



# Care+Community+Equity Program Reminders & Updates

## Program Reminder for September 2022:

1. Practices will meet with Practice Facilitators in July and August to help plan PDSAs and incentive work for year 4 Topics for Quality Improvement deliverables are due by our next best practices sharing meeting, September 28, 2022
2. Attend CCE Best Practices Sharing meeting will be held virtually on **September 28, 2022 8:00 – 9:30am** via [Zoom](#); updated Outlook invitations have been sent with zoom access embedded. Please contact [Der Kue](#) with questions.

## What's Happening Week of September 2, 2022



Electronic Nicotine Delivery  
Systems (ENDS) and COVID-19

Hosted by NHCPH, a HRSA-  
funded NTTAP

**Wednesday, September 7**  
**Noon-1:00 p.m. ET**

[Register](#)



**The American Stroke  
Foundation empowers  
stroke survivors and their  
families to overcome the**



The Million Hearts® SMBP  
Forum convenes SMBP  
implementers, facilitators, and  
other SMBP supports quarterly  
to exchange knowledge, identify  
obstacles, and surface solutions  
to advance the practice of  
SMBP nationwide.

For more information, please  
contact [Million Hearts](#).

To register for SMBP Forum  
emails, please click [HERE](#).

**Million Hearts Self-Measured  
Blood Pressure Forum  
Quarterly Meetings:** Co-hosted  
by CDC and NACHC (with CDC  
funding)

**Thursday, September 8**  
**1:00-2:00 p.m. ET**

## challenges of life after stroke

ASF's monthly Stroke Education Series is the 1st Wednesday of every month at 11:00 a.m (CST). Join the upcoming session:

**Sep. 7 -- Post-Stroke Spasticity -- Gregory Herman, MD**

Use this [link](#) or click Join Webinar below to view the webinar in real time.

Unable to attend the webinar live? All Stroke Education Series can be viewed on their YouTube Channel or on blog accessed on the [American Stroke Foundation website](#)

Join Webinar

Register



## Find a Class Near You!

AHA's network of authorized Training Centers and Instructors offer in-person classroom training and skills sessions. Schedule training, find contact information, or see course options for your local Training Center with their online tools.

AHA CPR & First Aid

## Other News & Resources



### Community Health Network

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Check out CHN Classes

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National Jewish Health, the leading respiratory hospital in the nation, provides continuing education credits for all modules. **QuitWorks-RI covers the costs so you can learn and get**

## Smoking & Vaping Continuing Education



credits for free.

**What can you expect when you sign up?** Modules range from 15-30 minutes, with stop-and-play functionality, to fit into busy clinical schedules. Each module contains a short video with interactive features that help you immediately integrate content into practice. Learn about new Quitline programs, quit medications, how e-cigarettes work, how vaping harms, practice with patient simulations, and more!

To learn more about the program or to register for free continuing education credit, go to [quitlogixeducation.org/rhode-island/](https://quitlogixeducation.org/rhode-island/) or click below.

### Need help supporting your patients in quitting tobacco or vaping?

Rhode Island Department of Health introduces a new online provider education platform for QuitWorks-RI. The [QuitWorks-RI Provider Training platform](#) hosts several new modules about the Quitline, including treating commercial tobacco use in clinical settings, special programs offered by the Quitline, along with information about e-cigarettes and vaping.

*National Jewish Health is accredited by the Accreditation Council for Continuing Medical Education, the Accreditation Council for Pharmacy Education, and the California Board of Registered Nursing, Provider Number 12724.*

[Access QuitWorks-RI Portal](#)

### Non-Clinical Approaches to Diabetes Prevention: Lessons Learned from Health Centers and Community Partners

In a new publication (PDF), CSH compiles lessons learned from health centers and other community-based partners implementing new strategies for diabetes prevention. These emerged from CSH's learning collaboratives in 2021-22. Participants were all health, housing, and homeless services providers. The publication will be useful for community-based providers initiating new prevention strategies or seeking to improve their existing efforts.

[Read Publication](#)



Submit applications by Friday  
September 30th, 2022

[Apply Here](#)

Is your health center looking to start or refresh its high-

## performance, team-based comprehensive primary care model?

Apply today for the Comprehensive and Team-Based Care Learning Collaborative!

This free eight-month participatory experience is designed to equip health centers and look-alikes with the knowledge, tools, and coaching support they need to develop highly trained clinical primary care teams that will enhance their model of high-performing team-based care.

The Team-Based Care Collaborative will engage teams in work focused on implementing and measuring outcomes for a model of team-based care best suited to their organization by:

- Assessing their current team-based care model to identify areas for process improvement and role optimization
- Developing a problem statement based on data
- Using quality improvement concepts and skills with coaching support to systematically achieve one or more specific aims.
- Developing a specific aim, global aim statement, and process map based on the problem statement
- Developing a Team-Based Care playbook in your organization

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[Add/Update to CHN List](#)

## What's Happening Week of September 12, 2022



## JOIN US Self-Measure Blood Pressure Journey Forum

The National Hypertension Control Initiative Control (NHCI) is hosting a Self-Measure Blood Pressure (SMBP) Forum for our Clinical and Quality Improvement Champions. The forum is meant to inform and support health centers as they continue to care for hypertensive patients in their communities.

**The forum will cover the following topics:**

- Discuss examples of SMBP program design and best practices
- Understand common challenges and potential solutions
- Apply tools and examples to strengthen SMBP program design

September 13, 2022  
Noon - 1:30 pm CST/ 1-2:30 pm EST

This project is supported by cooperative agreements (CPMP21227 and CPMP21228) with the Office of Minority Health (OMH) of the U.S. Department of Health and Human Services (HHS), as part of a financial assistance award totaling \$14.8 million in partnership with the Health Resources and Services Administration (HRSA). The contents do not necessarily represent the official views of, nor an endorsement by OMH/HRSA/HHS or the U.S. Government. For more information, please visit <https://www.minorityhealth.hhs.gov/>



[Register Here](#)

# Tools and Resources

**Smoking & Vaping Continuing Education**

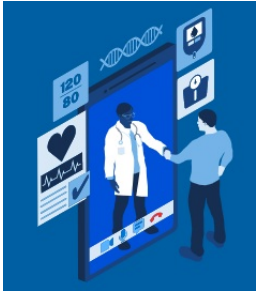



**National Jewish Health**  
Breathing Science in Life

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**QuitWorks-RI covers the costs so**



**Managing chronic conditions through telehealth**

Improvements to technology mean there are a lot more options for telehealth care that will benefit both patients and their providers.

More frequent check-ins through telehealth, and the possibility of remote patient monitoring, also can help providers catch any complications faster. That could lead to fewer hospitalizations and emergency room visits.

**Telehealth services are covered**

**you can learn and get credits for free.**

To learn more about the program or to register for free continuing education credit, go to [quitlogixeducation.org/rhode-island/](https://quitlogixeducation.org/rhode-island/) or click below.

Access QuitWorks-RI Portal

## Simple Guidance for Hypertension Patients

People with low health literacy may struggle to understand information about their health conditions, medication, and strategies for achieving healthy lifestyles. Help educate your patients on reducing their salt intake, controlling blood pressure, and improving their overall health with easy-to-understand tools from the American Heart Association, such as [\*Shaking Your Salt Habit\*](#)



## Check Out the CDC's Updated Type 1 Diabetes Web Section

Type 1 diabetes is usually diagnosed in children, teens, and young adults, but it can develop at any age. No one knows how to prevent type 1 diabetes, but that doesn't mean it can't be managed. Our newly updated type 1 diabetes web section has information on type 1 basics, guides on the types of insulin and how to take them, diabetes management tips, and more. Whether you have just been diagnosed with type 1, are a parent or caregiver to someone with type 1, or just need a refresher on the best management tips, you can find your

Access this Guide

## Podcast Series: Unmet Needs in Hypertension Treatment

Listen to this podcast series to explore how you can apply best practices in hypertension treatment. Episodes include Lifestyle: Decisions for Daily Life, Home Blood Pressure Monitoring with Clinical Support, and Shared Decision-Making and Adherence.

Start This Series Now

## Preventing and Managing Falls in Adults with Cardiovascular Disease

This 2022 statement provides consensus on the evaluation, prevention, and prevalence of falls among adults with cardiovascular disease (CVD), as well as management of care and factors associated with falls and preventative interventions among adults with CVD.

Read the Full Article



## Diabetes in Special and Vulnerable Populations: Compendium of Resources

The Special and Vulnerable Populations Diabetes Task Force (14 NTTAPs) held a learning collaborative last winter on the diabetes continuum of care. A [\*new webpage\*](#) presents key resources, lessons learned, and effective strategies from the sessions.

answers in our new web section

Learn how to [save money on diabetes care.](#)

Learn how [diabetes self-management education and support](#) can make diabetes management easier.

**For More Information:**

- [Diabetes Basics](#)
- [Living With Diabetes | CDC](#)
- [Find Success with DSMES Services](#)
- [Put the Brakes on Diabetes Complications](#)
- [CDC Diabetes on Facebook](#)



**NCSL**

NATIONAL CONFERENCE OF STATE LEGISLATURES

Meeting basic needs such as housing, transportation, and food improves health outcomes for families, especially for [medically and socially complex](#) Medicaid beneficiaries. Many state Medicaid programs use managed care to coordinate the health and social components with the greatest health impact, a strategy that [research shows](#) cuts program costs by reducing emergency visits and hospital readmissions. This National Conference of State Legislatures (NCSL) [article](#) explores how Medicaid managed care can address social drivers of health.

*HRSA's National Organizations of State and Local Officials Cooperative Agreement provided support for this NCSL resource.*

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# Care+Community+Equity Program Reminders & Updates



CCE Best Practices Sharing meeting will be held virtually on **September 28, 2022 8:00 – 9:30am** via [Zoom](#). Outlook invitations have been sent with zoom access embedded. Please contact [Der Kue](#) with questions.

Join the Meeting

- PDSA's are due to Practice Facilitators (PF) at this time. The CCE team will be reviewing them and PFs will reach out to each practice regarding comments or concerns.
- Please continue to work with PFs choosing your incentive work for year 4.
- Quarterly data is due by October 15, 2022. This should include your pre-diabetes measures for those sites who have chosen the Diabetes Control and Prevention scope of work for year 4.



Exciting news! We are working on a new webpage for CCE. This page will be available to anyone looking for CCE resources and information.

More information come!

## RIPIN

Upcoming Health and Wellness Classes

- [Diabetes Prevention Program](#)
- [Walk with Ease](#)
- [A Matter of Balance](#)
- [Tai Ji Quan: Moving for Better Balance](#)

### Community Health Network

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- [Chronic Pain Self-Management Program](#)

updates to the list:

Check out CHN Classes

Add/Update to CHN List

## What's Happening Week of September 19, 2022

### Best Practices in Team Based Care



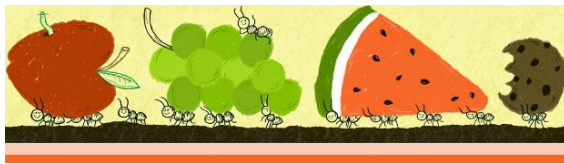
#### Details

- CEU Credits Available
- Meets Monthly from 8:00am - 9am
- Collaboration, support and ongoing learning with subject-matter experts and health care staff

#### Date and time

Tue, September 20, 2022  
8:00 AM – 9:00 AM EDT

Register Here



### Community Food Mapping

The National Health Care for the Homeless Council (NHCHC) invites health centers to focus on how to identify and map local food resources. Participants will be required to engage clients in food mapping. Facilitators will share promising practices for client engagement and provide personalized TA. NHCHC encourages participation from health center staff who assist clients in navigating community food resources.

Visit the [registration page](#) for details and apply by Friday, September 23.

Register Here

### Spanish Workshop: The World of Motivational Interviewing within Diabetes Self-Management and Prevention

*(in Spanish with live interpretation in English)*

Hosted by NCFH, a HRSA-funded NTTAP  
Tuesday, September 20  
2:00-3:30 p.m. ET

Register Here



### Preventing Smoking Relapse in the COVID Era

Hosted by NCHPH, a HRSA-funded NTTAP  
Wednesday, September 21  
Noon-1:00 p.m. ET

Register Here

# Putting Care at the Center 2022

Sacramento, CA

September 21-23, 2022

#CenteringCare22

REGISTER FOR THE CONFERENCE



The theme of this year's event is Values and value in complex care. We know that complex care offers value to consumers, communities, providers, payers, and more. How can that value be defined, measured, and demonstrated, beyond reductions in cost and utilization? We know that our shared values of health justice and equity sustain us in doing this critical and sometimes difficult work. Can we translate these shared values into sustained financial and institutional support?

We are thrilled to welcome [Jennie Chin Hansen](#) as this year's keynote speaker. Jennie is a trailblazing nurse who pioneered the Program of All Inclusive Care to the Elderly (PACE) model and a nationally recognized leader in geriatrics and complex care for older adults. Read more about her work below.

**[Register by September 19!](#)** Additional discounts available for community health workers, peer navigators, and students and free registration complex care consumers and caregivers. CEUs are available for all attendees.

[Learn More and Register](#)

## Tools and Resources

**PAYMENT**  
**Reimbursement Tips:**  
Community Health Center Requirements for Remote Physiologic Monitoring (RPM) & Self-Measured Blood Pressure (SMBP)

[Download SMBP Resource](#)

[Inside Health Care #86: Dr. Bryan O. Buckley on the Innovative Road to Health Equity - NCQA](#)



**Inside Health Care: Weaving Health Equity into Everything**  
Integrating health equity into all NCQA programs is serious business. It requires a dynamic young leader with big ideas. Meet Dr. Bryan O. Buckley, NCQA Director of Health Equity Initiatives.

[Listen Now](#)

[Good to Know: Person-Centered Outcome Measures - NCQA](#)



**Person-Centered Outcome Measures 101**  
Person-centered outcome (PCO) measures are a new way to ensure care is effective and fits what people want from their care. Find out why leaders in primary care, behavioral health and long-term services and supports are eager to go PCO.

[Get the Details](#)

## A History of Insulin Development and Insulin Delivery Systems

In recent years, insulin has caught media attention due to its increasing costs; understanding the basics of insulin and delivery systems can help us better understand how to address the prices.

[Read the Full Article](#)

Are you enjoying the content of the CCE Programmatic Updates?

[Yes](#)

[No](#)

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# Care+Community+Equity Program Reminders & Updates



***Congratulations to our CCE agencies that have met or exceeded Healthy People 2030 goal of 61% of patients with controlled blood pressure.***

**COMPREHENSIVE COMMUNITY ACTION  
THUNDERMIST HEALTH CENTER  
WOOD RIVER HEALTH SERVICES**



CCE Best Practices Sharing meeting

**Date: September 28, 2022**

**Time: 8:00 – 9:30am**

**Location: [Zoom](#).**

Outlook invitations have been sent with zoom access embedded. Please contact [Der Kue](#) with questions.

[Join the Meeting](#)

- PDSA's are due to Practice Facilitators (PF) at this time. The CCE team will be reviewing them and PFs will reach out to each practice regarding comments or concerns.
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## What's Happening Week of September 26, 2022



RHODE ISLAND  
WORLD DIABETES DAY

[Click Here to Nominate](#)

Please place your nomination for a deserving person/organization to be considered for the **Grace Diaz Blue Light Award!**

Each year the Rhode Island World Diabetes Day (RIWDD) Committee recognizes an individual or organization that has positively impacted diabetes in the state of Rhode Island!

This year's **Blue Light Award** will be presented to an individual or organization who has gone above and beyond in providing diabetes care. The criteria for the nominee is a commitment to the health and well-being of people living with chronic disease, being a role model for others and exhibiting a devotion to improving the health of the community.

Treating Patients with Hypertension:



What's the Rx?  
Co-hosted by NACHC (through a cooperative agreement with CDC) and the American Medical Association

**Wednesday, September 28**

3:00-3:45 p.m. ET

[Registration page](#)

\*\*1.0 CME available\*\*

[Register Here](#)

## Accelerating Health Equity and Eliminating Diabetes Disparities in Community Health Centers (AHEAD-CHC)

**Thursday, September 29,**

**1:00pm-2:30pm ET/12:00pm-1:30pm CT**

**At the conclusion of this program, participants will be able to:**

1. To understand the role of studying social determinants of health in community health centers, and survey tools for measuring this important topic related to diabetes health equity.
2. To explore diverse research methodologies that can be used for diabetes health equity research in community health centers.
3. To learn about core services offered by AHEAD-CHC that can be accessed by diabetes researchers nationwide.

[Register Here](#)



**Camden  
Coalition**



**The National Center**  
for Complex Health & Social Needs  
An initiative of the Camden Coalition

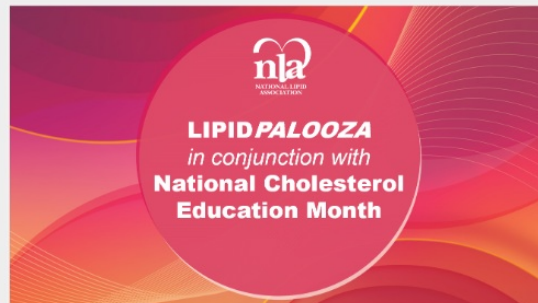
Starting a new complex care program can be daunting. Many new complex care programs end up developing their own resources from scratch — reinventing the wheel each time. That's why in June 2021, we released a compendium of best practices, templates, tools, and resources called the Complex Care Startup Toolkit.

The landscape of complex care is constantly shifting, and it's important that this toolkit stay up-to-date. We are excited to release the [Complex Care Startup Toolkit 2.0](#), which includes dozens of new resources in program design, strategy and business, advocacy, and

much more.

Read about highlights from the updated toolkit [on our blog](#), and [join us for a webinar](#) to hear from toolkit contributors **September 29, 3-4 pm ET**.

## Tools and Resources



We are excited to offer a virtual educational series featuring multiple recorded episodes in combination with NLA leadership and our industry partners. This virtual series celebrating National Cholesterol Education Month will be spread over the entire month and offered at no charge for all. Log on each week starting September 15 at 5:00 PM ET to view content. Experts in the field of Lipidology will deliver a presentation on a specific topic in the field followed by our industry partner presentation with relevant clinical trial(s) information in that area. Dates and topics listed below\*.

*\*Topics are subject to change.*

[Watch Episodes](#)



Don't forget to checkout the LDL-C continuing education curriculum, Lowering to Desired Levels of Cholesterol: Lasting Improvements and Meaningful Benefits Overall (LDL-C LIMBO) with Paradigm Medical Communications, LLC.

Explore 5 modules, each designed to be completed within 15 minutes, available now in our central learning center along with additional activities.

[Access Resources](#)

[Free CME/CE Activities](#)





## **How to avoid bias in patient care**

Implicit bias is the unconscious collection of stereotypes and attitudes that individuals develop toward certain groups of people. If left unchecked, it can affect patient relationships and care decisions.

For example, “similarity bias” can cause individuals to favor others who are like them, to show greater empathy toward them, and to use actions, words, and body language to signal feelings of relatedness. “Experience bias” can lead individuals to overestimate how much others see things the same way they do, to believe they are less vulnerable to bias than others, and to assume that their intentions are clear and obvious to others.

To avoid bias when caring for patients, the following tactics can help.

- **Consider other perspectives.** How do things look or feel from another point of view? For example, maybe your practice’s waiting room is filled with images of people from only one race, so patients of other races don’t feel represented.
- **Slow down.** To recognize biases, don’t rush through an interaction and respond instinctively. Instead, pause and think about what you’re feeling, why you might be reacting in a biased way, and how to react better next time.
- **Get to know the individual.** Gather specific information about the other person to prevent stereotyping. You can likely find a shared experience (e.g., parenting), common interest (e.g., sports teams), or mutual purpose (e.g., surviving cancer) that will help you build empathy and trust.

Here are a few resources that can help:

- [\*\*Implicit Bias Training\*\*](#) — A health care team training guide from the AAFP.
- [\*\*Project Implicit\*\*](#) — Implicit association tests by Harvard University.
- [\*\*“Long-term reduction in implicit race bias: A prejudice habit-breaking intervention”\*\*](#) — A multi-faceted intervention for reducing implicit race bias published in the *Journal of Experimental Social Psychology*.
- [\*\*The Equity and Empowerment Lens\*\*](#) — A quality improvement tool for creating more racial equity at the individual, institutional, and systemic levels.
- Read the *FPM* article: [\*\*“How to Identify, Understand, and Unlearn Implicit Bias in Patient Care.”\*\*](#)

# How to Identify, Understand, and Unlearn Implicit Bias in Patient Care



[Read Full Article](#)

Is the frequency (weekly) of receiving programmatic updates....

Just Right

Too Much

Not Enough

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