

Capstone Presentation

Patient Presentation : Abby

1. Age: 4 years old
2. Gender: Female
3. Support System: Patient lives at home with both parents and 3 older
4. Socioeconomic Status: Low income family; mother is primary caretaker; father has a low wage/ low skill occupation - working to become resident of USA
5. Life Style: Patient has limited mobility - recently started walking at 3.5 years old, speech & developmental delays; obesity

Past Medical History:

Chronic Conditions: Chronic Urticaria, bilateral hearing loss, NOMID, Macrocephaly

Current Medications: Anakinra 200mg / day, Diamox 250mg, Albuterol

Patient Understanding of Disease Process: Patient herself has a low understanding of her diseases/treatment - due to age and developmental delays

Family: Understands her conditions

Compliance to Treatment Regime: On multiple occasions family has not been 100% compliant to doctors orders/ treatment plans

Recent Acute Episodes:

In regards to compliance: Patient's family denied taking her to rheumatology appts. despite doctors recommendations.

Matters for Consideration-Identified Concerns:

Barriers to Care: Language barriers; lack of transportation; scheduling; out of network referrals

Gap to Care: Parents lack of understanding / communication between PCP-specialist-Family

Driver of the Case: PCP - CC : ensure treatment is followed through

Medical Neighborhood Needs (who would you collaborate with regarding patient care needs): Insurance (for translators, out of network etc.)

What is the Plan to Address Identified Concerns?

1. How Would You Address Concerns Identified:
 - a. Immediate Plan
 - i. What is your immediate plan for this patient?
 - Schedule appt. WITH patient's mother present
 - Make sure she attends appt.

- After appt. follow-up with Patient's mother (does she have any other questions/ concerns/ something she didn't understand/ did she have all necessary tools ex. translator, any issues with insurance?)
- Ensure that PCP receives consultation notes from specialist

a. **What Patient Education will you provide?**

- As needed

b. **What are three signs/symptoms patient should report to PCP/CM as soon as possible?**

1. Missed appointments
2. Lack of compliance at specialist appt.
3. Click here to enter text.

b. **Long Term Plan**

i. **What are your long term plans for this patient?**

- Continued follow-up with patient and her family
- Patient should continue to visit and follow-up with PCP
- Make connection between PCP-Patient and family- Specialist-CM team

Conclusion:

Overall, Abby is a joyful 4 year old little girl. She does have an extensive list of medical conditions, including macrocephaly, neonatal onset multisystem inflammatory disease, and other developmental delays. As any other patient, it is important to remind Abby and her family that she has a strong medical team behind her. As a CC, it is important to build the bridge between PCP, the specialists, and Abby and her family. Caring for Abby will be an ongoing task as her medical history is complicated and will continuously need outpatient support.