

BEHAVIORAL HEALTH CONCERN	SCREENING TOOL	DESCRIPTION	ACCESSIBILITY
Depression	EPDS Edinburgh Postnatal Depression Scale	<ul style="list-style-type: none"> • Self-administered • 10 items • Less than five minutes to complete • Less than one minute to score • Please note item 10 assesses self-harm 	<ul style="list-style-type: none"> • Free • Available in many languages, including English, Spanish, and Portuguese • 3rd-6th grade reading level
	PHQ-9 Patient Health Questionnaire-9	<ul style="list-style-type: none"> • Self-administered • Nine items • Less than five minutes to complete • Less than one minute to score • Please note item 9 assesses self-harm 	<ul style="list-style-type: none"> • Free • Available in many languages, including English, Spanish, and Portuguese • 5th-7th grade reading level
Anxiety	GAD-7 Generalized Anxiety Disorder 7-item	<ul style="list-style-type: none"> • Self-administered • Seven items • Less than five minutes to complete • Less than one minute to score 	<ul style="list-style-type: none"> • Free • Available in many languages, including English, Spanish, and Portuguese
Substance Use Disorder	DAST-10 Drug Abuse Screening Test	<ul style="list-style-type: none"> • Self-administered or interview • 10 items • Five minutes to complete • Less than one minute to score • Screens for drugs only 	<ul style="list-style-type: none"> • Available in English and Spanish • Recommended to use along with an alcohol screening tool
	AUDIT-C Alcohol Use Disorders Identification Test - Concise	<ul style="list-style-type: none"> • Self-administered or interview • Three items • Less than two minutes to complete • About 15 seconds to score • Screens for alcohol only 	<ul style="list-style-type: none"> • Free • Available in English and Spanish • Recommended to use along with a drug screening tool
	NIDA Quick Screen	<ul style="list-style-type: none"> • Administered via interview • Four items and eight follow-up items (if prompted) • Screens for alcohol, tobacco, prescription drugs, and illegal drugs 	<ul style="list-style-type: none"> • Free



For more information about this resource, please call **401-430-2800** or send a secure email to **RIMomsPRN@CareNE.org** to request a teleconsultation call-back.



Women & Infants