



RI MomsPRN
Maternal Psychiatry Resource Network

Calling RI MomsPRN

RI MomsPRN is a psychiatric telephone consultation and support service that can help healthcare providers with diagnosis, treatment planning, and medication management of pregnant and postpartum patients experiencing depression, anxiety, substance use disorder, or other mental health concerns.



Call 401-430-2800
Monday – Friday, 8 a.m. – 4 p.m.

RI MomsPRN Staff

- **Zobeida Diaz, MD**; Perinatal Psychiatrist
- **Margaret Howard, PhD**; Perinatal Psychologist
- **Eva Ray, LICSW**; Perinatal Resource and Referral Specialist



When calling RI MomsPRN, please be prepared to provide the following information to the Resource and Referral Specialist:

Provider Information

- ✓ Provider name
- ✓ Practice name
- ✓ Call-back phone number
- ✓ Best time(s) for a callback
- ✓ Did patient consent to provider contact with RI MomsPRN?
- ✓ Primary concern or question

Patient Information

- ✓ Patient name
- ✓ Patient insurance information and demographics (date of birth, race, ethnicity, address)
- ✓ Reproductive status
 - Number of weeks pregnant/postpartum
 - Pre-conception
 - Perinatal loss
- ✓ Lactation status
- ✓ Current and past psychiatric diagnoses and medication(s)
- ✓ Safety concerns
 - Current or past suicide ideation and/or attempt?
 - Risk to self or others?

Additional Information (if applicable/available)

- ✓ Screening tools administered and scores
 - EPDS
 - PHQ-9
- ✓ Pertinent psychosocial history
- ✓ Pertinent family psychiatric history



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