Rhode Island Diabetes Health Equity Challenge Change Package

Purpose: This change package includes process recommendations and tools offered to RI clinical-community teams as ways to address needs in each of the P2PH portfolios. The change package has been developed as a resource to develop clinical-community linkages and improve the lives of people living with diabetes during the COVID-19 crisis and beyond.

Project Phases (Click the link to go directly to the phase)
1. Launch Session (April 30, 2020)
2. Between Session Work (May 1-13)
3. Learning from the person, planning for the population (May 14)
4. Between Session Work (May 15-May 27)
5. Action Phase Planning Session (May 28)
6. Between Session Work (May 28-June 19)
7. Action Phase Launch (June 19)
8. Between Session Work (June 19-September 18)
9. Sustainability / Celebration (September 18)

Launch Session (April 30, 2020)		
Tool/Resource	Description	How to use it
Slides used in Launch Webinar (April 30th)	Overview of the approach we are taking	To ground yourself
Pathways to Population Health (P2PH) Tool	Our work will be based on this tool developed by the 100 Million Healthier Lives movement.	To help visualize how clinical-community linkages promote equity.
P2PH Compass Tool	Tool to help you assess your base systems to build clinical-community collaboration	Organizations score each section to assess the current system, then make a plan to improve.

Case studies for risk-stratifying your population across physical, behavioral health, social well-being and place-based risk	Tools to help you understand who might be at greatest risk of a poor outcome.	Complete the process to see the risks of your population.
Asset mapping across clinical and community	Tools to document the assets which can be built on to create sustainable change.	Think about what resources are available and fill in the worksheet. Use these as building blocks as you develop partnerships.
Stakeholder Engagement Plan	Tool to help identify who will be most influential in helping you be successful.	Identify potential partners, prioritize their involvement, and create a plan to engage them.

Between Session Work (May 1-13)		
Tool/Resource	Description	How to use it
1. Attend the team weekly huddles - Huddle Agenda template: ● PAWTUCKET ● EBCAP	Template to structure your team's weekly meeting time.	Structure your regular meetings to be efficient and effective check-ins.
2. Engage key stakeholders - leaders, influencers, people with lived experience and develop a Stakeholder Engagement Plan	Tool to help identify who will be most influential in helping you be successful.	Identify potential partners, prioritize their involvement, and create a plan to engage them.
3. Understand your population ● Speak with at least 7 people with diabetes and equity challenges. Use their experiences to develop key themes of needs/opportunities to place into the asset map (below). ● Other tools that can be helpful in understanding your population are below.	Tools and strategies to help you understand your population	Complete the exercises to increase understanding and empathy. Use these skills to improve how you develop solutions.

○ Empathy map ○ Stories to system change		
4. Map priority needs that emerge into the asset map Asset mapping across clinical and community	Tools to document the assets which can be built on to create sustainable change.	Think about what resources are available and fill in the worksheet. Use these as building blocks as you develop solutions.
5. Risk stratify your population. Feel free to use an existing tool if you are already doing this! But if you are looking for simple, creative options that help you stratify based on the well-being of people, well-being of places and equity, we have some options for you.	Tools to highlight the sometimes unique risks of your population. Understanding the risks will help to shape your theory of change.	Complete the process to see the risks of your population.
6. Complete P2PH Compass P2PH Compass Tool	Tool to help you assess your base systems to build clinical-community collaboration	Organizations score each section to assess the current system, then make a plan to improve.

7. Special tools to engage people with lived experience
    ● Lived Experience Toolkit
    ● Engaging people with lived experience
	Engaging those who are most affected by your work is a first step in improving health equity and a core component of the Health Equity Challenge.	To help you identify and engage a person (people) with lived experience to be part of your improvement team

8. Attend Coaching Webinar on 5/12 at 2pm: *Achieving Better Results with People with Lived Experience* **Zoom Link:** https://weintheworld-org.zoom.us/j/97729468493	Coaching session introducing an engagement framework and practical toolkit to engage community members, improve outcomes, and reduce inequities	Familiarize your team with tools and join in a discussion to help deeply and meaningfully engage PLE.
9. Register for May 14th Launch session: Click here to register [eventbrite.com]	Our next gathering to prepare stakeholders and our cohort teams for action.	Click the link to register for the event.

Learning from the person, planning for the population Session (May 14)

Tool/Resource	Description	How to use it
[Slides for May 14th meeting](#)	Overview of the approach we are taking to building a balanced portfolio	To provide context to developing a balanced portfolio
Developing a Balanced Portfolio Worksheet (open with Word Desktop app to edit) ● [EBCAP](#) ● [PAWTUCKET](#)	This worksheet will help you to develop a balanced portfolio using the Pathways to Population Health tool as a guide to thinking about how to improve the health and wellbeing of people and places.	Use the worksheet to guide your brainstorm about strategies which together, create a balanced portfolio addressing the emergent needs of your population.
[Introduction to using Driver Diagrams](#)	A video of Robert Lloyd, IHI Vice President, uses his trusty whiteboard to demonstrate key improvement methods and tools.	Use this video as an introduction to driver diagrams as a tool to visualize your theory of change, and hone where you want to work.
Developing a driver diagram	A visualization of your theory of change. This can be used to identify where your work will focus while acknowledging the entire system.	Use this guide to develop and /or revise yourteam's theory of change
Choosing measures aligned with your driver diagram		
Model for Improvement	Resource to describe the model for improvement because "not all change is improvement."	Reference this resource to remind you of the process as you engage in your improvement work.
PDSA Rapid Cycle Testing	Resource to describe the process of using rapid, short time periods to test your theory. Learn from your tests to make improvement.	Follow the guide to implement rapid cycle tests, document your learning, and make better decisions about how to move forward.

Between Session Work (May 15-May 27)		
Tool/Resource	Description	How to use it

Developing a driver diagram	A visualization of your theory of change. This can be used to identify where your work will focus while acknowledging the entire system.	Use this guide to develop and /or revise your team's theory of change

Action Phase Planning Session (May 28)		
Tool/Resource	Description	How to use it
Using a driver diagram	Tool to help adjust your theory of change, and use it to prioritize action, while acknowledging the entire system.	Use this guide to develop and /or revise your team's theory of change
Creating an action plan that is a balanced portfolio	Tool to help you balance portfolios of activities to achieve impact over the short, medium and long term	Map your activities to the template and assure you have elements of each portfolio represented
Developing an action plan	Tool to help walk through the process of articulating your plan	Fill in the template including what needs to be done, by when, and the person who is responsible for ensuring it is done.
Menu of Options for P2PH Portfolios		
Setting an ambitious aim	Guide to creating a stretch-goal which is specific, measurable, attainable, realistic, and time-bound.	Use the guide to articulate your team's agreed upon goal for the Challenge.
Designing an Equity Action Lab		
Storyboard Template		