



ADVANCING INTEGRATED HEALTHCARE

Welcome

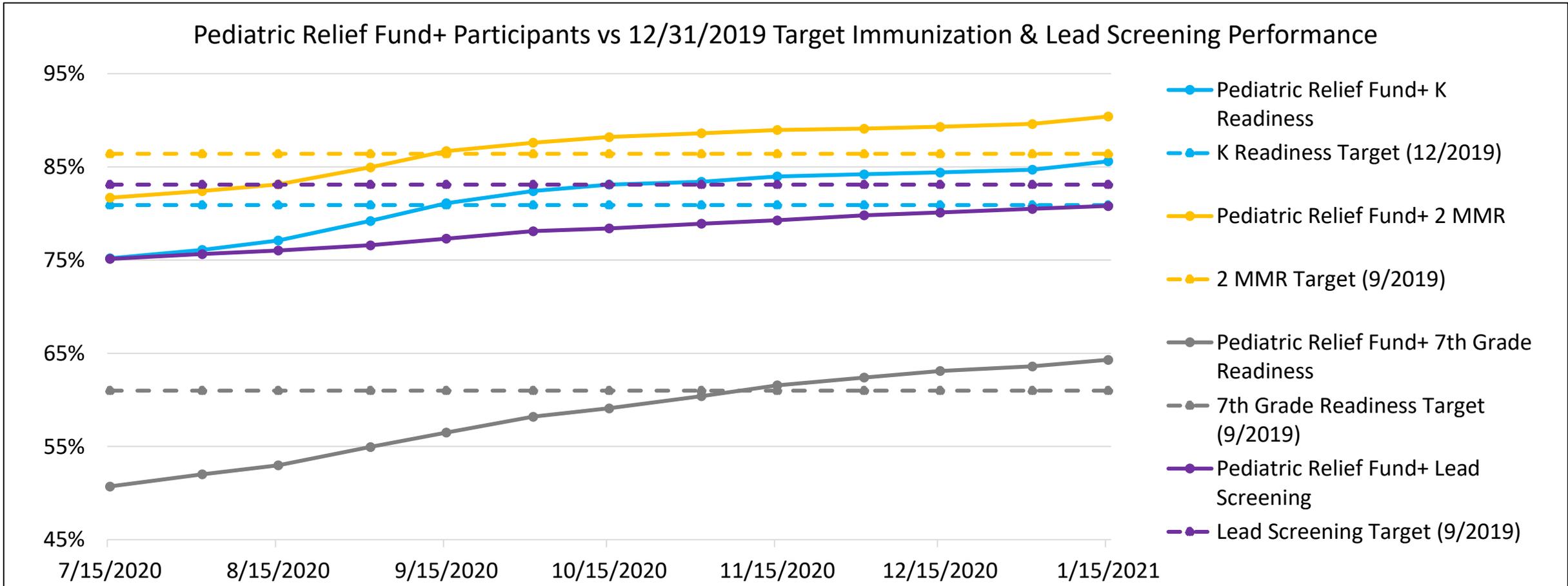
NURSE CARE MANAGER/CARE COORDINATOR MEETING

FEBRUARY 16, 2021

Agenda

Topic <i>Presenter(s)</i>	Duration
Welcome & Review of Agenda <i>Susanne Campbell, CTC-RI</i>	5 minutes
Responding to Needs : Discussion Children needing immunizations Adolescents needing well child care Identifying children/families at risk	30 minutes
Resources : Adolescent Well Child Mental Health : PEDI PRN Sarah Hagan PhD	30 minutes
Adolescent Well Child Pat Flanagan MD FAAP	25 minutes

Responding to Needs: Children needing immunizations



Responding to Needs: Children needing immunizations

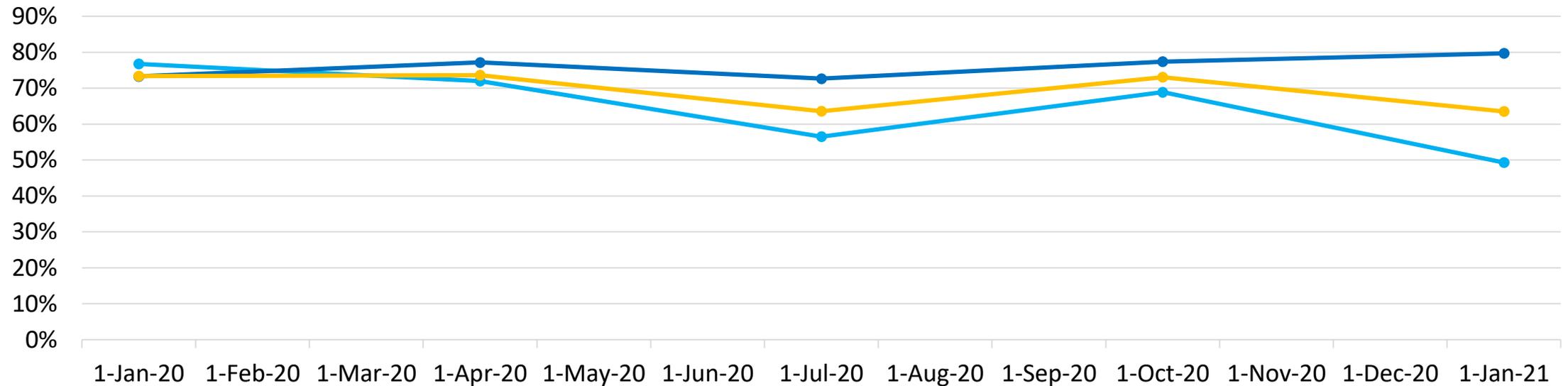
Discussion from the following:

- Jennifer Papagolos, Tri-County
- Amy Perry, PCHC
- Cristen Atehortua and Evelin Granados, Santiago
- Ocean State Pediatrics: Jenn Castro
- Partners in Pediatrics: Dr. Vieau

What intentional actions did the teams take to achieve these outstanding results?

Responding to Needs: Adolescents needing well child care

Adolescent Well Child visits



	15-Jan-20	15-Apr-20	15-Jul-20	15-Oct-20	15-Jan-21
avg FQHCs	76.8%	72.0%	56.5%	68.9%	49.3%
avg non FQHCs	73.3%	77.2%	72.7%	77.4%	79.7%
avg all practices	73.4%	73.7%	63.6%	73.1%	63.5%

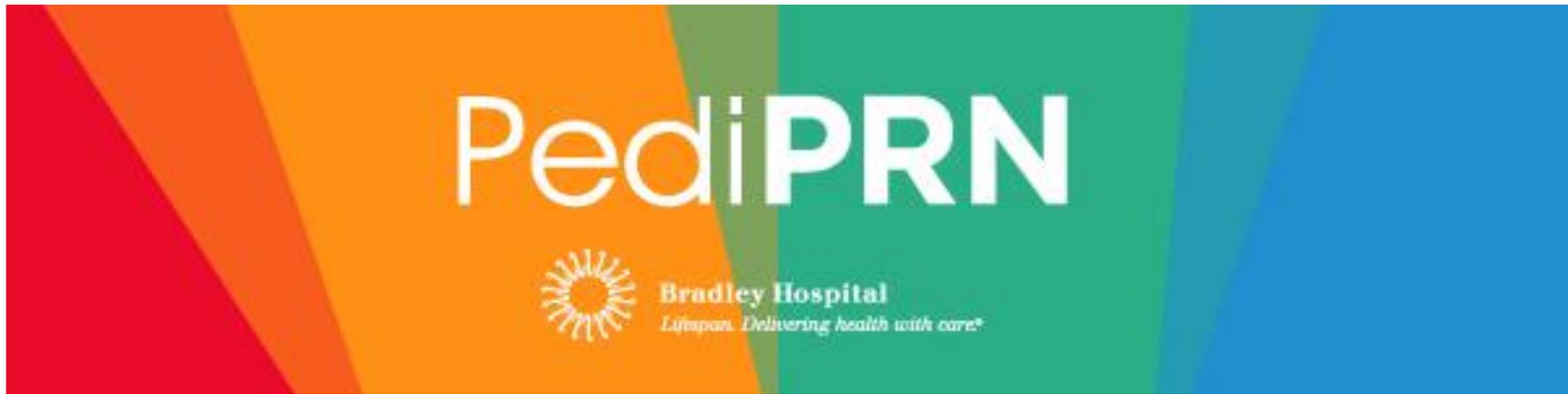
Responding to Needs: Adolescents needing well child care

Discussion from the following:

- Jennifer Papagolos, Tri-County
- Amy Perry, PCHC
- Cristen Atehortua and Evelin Granados, Santiago
- Ocean State Pediatrics: Jenn Castro
- Partners in Pediatrics: Dr. Vieau

What challenges and successes have the teams had in providing access to adolescent well child visits?

What intentional actions might be taken by the team at this time to improve access to adolescent well child visits?



Empowering pediatricians to support children's mental health.

RI's Pediatric Psychiatry Resource Network

Sarah Hagin, PhD
PediPRN Program Manager



- **PediPRN = Pediatric Psychiatry Resource Network**
- **Modeled after MCPAP- Massachusetts Child Psychiatry Access Project**
- **Innovative model of telephonic consultation and collaboration between pediatric primary care and child psychiatry providers.**
- **It is designed to help pediatric primary care providers meet the behavioral health care needs of children in their practices.**
- **Home location: Lifespan – Bradley, RI, and Newport Hospitals**
- **Grant initiated 12/15/16**
- **Funding**
 - **Health Resources and Services Administration (Pediatric Mental Health Care Access) RI Department of Health**
 - **Rhode Island Foundation**
 - **VanBeuren Charitable Foundation**
 - **BCBS-RI**

Service is available to all Pediatric Primary Care Providers (PPCP's) in the state of RI at no cost

Pediatric Primary Care Needs Assessment

- **Increasing prevalence of behavioral health problems in nearly 20% of children (<20% receive treatment)** *(Surgeon General Report)*

In RI an estimated 20% of children ages 6-17 (29,000) have a diagnosable mental health problem

- **National shortage of child psychiatrists**

RI has about 78 child and adolescent psychiatrists

- **Pediatric feedback**

- Requested training in screening, diagnosing and treating behavioral health problems
- Requested information about community behavioral health referrals and resources

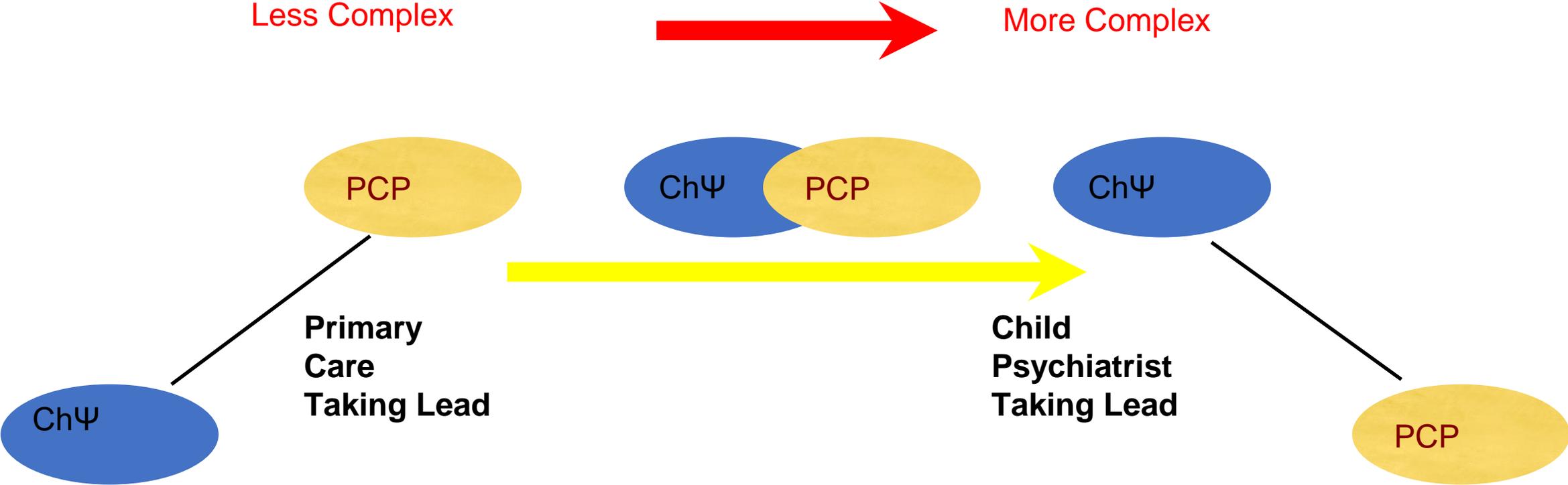


PediPRN Goals

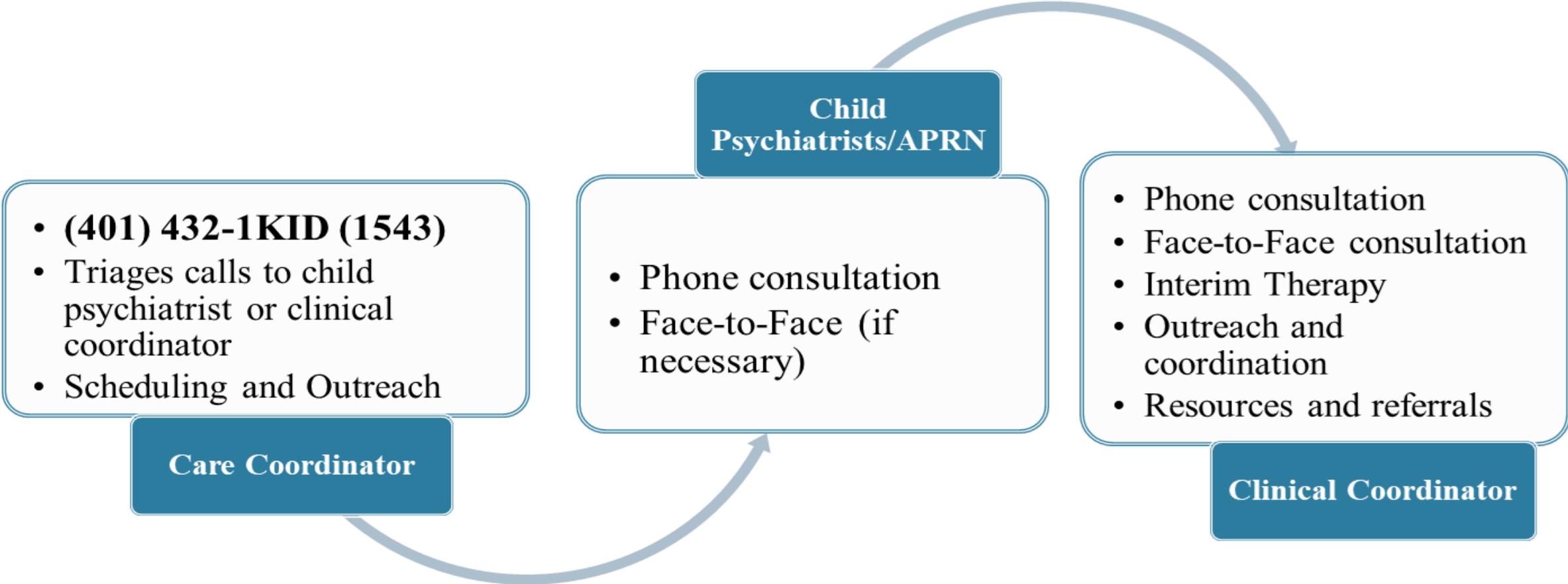
- **Goal 1: Increase PPCP's knowledge, skill and confidence to screen and manage children in primary care with mild to moderate mental health needs**
- **Goal 2: Promote the rational utilization of scarce specialty resources for more complex and high risk children**
- **Goal 3: Help integrate children's behavioral health and pediatric primary care**



PediPRN Model of Support



PediPRN Program Process



PediPRN Services



- Calls/consultation - 830am to 5pm weekdays
- Face-to-face assessments
- Website
- Office hours
- E-blasts/newsletters
- PIP
- PIP Grad
- Integrated care support/care coordination

PediPRN Consultation Questions

- **Diagnostic clarification**
- **Treatment planning**
- **Unable to access behavioral health resources**
- **Second opinion**
- **Screening support**
- **Pharmacological – side effect, selection, dosage, etc.**
- **Psychotherapy – selection, linkage, monitoring**

Behavioral Health Screening in Primary Care



- Approximately one in every 4–5 youth in the U.S. meets criteria for a mental health disorder³
 - Anxiety disorders were the most common condition (31.9%), followed by behavior disorders (19.1%), mood disorders (14.3%), and substance use disorders (11.4%)
 - The median age of onset for disorder classes was earliest for anxiety (6 years), followed by 11 years for behavior, 13 years for mood, and 15 years for substance use disorders.
- Youth with chronic illnesses have up to three times higher risk of mental health diagnoses (AAP)
- Pediatric primary care providers (PPCP) are often the first professional parents go to with concerns about their child’s mental/behavioral health¹
 - Even more true with school being remote
- Children who miss their well visits are more likely to test positive on screens²

1. Curr Opin Pediatr. 2006 Dec;18(6):654-60. doi: 10.1097/MOP.0b013e3280106239.

2. J Pediatr Health Care. Jan-Feb 2015;29(1):46-53. doi: 10.1016/j.pedhc.2014.06.005

3. [J Am Acad Child Adolesc Psychiatry. 2010 Oct; 49\(10\): 980–989.](https://doi.org/10.1016/j.jaac.2010.05.017) doi: [10.1016/j.jaac.2010.05.017](https://doi.org/10.1016/j.jaac.2010.05.017)

Screening resources



Pediatric Psychiatry Resource Network (PediPRN)

Pediatric Psychiatry Resource Network (PediPRN)

Lifespan > Centers And Services > Pediatric Psychiatry Resource Network (PediPRN) > Provider Resources > Rating Scales

Rating Scales

The New York Project Teach has collected an excellent list of available clinical rating scales for various symptoms and diagnoses organized in table form with links to the scales themselves: [view their clinical ratings scales.](#)

Below are direct links to pdfs of rating scales for various diagnoses from our website.

ADHD

- [NICHQ.ORG: Vanderbilt ADHD diagnostic parent and teacher rating scales \(English\)](#)
- [NICHQ.ORG: Vanderbilt ADHD diagnostic parent rating scale \(Spanish\)](#)

Anxiety

- [Pediatricbipolar.pitt.edu: Screen for child anxiety related disorders \(SCARED\) child version \(English\)](#)
- [Pediatricbipolar.pitt.edu: Screen for child anxiety related disorders \(SCARED\) parent version \(English\)](#)

Bipolar Disorder

- [Projectteachny.org: Young mania rating scale, parent \(English\)](#)
- [Projectteachny.org: Young mania rating scale, parent scoring \(English\)](#)

Depression

- [AACAP.org: PHQ-9 modified for adolescents \(English\)](#)

Obsessive Compulsive Disorder

- [IOCDF.org: Children's Yale-Brown obsessive-compulsive scale \(English\)](#)

About PediPRN

Provider Resources

[Frequently Asked Questions](#)

[Clinical Archives](#)

Rating Scales

[Useful Links for Providers](#)

[COVID-19 and Children's Mental Health: Resources for Providers](#)

[PediPRN Intensive Program Video Library](#)

Family Resources

[Our Care Team](#)

[Enroll In PediPRN](#)

[PediPRN Intensive Program](#)

Screening considerations



- Who presents the screen
- How/when is it presented
- Confidentiality explained
- Privacy during administration
- Assistance with completion
- Attitudes towards screening
- Scoring process
- Sharing results
- Follow-up

Clinical Guidance

- The literature suggests that screening can have a positive effect on parent, youth, and primary care provider willingness to discuss mental health issues.
- There is a suggestion in published studies that parents and youth favor screening that is framed as universal, confidential, and designed to improve communication with their primary care provider, but there remain many questions about screening can best be presented in primary care settings.
- Screening may have unpredictable and potentially undesired impact for patients and systems in the absence of support for clinical decision making, first-line treatment, and linkage to specialty care. Factors that promote effective screening—attention to informing patients about clinical goals, using accessible terms, and discussing confidentiality—are also important aspects of any care that is subsequently offered.
- Mental health professionals working with primary care providers may want to inquire about the extent to which their colleagues have been trained to interpret screening results. If asked for informal or formal consultation based on screening findings (positive or negative), it could be important to ask how the screen was administered, what other information has been gathered, and how the combined information has led to a desire for consultation or referral.



Responding to Positives/Symptom Endorsement

Symptoms/functioning	Response
Mild/Mild-Moderate	Outpatient referrals and monitoring, ?med? -accessing your resources or PediPRN
<p>Moderate in tx, not responding/stagnant, not crisis</p> <p>CRISIS, in tx or new to tx, acute (but not imminent) need for tx/tx change due to safety concerns and/or poor functioning</p>	<p>PediPRN (or KidsLink)</p> <p>KidsLink -triages to Access, Crisis clinic, PACE Clinic, Gateway, PHPs, etc -Unite Us</p>
Severe/High Risk/SI with plan	Emergency Evaluation



Kids' Link RI™ is a behavioral health triage service and referral network. A program offered in collaboration with Gateway Healthcare, Lifespan, Hasbro Children's Hospital and Bradley Hospital, Kids' Link RI is available 24 hours a day, seven days a week to help triage children and youth in need of mental health services and refer them to treatment providers.

- Call [1-855-543-5465](tel:1-855-543-5465) if your child is:
 - Feeling excessive anger or sadness
 - Lashing out at siblings, friends, and adults
 - Having behavior problems at school
 - Having severe worries
 - Hurting himself/herself or others

The free, confidential phone line, [1-855-543-5465](tel:1-855-543-5465), connects parents and caregivers to an experienced clinician that can help them access children's services in Rhode Island, and determine the best place to go for treatment and counseling.

Parent/Patient Resources



This is a screenshot of the Lifespan Psychiatry Resource Network (PediPRN) website. The header includes the Lifespan logo and navigation links such as "Lifespan Urgent Care", "Contact Us", and "MyLifespan". A teal navigation bar contains links for "Lifespan Locations", "Centers & Services", "Lifespan Living", "Find a Doctor", "News & Events", "Clinical Trials", and "Popular Links". The main content area is titled "Helpful Links for Families" and features three sections: "Bradley Hospital Foundations for Infant/Toddler Social Emotional Health and Development: Online Course for Parents and Families", "Facts for Families", and "Learn about ADHD". A sidebar on the left lists various resource categories, with "Helpful Links for Families" highlighted. The footer of the page displays the URL "Pediprn.org".

More...



- [Bradley Website](#)
- Community program websites
- *Rhode Island Parents' Guide to Children's Mental Health*
- Additional websites
 - Kids Health from Nemours - kidshealth.org
 - 0 to 3 - zerotothree.org/

- <http://www.sprc.org/sites/default/files/CrisisSupportPlan.pdf>

The image is a screenshot of the website for the Suicide Prevention Toolkit for Primary Care Practices. At the top, there is a navigation bar with the text "Suicide Prevention Resource Center" and a search bar. Below the navigation bar, the main heading reads "Suicide Prevention Toolkit for Primary Care Practices". Underneath this, there is a sub-heading "SUICIDE PREVENTION TOOLKIT for PRIMARY CARE PRACTICES" and a smaller sub-heading "A GUIDE FOR PRIMARY CARE PROVIDERS AND MEDICAL PRACTICE MANAGERS". The page also features logos for the Suicide Prevention Resource Center (SPRC) and the Western Interstate Commission for Higher Education (WICHE) Mental Health Program. At the bottom of the page, there is a small paragraph of text providing information about the toolkit and how to contact the organization for more details.

Why we provide resources services



- Primary care providers need access to resources and mental treatment services to recommend to their patients
- Community connections and co-located providers cannot take everyone and have limited time/resources to maintain resource lists
- Not having contact information can be the biggest barrier to patients and families engaging in treatment – we want to minimize that barrier
- Resources are always changing
- Clinicians can help triage/tailor referrals and resource recommendations based on clinical judgement and expertise in efficacious treatments
- Addressing any barriers from the beginning can help with follow-through

Benefits of Enrolling in PediPRN

[Electronic Newsletter](#)



How to Contact PediPRN

- **Call PediPRN at (401) 432-1KID (432-1543)**
- **Email: PediPRN@lifespan.org**
- **Visit website www.pediprn.org**
 - Resources
 - Registration
 - Upcoming Educational Events
 - Educational Resources



References

- Massachusetts Child Psychiatry Access Program – www.mcpap.com
- National Network of Child Psychiatry Access Programs – www.nncpap.org
- Partnership Access Line (PAL) Washington - www.palforkids.org
- Integrating Behavioral Health and Primary Care for Children and Youth: Concepts and Strategies
<http://www.integration.samhsa.gov/integrated-care-models>
- American Academy of Child & Adolescent Psychiatry - www.aacap.org

Adolescent Well Child

*Patricia Flanagan,
MD, FAAP,
PCMH Kids Co-chair*



TABLE 1

The HEADSSS psychosocial interview for adolescents

	Potential first-line questions	Questions if time permits or if situation warrants exploration
Home	<p>Who lives with you? Where do you live? What are relationships like at home? Can you talk to anyone at home about stress? (Who?) Is there anyone new at home? Has someone left recently? Do you have a smart phone or computer at home? In your room? What do you use it for? (May ask this in the activities section.)</p>	<p>Have you moved recently? Have you ever had to live away from home? (Why?) Have you ever run away? (Why?) Is there any physical violence at home?</p>
Education and employment	<p>Tell me about school. Is your school a safe place? (Why?) Have you been bullied at school? Do you feel connected to your school? Do you feel as if you belong? Are there adults at school you feel you could talk to about something important? (Who?) Do you have any failing grades? Any recent changes? What are your future education/employment plans/goals? Are you working? Where? How much?</p>	<p>How many days have you missed from school this month/quarter/semester? Have you changed schools in the past few years? Tell me about your friends at school. Have you ever had to repeat a class/grade? Have you ever been suspended? Expelled? Have you ever considered dropping out? How well do you get along with the people at school? Work? Have your responsibilities at work increased? What are your favorite subjects at school? Your least favorite subjects?</p>
Eating	<p>Does your weight or body shape cause you any stress? If so, tell me about it. Have there been any recent changes in your weight? Have you dieted in the last year? How? How often?</p>	<p>What do you like and not like about your body? Have you done anything else to try to manage your weight? Tell me about your exercise routine. What do you think would be a healthy diet? How does that compare to your current eating patterns? What would it be like if you gained (lost) 10 lb? Does it ever seem as though your eating is out of control? Have you ever taken diet pills?</p>
Activities	<p>What do you do for fun? How do you spend time with friends? Family? (With whom, where, when?) Some teenagers tell me that they spend much of their free time online. What types of things do you use the Internet for? How many hours do you spend on any given day in front of a screen, such as a computer, TV, or phone? Do you wish you spent less time on these things?</p>	<p>Do you participate in any sports? Do you regularly attend religious or spiritual activities? Have you messaged photos or texts that you have later regretted? Can you think of a friend who was harmed by spending time online? How often do you view pornography (or nude images or videos) online? What types of books do you read for fun? How do you feel after playing video games? What music do you like to listen to?</p>
Drugs	<p>Do any of your friends or family members use tobacco? Alcohol? Other drugs? Do you use tobacco or electronic cigarettes? Alcohol? Other drugs, energy drinks, steroids, or medications not prescribed to you?</p>	<p>Is there any history of alcohol or drug problems in your family? Does anyone at home use tobacco? Do you ever drink or use drugs when you're alone? (Assess frequency, intensity, patterns of use or abuse, and how patient obtains or pays for drugs, alcohol, or tobacco.) (Ask the CRAFFT questions in Table 5, page 25.)</p>

A Strengths-based Approach to Adolescence

- 1. Relationships with caring adults and peers**
- 2. Competence/Mastery: What are you good at?**
- 3. Independent Decision-making**
- 4. Engagement/Generosity**



[Bright Futures Pre-visit Questionnaire](#)

Rhode Island Chapter

INCORPORATED IN RHODE ISLAND

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



<https://familyhealthduringcovidri.org/>

Tips to keep your **FAMILY HEALTHY** during **COVID**

[Home](#)

[Mental Health](#)

[Wellness](#)

[Learning During COVID](#)

[Parenting During COVID](#)

[Being a Teen During COVID](#)

Home

The ongoing COVID-19 pandemic is a public health emergency that's impacting the lives of every Rhode Island family. In addition to the deadly serious direct health impacts caused by the coronavirus, the pandemic has upended our daily lives from school, to work, to not being able to see our friends and loved ones. All of this disruption is causing other very real health impacts for young children, teens, and parents including increased stress and anxiety, and missed childhood vaccinations and doctor visits.

That's why we, your [Rhode Island pediatricians](#), have launch this resource to share tips, quality resources, and best practices to keep your family healthy during COVID.

First and foremost, we urge all Rhode Islanders to continue to [follow basic guidelines](#) to protect yourself and others from the coronavirus:

- Washing your hands often with soap and water.
- Practicing social distancing by avoiding close contact and putting 6 feet of distance between yourself and people who don't live in your household.
- Always wearing a mask that covers your nose and mouth when in public settings and when around people who don't live in your household, especially when social distancing measures are difficult to maintain.
- Getting a flu shot.



While always following these guidelines, we hope that you and your family will use the tips and resources on this site to stay healthy during COVID.

Finally, we want you to know that Rhode Island's pediatricians' offices are open, safe, and ready to see children for well-child visits, developmental screenings,



ADVANCING INTEGRATED HEALTHCARE

Stay Healthy
