

**The Strategic Training Initiative for the Prevention of Eating Disorders (STRIPED)  
invites you to join us for a new...**

**Webinar and e-Course**

**Title:** Symptom Recognition & Referral to Treatment for Eating Disorders in  
Pediatric Primary Care Settings

**Audience:** Pediatric Primary Care Providers Serving Children, Adolescents, and/or Young Adults

**Register [Here](#)**

**Presenters and Affiliations:**



**Sara Forman, MD**  
Clinical Chief, Division of Adolescent/Young  
Adult Medicine; Attending Physician, Division  
of Adolescent Medicine  
Associate Professor of Medicine & Pediatrics  
Harvard Medical School



**Holly Gooding, MD, MSc**  
Section Head for Adolescent Medicine,  
Division of General Pediatrics  
Associate Professor of Pediatrics  
Emory University School of Medicine

**Cost:** FREE

<b>Continuing Medical Education (CME) options for MDs and nurses:</b>			
<b>OPTION 1:</b>	Pre-webinar survey + Webinar + Post-webinar survey	1+ hour	<b>1 CME credit</b>
<b>OPTION 2:</b>	Pre-webinar survey + Webinar + Post-webinar survey + Spaced learning questions* + Follow-up survey	3 hours – over the course of 2 months	<b>3 CME credits</b>

\* Brief reinforcement questions/answers delivered to your mobile device or email over the course of eight weeks following the webinar (2 questions at a time, delivered 2-3 times per week)

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**Webinar:** Screening, Symptom Recognition & Referral to Treatment for Eating Disorders in Pediatric Primary Care Settings

**Abstract:**

Effective treatments for a range of eating disorders (EDs) are well-established, yet the majority of those who struggle with an ED never receive treatment. This is especially true for males, communities of color, and people living in larger bodies, resulting in significant disparities in diagnosis and treatment. Over the past several years, there has been a growing call for clinical training for pediatric primary care providers focused on how to recognize the signs and symptoms of eating disorders in children, adolescents, and young adults, as well as how to perform screening and appropriately refer patients to specialized care. To answer this call, the Strategic Training Initiative for the Prevention of Eating Disorders (STRIPED) based at Boston Children's Hospital and the Harvard T.H. Chan School of Public Health, is offering a free online education program.

**Learning Objectives:**

By the end of the webinar, participants will be able to:

1. Recognize the types and consequences of EDs and gaps in care among children, adolescents and young adults in the United States.
2. Identify potential signs and symptoms of EDs in children, adolescents, and young adults and perform screening with a validated questionnaire.
3. Use an interactive online tool to identify local specialists and refer patients when screening indicates concern.

Several resources for health care providers will be provided, including a demonstration of an online interactive tool to identify local eating disorders specialists.

**If you have any questions, please contact the STRIPED Program Coordinator, Julia Vitagliano, at [Julia.Vitagliano@childrens.harvard.edu](mailto:Julia.Vitagliano@childrens.harvard.edu).**

**Register [Here](#)**