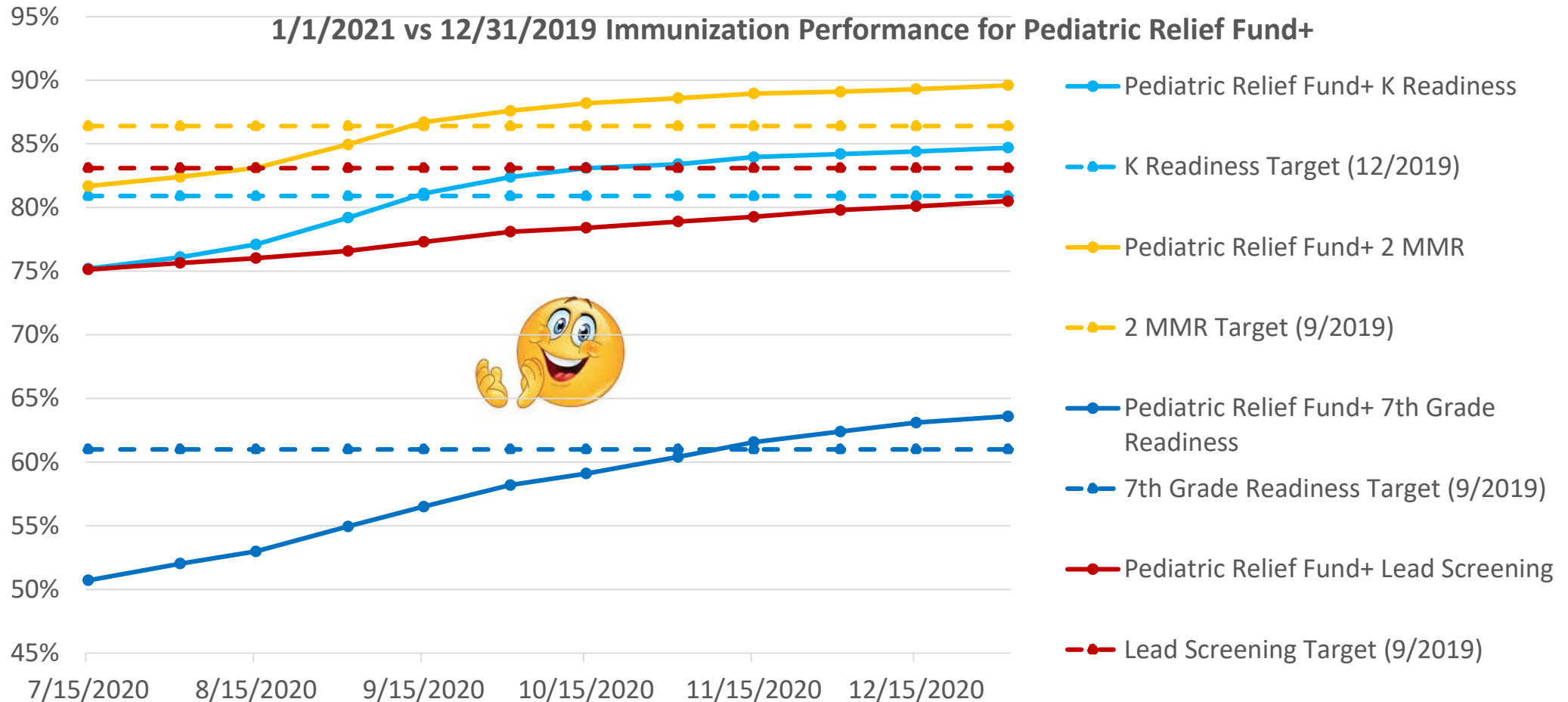
BETH LANGE MD, FAAP, PCMH KIDS CO CHAIR

# Agenda

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- ❖ Welcome & Opening Remarks
- ❖ Updated Immunization & Lead Screening
- ❖ Updated Medicaid Access to Care Results
- ❖ 2020/2021 Programs
- ❖ Open Discussion
- ❖ Expanded Behavioral Health Services in Kent and Washington Counties

# Update on Immunization Performance thru 1/1/2021

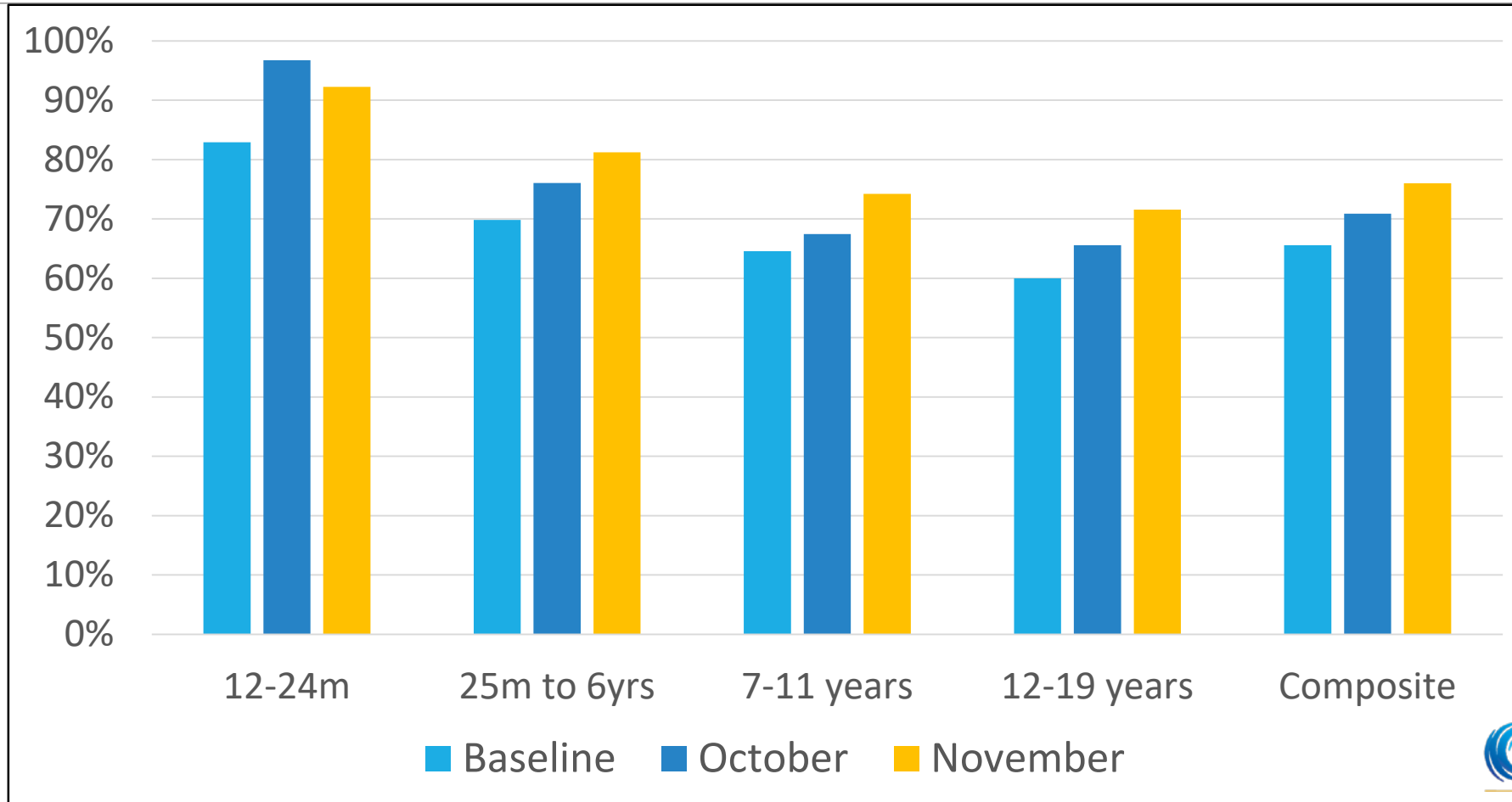


\$4MM paid to Pediatric Practices

# New practices introduced to PCMH Kids Family

BLACKSTONE VALLEY PED - CUMBERLAND	LINCOLN PEDIATRIC ASSOCIATES
BLACKSTONE VALLEY PED -N SMITHFLD	LONGOBARDI, YEN, MD
CHILDREN'S CHOICE PEDIATRICS	MCGONIGLE, JOHN, MD
CONCILIO PEDIATRICS	Medical Associates- Bristol Co. Pedi
D'ALESSANDRO, VINCENT, A, MD	NEVOLA, CHAD, P, MD
DAVIS, LEENA - WARWICK	OHNMACHT, RICHARD, K, MD
DEANGELIS, CHARLES, MD	P.R.I.M.A., INC.
EAST BAY PEDIATRICS	SMITHFIELD PEDIATRICS
ENCOMPASS PEDIATRICS	SNOW FAMILY MEDICINE, LLC
FAMILY DOCTORS GROUP	SOUTH COUNTY PEDIATRIC GROUP
Jenks Park Pediatrics	SUNSHINE PEDIATRICS
KENT COUNTY PEDIATRICS	WAKEFIELD PEDIATRICS, LLC
LECONTE & BONNER	

# Medicaid Access to Care Performance



# PCMH Kids Cohort 3 Accomplishments



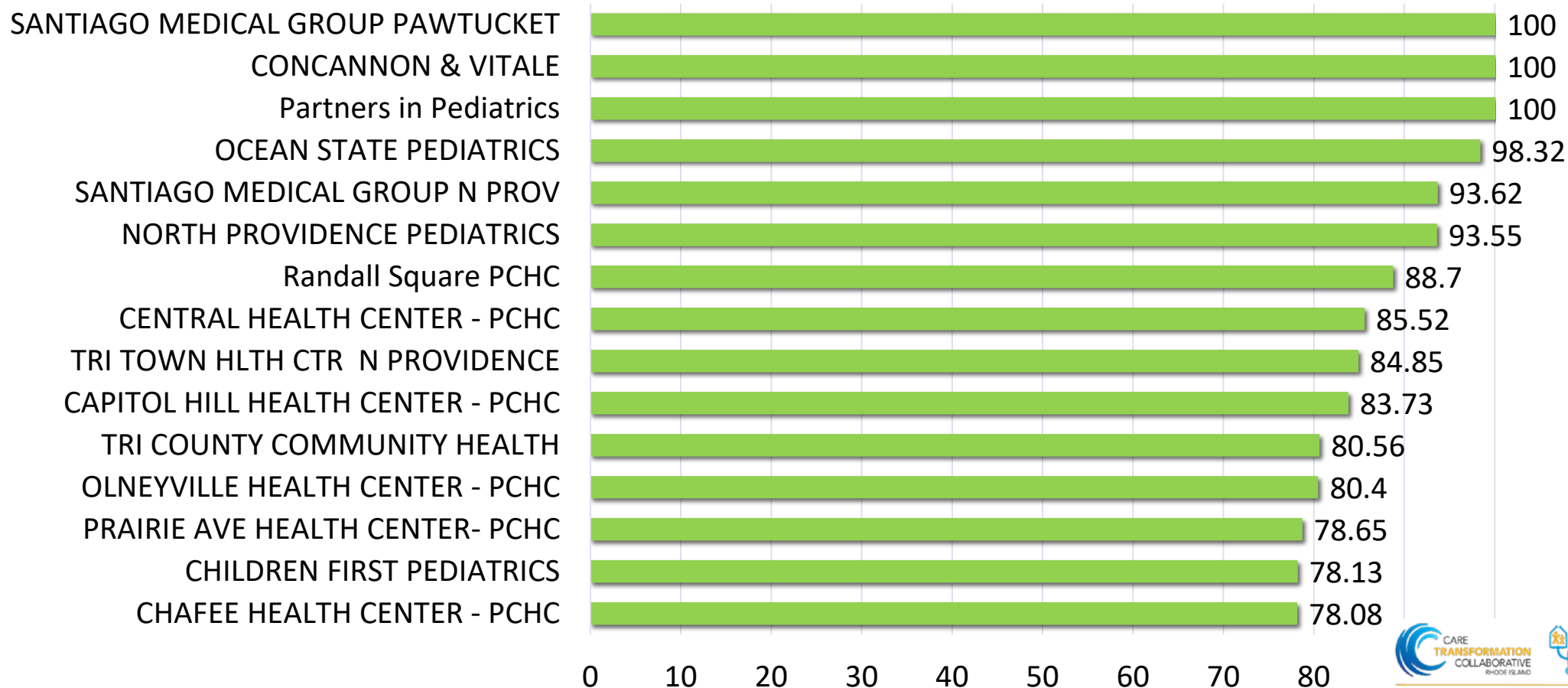
**ALL PCMH Kids Cohort 3 practices  
are within the 90% baseline  
target for 2 MMR.**

- \* **Continue the great results**
- \* **Final 1/3 incentive payment due in March**

- ❖ Children First Pediatrics
- ❖ Hasbro Adolescent Medicine
- ❖ Drs Concannon & Vitale LLC
- ❖ North Providence Pediatrics
- ❖ Ocean State Pediatrics
- ❖ Partners in Pediatrics
- ❖ Providence Community Health Center - Capitol Hill
- ❖ Providence Community Health Center - Central
- ❖ Providence Community Health Center - Chafee
- ❖ Providence Community Health Center - Olneyville
- ❖ Providence Community Health Center - Prairie Ave
- ❖ Providence Community Health Center - Randall Sq
- ❖ Santiago Medical Group - North Providence
- ❖ Santiago Medical Group - Pawtucket
- ❖ Tri-County Community Action Agency - Johnston
- ❖ Tri-County Community Action Agency - North Providence



# PCMH Kids Cohort 3 within 90% baseline target for 2 MMR 12/15/2020 Results



# Pediatric Integrated Behavioral Health Pilot Program



- **3-year pilot program with 2 waves of 4 practices**
- **Kickoff Meeting was in July, 2019**
- **Key Program Components:**
  - Support culture change, workflows, billing
  - Universal Onsite IBH Practice Facilitation: Screening 3 out of 5: Depression (adolescent), Anxiety (adolescent), Substance use (adolescent), Middle childhood, or Postpartum depression
  - Embedded IBH Clinician : warm hand offs, pre-visit planning, huddles
  - Quarterly Best Practice Sharing: data driven improvement, content experts

Cohort 1	Anchor Pediatrics
	Comprehensive Community Action Program (CCAP)
	Hasbro Pediatric Primary Care
Cohort 2	Coastal Medical – Bald Hill
	Coastal Medical - Waterman
	Hasbro Medicine Pediatric Primary Care
	Northern RI Pediatrics
	Tri-County Community Action Agency



# Status Update Pediatric IBH Program

## *Successes:*

1. Screening – all practices, both cohorts, are currently administering 3 BH screeners
2. Hiring BHCs in 2019
3. **Pivoting to teleBH quickly and effectively**

## *Challenges:*

1. EHR/data – making sure EHR captures screeners given
2. Hiring BHCs in 2020 – currently 2 practices are without a BHC
3. **COVID**
  - Administering BH screeners in Spring 2020 – practices rallied in the summer
  - Managing increased BH demand
  - Staff turnover, inc BHCs and IT



# Telehealth Initiative

*Funded by UnitedHealthcare and State of RI Cares Act Funding*

## **Goals**

- Provide primary care team with best practice sharing opportunities to support effective, safe and efficient telehealth services looking at practice/staff/patient experiences, clinical outcomes, access to care and utilization;
- Help inform RI health care policy on primary care practice/patient telehealth needs

## **Managed by CTC-RI/PCMH Kids**

- Core Planning Committee/Subcommittees
- CTC-RI Clinical Strategy Committee
- Northeast Telehealth Resource Center

Questions to: Sarah Summers, CTC-RI Program Coordinator, [ssummers@ctc-ri.org](mailto:ssummers@ctc-ri.org)



# Telehealth Initiative

## Phase 1 Practice & Patient Needs Assessment - Completed

- Adolescent Healthcare Center
- Anchor Pediatrics
- Children's Medical Group (University Pediatrics)
- Drs Concannon & Vitale
- East Greenwich Pediatrics
- Encompass Pediatrics
- Hasbro Pediatric Primary Care
- Kingstown Pediatrics
- Partners in Pediatrics
- PRIMA
- PCHC (Capitol Hill & Chafee Health Centers)
- Richard Ohnmacht
- Smithfield Pediatrics



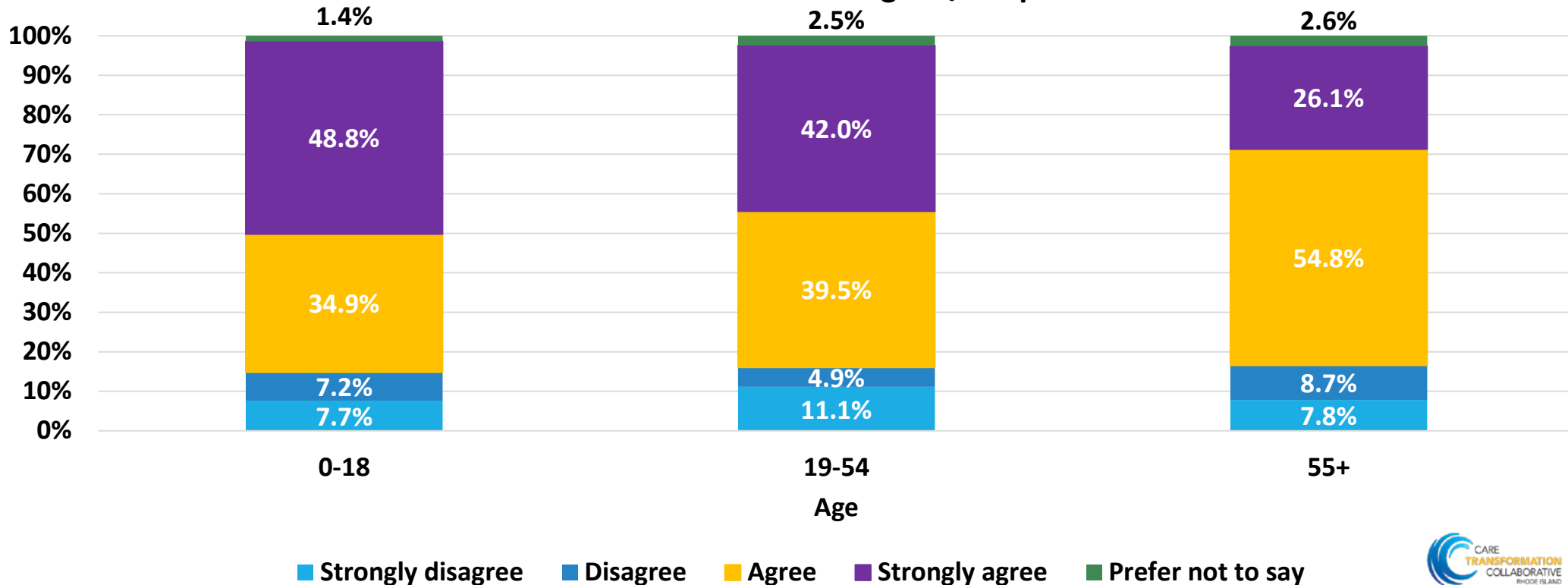
### Practice Assessment and Patient surveys

- 46 practice sites
- over 900 patient responses
- Phase 2 webinar topics address practice and patient needs, interests, requested webinar topics, as well as top barriers.

# Telehealth Initiative

## Phase 1 Practice & Patient Needs Assessment Patients who HAVE had a telehealth visit

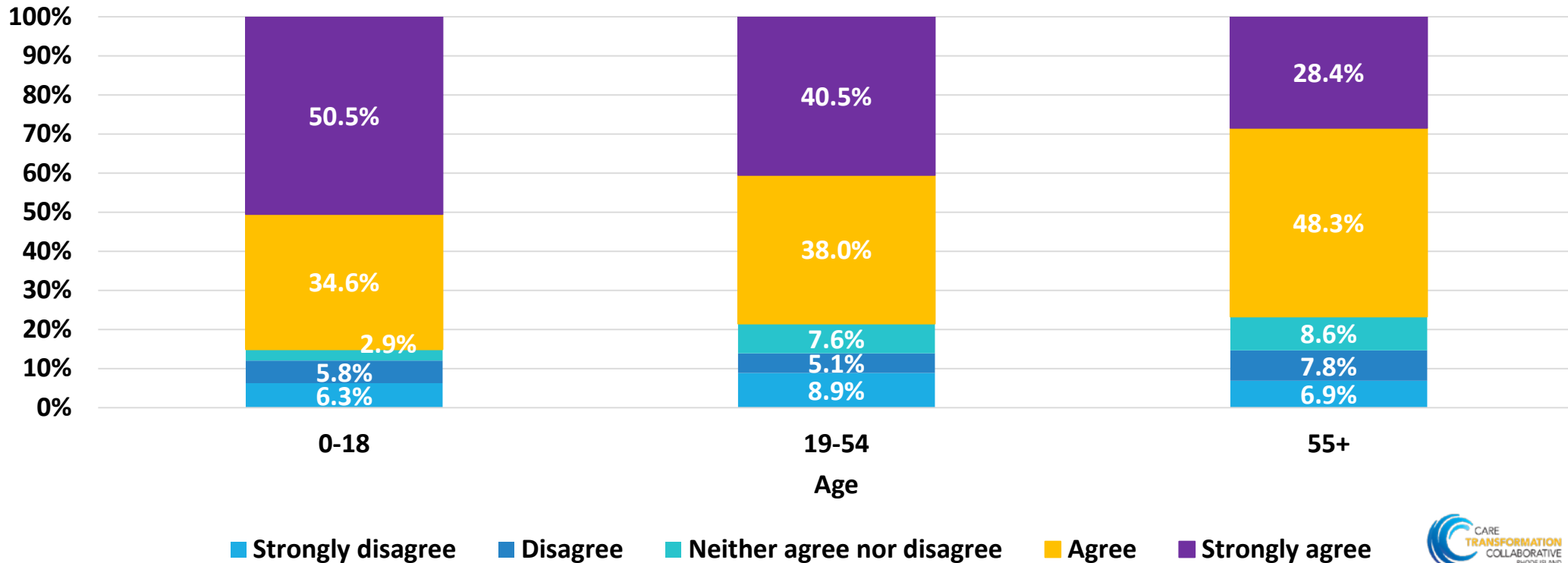
How much do you agree with the following statement? The phone or video visit was able to address what was bothering me/the patient.



# Telehealth Initiative

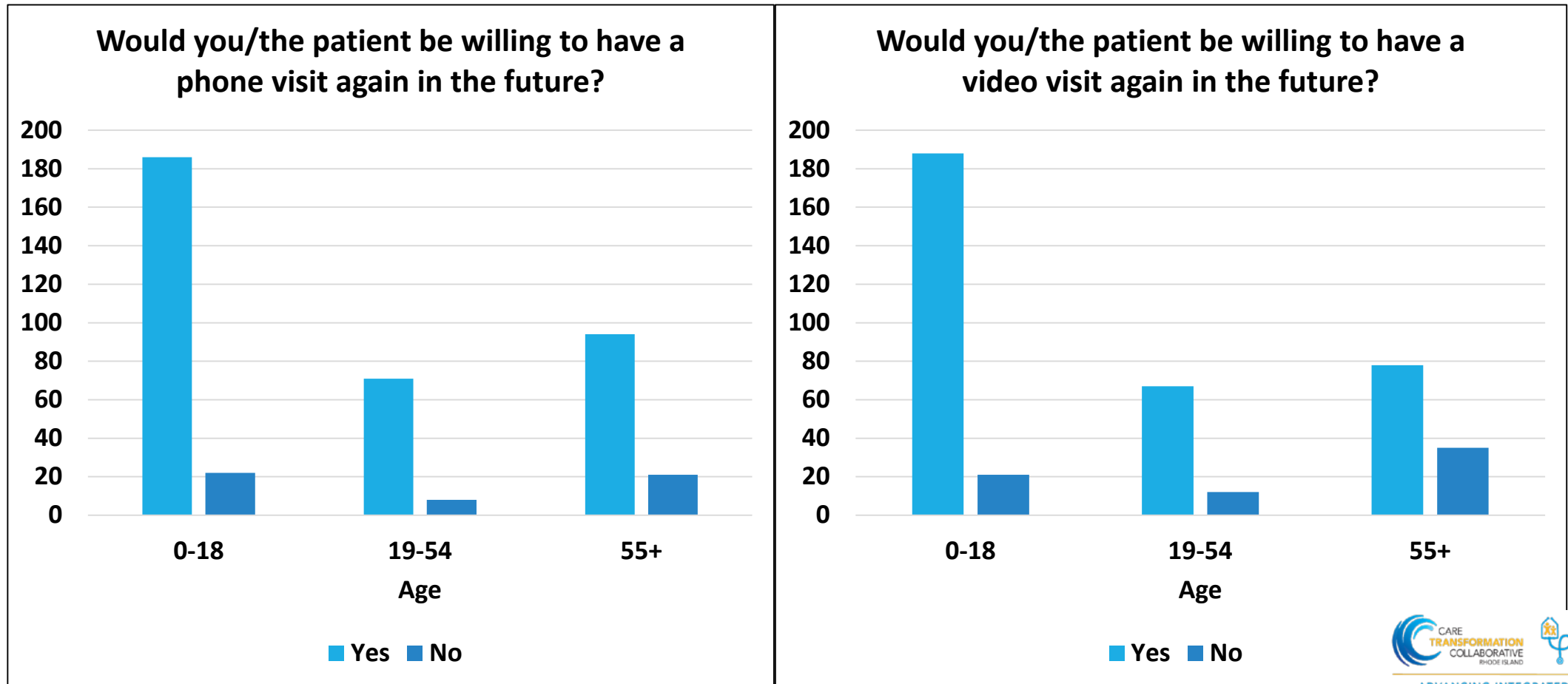
## Phase 1 Practice & Patient Needs Assessment Patients who HAVE had a telehealth visit

How much do you agree with the following statement? Overall, I/the patient was satisfied with the phone or video visit.



# Telehealth Initiative

## Phase 1 Practice & Patient Needs Assessment Patients who HAVE had a telehealth visit – group by age



# Telehealth Initiative

## Phase 2 Advancing Team-Based Telehealth in Rhode Island Webinar Series 2020 – 2021

	Topics*	Title/Presenters/Contributors	Date/Time
1.	Reimbursement	"Rhode Island Telehealth Sustainability Strategies - Coding & Billing"  Presenters: Peter Hollmann, MD, Andrea Galgay, Christina Quinlan, Andrew Solomon, NETRC	Nov 19, 2020 12 – 1 pm
2.	Technology	"Telehealth Technology: A Lay of the Land & Envisioning the Future of Technology Integration"  Presenters: Jerry Dubois, Reid Plimpton, NETRC, possibly a UVM sme	Jan 27, 2021 12 – 1 pm
3.	Workflow	"Best Practices for Telehealth Workflow/Etiquette"  Presenters: Marna Heck-Jones, Anchor Medical; Lisa Denny, MD, Barrington Family Medicine	Feb (end) 12 – 1 pm
4.	Community Health Worker (CHW) training	"Tools to help Community Health Workers help clients with telehealth"  Contributors: Linda Cabral, Sarah Lawrence, Age Friendly RI, NETRC part of planning, presenters TBD	March
5.	Remote Patient Monitoring (RPM)	"Remote Patient Monitoring for patients with chronic conditions"  Contributors: Jerry Dubois, Reid Plimpton, NETRC, possibly a practice, presenters TBD	March/April
6.	Pediatric Patients and telehealth	"Best Practices for Telehealth with Pediatric Patients"  Contributors: Jerry Dubois, Reid Plimpton, NETRC, possibly a practice, presenters TBD	May
7.	Adult Patients and telehealth	"Best Practices for Telehealth with Adult Patients"  Contributors: Jerry Dubois, Reid Plimpton, NETRC, possibly a practice, presenters TBD	June

# Telehealth Initiative

## Phase 3 12-month Learning Collaborative

### “Using Technology to Improve Care for Patients with Chronic Conditions”

**20** practices participating; 10 pediatric / family medicine practices - chronic condition

- Anchor Pediatrics - Anxiety
- Barrington Family Medicine - Diabetes, hypertension, obesity, asthma
- Barrington Pediatrics - Patients with COVID and another comorbid mental health diagnosis (ADHD, anxiety, depression) or higher risk SDOH
- Hasbro Medicine Pediatrics - Asthma
- Hasbro Pediatric Primary Care - Asthma
- Kingstown Pediatrics - ADHD, Depression, Anxiety
- Santiago Medical Group (N. Prov & Pawtucket) - Diabetes, blood pressure, liver enzymes, obesity
- **New to PCMH Kids Family**
  - **Encompass Pediatrics and Family Medicine** - Asthma, diabetes, hypertension
  - **PRIMA, Inc** - ADHD, depression, anxiety, asthma, obesity, hypertension
  - **Richard Ohnmacht** - ADHD, Depression, Anxiety

Each practice site will receive payment of \$20,000-\$22,000.





# Healthy Tomorrows Initiative

*Funded by Health Resources and Services Administration (HRSA)*

## *5 year Program*

### *Goals*

- PCMH-Kids practices and FHV programs have the tools, data and work flows needed to integrate care coordination
- PCMH-Kids practices and FHV programs acquire knowledge, skills and relationships for integrating care coordination through participation in a year-long Learning Collaborative
- PCMH-Kids practices and FHV programs develop and implement strategies to support family engagement in primary care and FHV programs
- Integrated Care Coordination activities will continue after the period of federal funding ends.

*Year 1 (Mar 2020 – Feb 2021) – Planning Year*

*Year 2 (Mar 2021 – Feb 2022) – Pilot with 2 FHV programs + 2 practices*

# Other Potential Projects / Programs

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## **Health Care Transitions: Pediatric to Adult Care**

- Purpose: Improve the transition of medical care from Pediatric to Adult Care
- Appetite for a Learning Collaborative / best time to launch?

## **Childhood Obesity**

- Funding and timing to be determined

## **IBH Telehealth & Behavioral Health Distinction Learning Collaborative**

- Call for Applications coming soon
- Launch in March

## **Pediatric Comprehensive Primary Care**

- Different approaches will be necessary for different kinds of practices
- Follow up discussions are needed
- OHIC webinar for primary care practice organizations on prospective primary care payment - February 9<sup>th</sup> from 7:30am-8:30am.

Continue with  
monthly virtual  
coffee breaks  
with Pat &  
Beth?



# Open Discussion



*Announcement: Practice Reporting / Transformation meetings now quarterly*

# Resources

## Pediatric Psychiatry Resource Network (PediPRN)



# Expanded Behavioral Health Services in Kent and Washington Counties



# Thundermist has behavioral health services available for the children of Kent and Washington Counties.

Thundermist Health Center developed expanded services to address the pediatric behavioral health crisis and help Kent and Washington County families.

AND

Support development of the workforce of the future in the area of pediatric psychiatry.



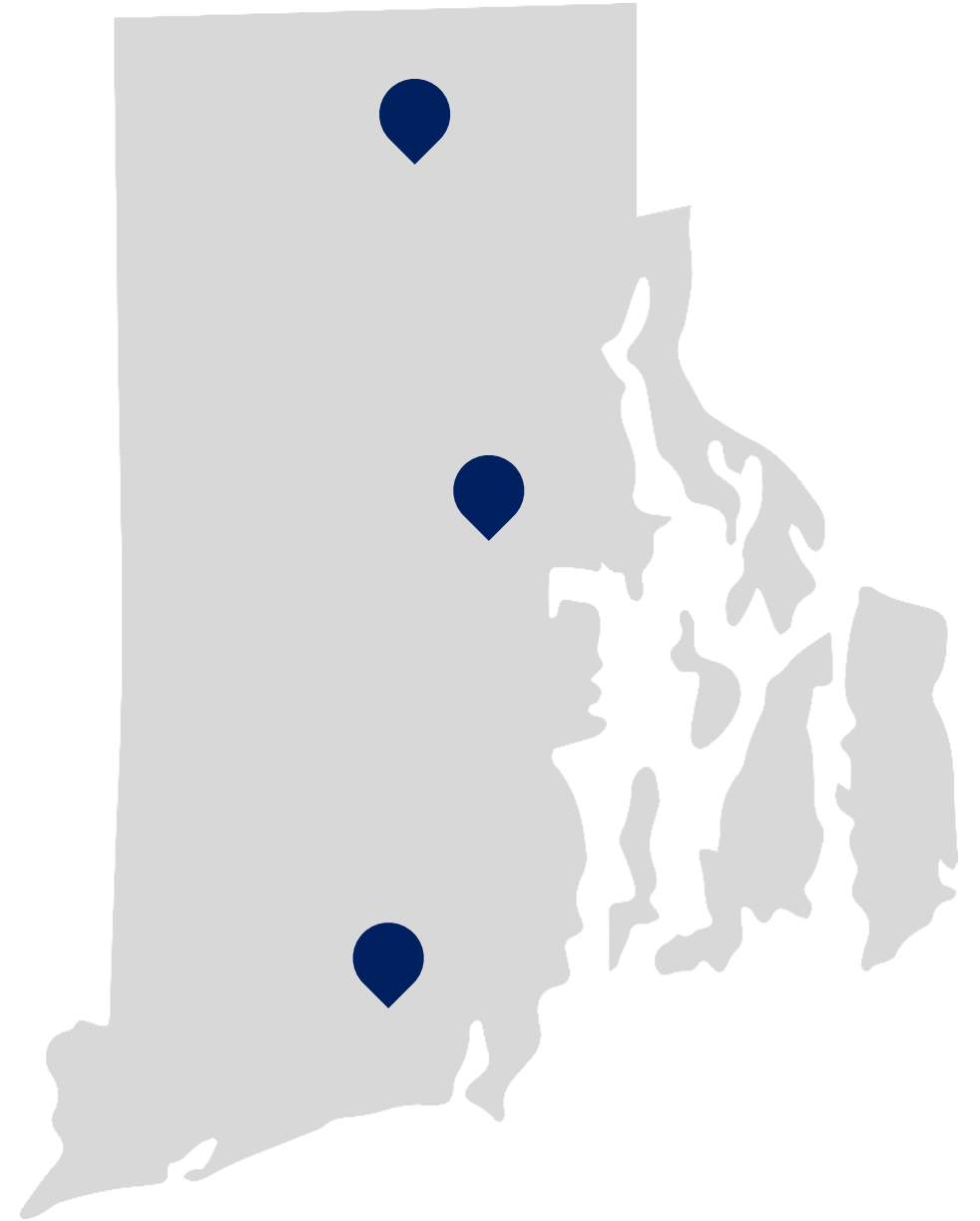
# Training the Next Generation of Healthcare Professionals



- **Psychiatric Nurse Practitioner Fellowship**
- Family Medicine Physician Residency
- Family Nurse Practitioner Fellowship
- Maternal Child Health Fellowship
- Global Maternal Child Health Fellowship

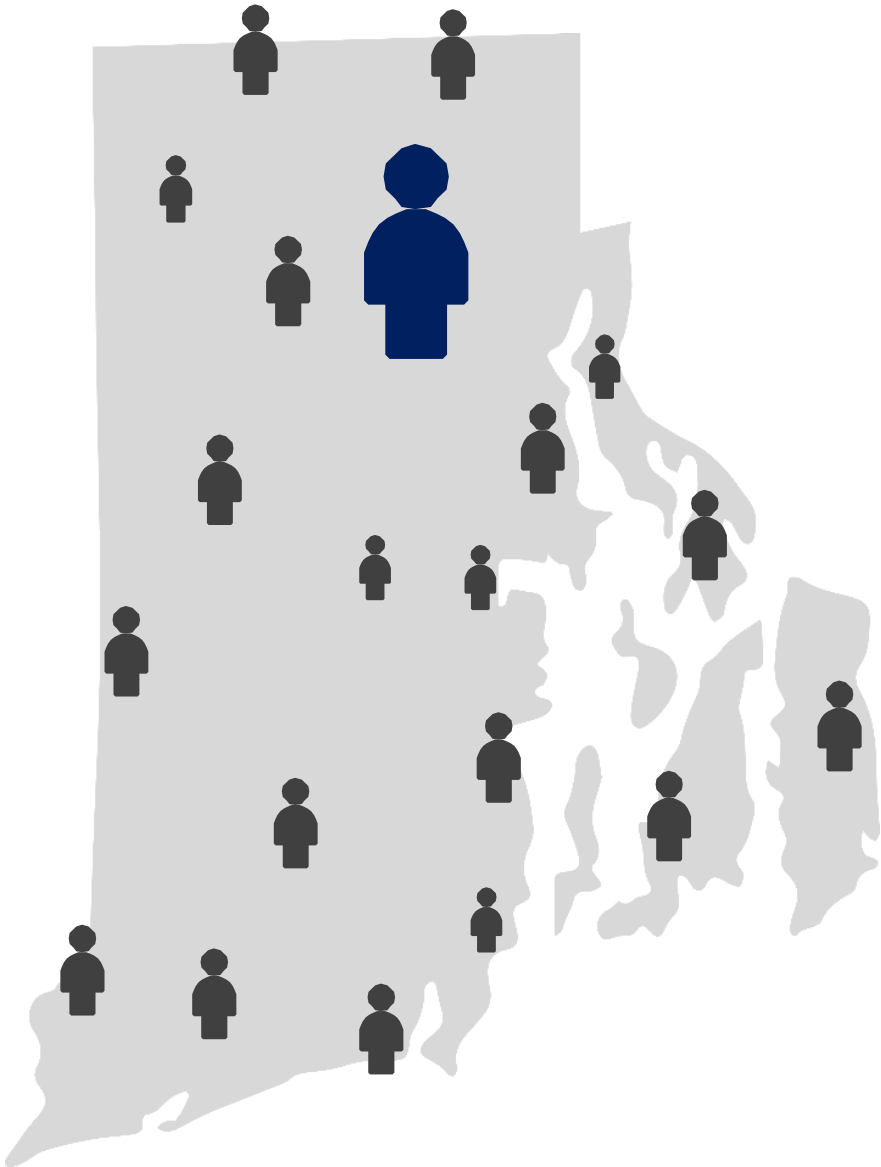
## Thundermist Health Center

- 1 River St., Wakefield
- 186 Providence St., West Warwick
- 450 Clinton St., Woonsocket





**Thundermist serves  
one in 20 Rhode  
Islanders**



Last year, **1,096 Rhode Island children** under age 19 enrolled in Medicaid/Rlte Care **were hospitalized due a mental health related condition, and 2,246 children had a mental health related emergency department visit.**

**– 2019 RI Kids Count Factbook**

The Washington County Coalition for Children found nearly **300 area youth underwent emergency mental health evaluations. More than half of these children were hospitalized.**



# Community Impact

- **213 unique patients served**
- **1584 visits**

\*Data as of 12/28/20





## Testimonials

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“Behavioral health care at a young age is so important. Especially now. I am so grateful that I was referred to Thundermist for my daughter. I have seen a big improvement and it is great to know people actually care about our kids.

She has gone through a lot over the past year, we moved to a new school and I lost my job. Now she gets help for her separation anxiety and ADHD. Even during the pandemic, they can help through virtual visits or over the phone.”

**- Christie’s daughter was referred to Thundermist for Behavioral Health Care after years of mental health issues and ADHD.**



# Testimonials

“I used to get frustrated with the numerous mental health appointments in my daily schedule until the Thundermist Behavioral Health Center opened its doors.

Now, I am able to refer my patients to a trained mental health provider who can provide counseling and medication management. It has made my work load easier, but more importantly, it provides my patients with the care they need - something I was finding a hard time doing by myself.

My patients and their families are overjoyed with how quickly they can be seen and completely satisfied with the care they receive. This program is a complete success for my practice, my patients, and the community!”

**- Dr. Roger Fazio, Wakefield Pediatrics**

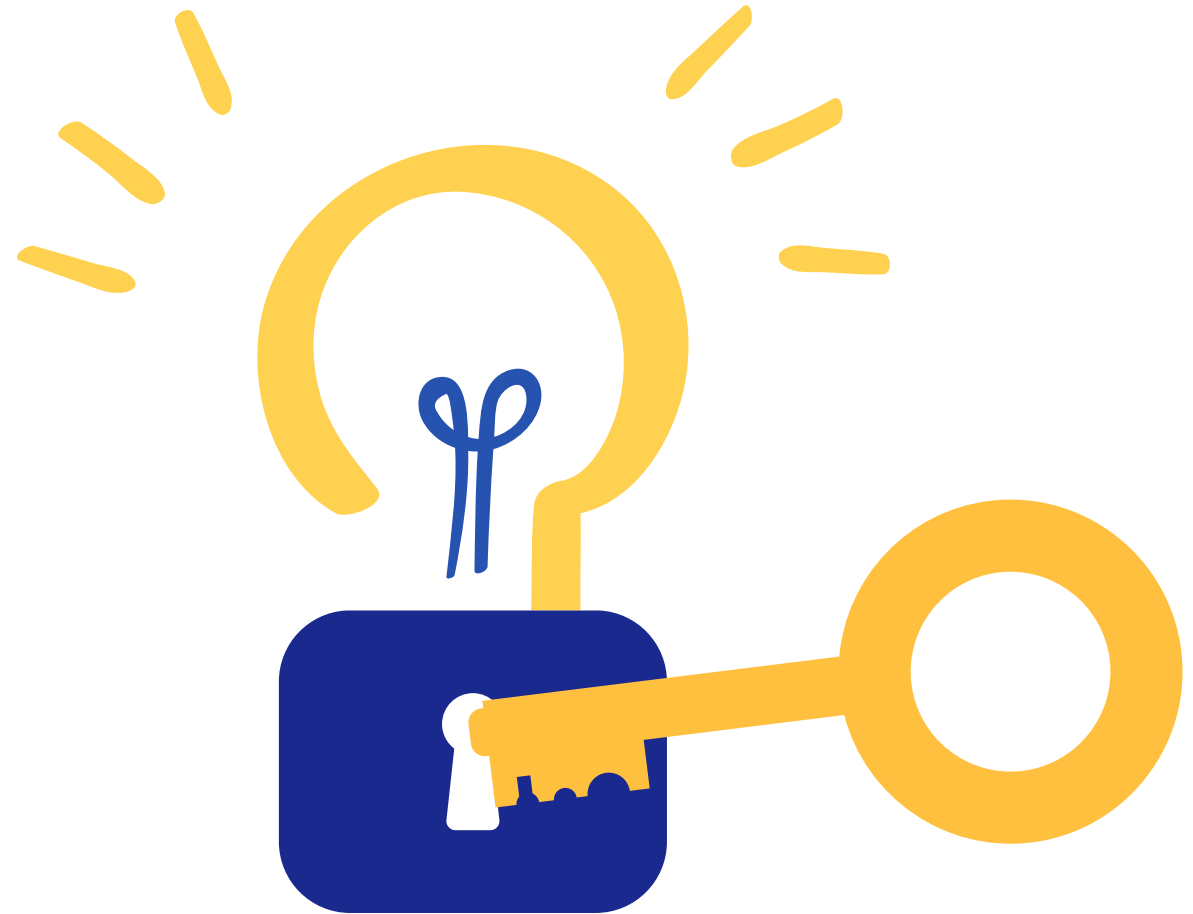


**In 2019, piloted new service with Narraganset Bay  
Pediatrics**

**Now, expanded to most practices in Washington  
County including:**

- **Wakefield Pediatrics**
- **South County Pediatrics**
- **Ocean State Pediatrics**
- **Wood River Health Services**

**Care  
Coordination  
is Key**



## **Services include:**

**Psychiatric evaluations**

**Medication evaluations**

**Counseling provided in an outpatient setting**

**Virtual visits are available**

Patients do not need to receive primary care at Thundermist.

Patients will be cared for by a robust team of behavioral health providers.

There will be ongoing communication and collaboration with the patient's medical provider to ensure an integrated approach to care.



# The care team includes:

## Clinical Coordinator

Deborah Doran, LICSW  
**Education:** Simmons College  
**Years of Experience:** 21

## Psychiatric Nurse Practitioners

Virginia Curtis, PMHNP  
**Education:** Boston College

Marie Martin, PMHNP  
**Education:** Walden University

Beth Cleary, PMHNP  
**Education:** Northeastern University

## Psychiatric Nurse Practitioner Fellows

Nickesha Mckenzie MSN, RN, PMNHP-BC  
**Education:** Walden University

Shaylah Morse, PMNHP  
**Education:** University of Rhode Island

## Fellowship Preceptors

Alexandra Chabot, PMHNP  
**Education:** Boston College  
**Years of Experience:** 6

Laura Davidson, DNP, PMHNP  
**Education:** Arizona State University  
**Years of Experience:** 11

Jason Rafferty, MD, MPH, EdM  
**Education:** Harvard Medical School  
**Years of Experience:** 7

Mary Rose, MS, PMHNP, CCM  
**Education:** Rivier College  
**Years of Experience:** 33

Claire Williams, MD  
**Education:** Brown University, Warren Alpert Medical School

## Behavioral Health Clinicians

Carol Albeck, LMHC  
**Education:** Marymount University  
**Years of Experience:** 24

Elizabeth Carter, LMHC  
**Education:** Santa Clara University  
**Years of Experience:** 23

Christine Forte, LICSW  
**Education:** Fordham University  
**Years of Experience:** 20

Camille Wingate, LMHC  
**Education:** St. Mary's College  
**Years of Experience:** 28

Rebecca Rogers, LICSW  
**Education:** Rhode Island College

Kristen Zaleski, LCSW

Emily Flavin, LMHC

Allison Parkhurst, LMFT

# REFERRALS



## THUNDERMIST BEHAVIORAL HEALTH REFERRAL FORM PATIENT INFORMATION

Patient Name	Date of Birth	Gender
Parent/Guardian Name	Preferred phone number	
Home Address		
City, State, Zip		
Health Insurance	Policy Number	
Primary Care Physician	Phone Number	

## REFERRAL INFORMATION

Date of Referral	Referring Provider (if not PCP)
Reason for Referral/Clinical Question and brief history of concern	
Current Problem List	
Current Medications	
Current Behavioral Health Treatment (if any)	
Confidentiality Concerns <input type="checkbox"/> Y <input type="checkbox"/> N	Safety Concerns <input type="checkbox"/> Y <input type="checkbox"/> N
Primary goals for initial psychiatric visit	
Parents:	Child:

## THUNDERMIST BEHAVIORAL HEALTH REFERRAL FORM RELEVANT HISTORIES

PSYCHIATRIC			
Prior Diagnoses/Problems			
Prior Outpatient Treatment			
Prior Inpatient/Partial/Residential Treatment			
Previous Medication Trials			
Previous Testing/Evaluations			
History of suicidality? Y/N Specify:		History of non-suicidal self-injury? Y/N Specify:	
EDUCATIONAL/VOCATIONAL			
School	Grade	IEP	504 Plan
Special Ed Services	School refusal or truancy? Y/N Specify:		
Change in academic performance? Y/N Specify:	Employment (if any)		
SUBSTANCE USE			
Tobacco/nicotine:			
Alcohol:			
Marijuana:			
Other substances:			
LEGAL			
Court or other legal involvement? Y/N Specify:		DCYF involvement? Y/N Specify:	
ADDITIONAL INFORMATION			
Available external documents		Other	

# Program Qualifications

- All referrals must come from the patient's primary care provider
  - The primary care provider must designate a point of contact for coordination. The provider must also be willing to give relevant medical updates.
  - Patient can maintain relationships with outside therapists, but:
    - Will have at least a reassessment visit with a Thundermist counselor
    - The outside counselor must be aware of the referral, in agreement with the referral, and willing to coordinate with Thundermist.
    - The patient must meet the requirements for an outpatient level of care (does not require intensive home-based, intensive outpatient, partial hospitalization, or inpatient care).
  - Priority will be given to children under the age of 19.
  - Sliding fee scale available and most insurances accepted.
  - Assistance paying for medication is available for eligible patients
- \*Diagnostic Interviews with counselors generally occur within 2 weeks of completed referrals and within 3 weeks for psychiatric appointments.

# Additional On-Site Services

- Clinical Pharmacists
- Trans Health Access Team
- On-site laboratory
- Medication-Assisted Treatment
- Walk-In Medical Services
- Social Services
- School-Based Health Centers
- Dental

Visit [www.Thundermisthealth.org](http://www.Thundermisthealth.org) for a full list of services.



## **Program Coordinator:**

Deborah Doran, LICSW

[DeborahDo@ThundermistHealth.org](mailto:DeborahDo@ThundermistHealth.org)

Phone: (401) 783-0523 ext. 1127

Fax: (401) 782-0858

