

Appendix A : Current Assessment of Health Care Transition Activities for Integrating Young Adults into Adult Health Care

Instructions: Each of the Six Core Elements; Young Adult Feedback; and Young Adult Leadership sections should be scored as Level 1, 2, 3, or 4. To be scored at a certain level, all of the criteria must be met. (No partial scores.)

TRANSITION AND CARE POLICY/GUIDE				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians vary in their approach to accepting new YAs, including the completion of new patient forms.	Clinicians follow a uniform but not a written transition and care policy/guide for accepting new YAs.	The practice has a written transition and care policy/guide for accepting new YAs.	The practice has a written transition and care policy/guide for accepting new YAs.	(out of 4)
		The transition and care policy/guide includes information about the adult health care system, including privacy and consent information.	The transition and care policy/guide includes information about the adult health care system, including privacy and consent information.	
		Clinicians sometimes discuss/share the transition and care policy/guide with YAs.	Clinicians consistently discuss/share the transition and care policy/guide with YAs.	
		The transition and care policy/guide is familiar to some staff.	The transition and care policy/guide is publicly displayed and familiar to all staff.	
			The transition and care policy/guide was developed with input from YAs.	
TRACKING AND MONITORING				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians vary in their process of identifying new YAs in the practice.	Clinicians follow a uniform process of identifying new YAs in the practice.	The practice has an individual transition flow sheet or registry for identifying and tracking new YAs, or a subgroup of YAs with chronic conditions.	The practice has an individual transition flow sheet or registry for identifying and tracking new YAs, or a subgroup of YAs with chronic conditions	(out of 4)
	Clinicians use YAs' medical records to document relevant HCT information (e.g., created medical summary, conducted self-care skills assessment).	The practice tracks YAs' receipt of some but not all of the Six Core Elements.	The practice tracks YAs' receipt of all of the Six Core Elements.	

HCT - health care transition, YA - young adult

Current Assessment of Health Care Transition Activities *(Continued)*

ORIENTATION TO ADULT PRACTICE				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians vary in their process to welcome new YAs.	Clinicians follow a uniform process to welcome new YAs.	Clinicians follow a uniform process to welcome new YAs.	Clinicians follow a uniform process to welcome new YAs.	(out of 4)
The practice does not have a process to identify clinicians interested in caring for YAs.	The practice has a process to identify clinicians interested in caring for YAs.	The practice has a list of clinicians interested in caring for YAs, which is consistently shared with new YAs and referring practices.	The practice has a list of clinicians interested in caring for YAs, which is consistently shared with new YAs and referring practices.	
		The practice has general introductory information, which is shared with all new YAs.	The practice has a packet of materials tailored to YAs orienting them to the practice.	
INTEGRATION INTO ADULT PRACTICE				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians request YAs' medical information before their first appointment.	Clinicians request YAs' medical information and medical summary before their first appointment.	The practice confirms receipt of a transfer package, which includes the plan of care with goals and action steps, latest transition readiness assessment, medical summary and emergency care plan, and, if needed, legal documents.	The practice confirms receipt of a transfer package, which includes plan of care with goals and action steps, latest transition readiness assessment, medical summary and emergency care plan, and, if needed, legal documents.	(out of 4)
	Clinicians sometimes review YAs' medical notes and medical summary before the initial appointment and determine if any special accommodations are needed.	Clinicians consistently review the transfer package before seeing new YAs and determine if any special accommodations are needed.	Clinicians consistently review the transfer package before seeing new YAs and determine if any special accommodations are needed.	
		Prior to the initial visit, clinicians communicate with the pediatric practice.	Prior to the initial visit, clinicians communicate with the pediatric practice.	
			Prior to the initial visit, clinicians make a pre-visit call to all new YAs. Clinicians confirm the pediatric clinician's responsibility for care until YAs are seen in the adult practice.	

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Current Assessment of Health Care Transition Activities *(Continued)*

INITIAL VISITS				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians seldom assess self-care skills.	Clinicians sometimes assess self-care skills.	Clinicians consistently assess self-care skills.	Clinicians consistently assess self-care skills.	(out of 4)
Clinicians vary in whether they discuss self-care skills and health goals with new YAs.	Clinicians sometimes discuss self-care skills and health goals with new YAs.	Clinicians consistently discuss self-care skills and health goals with new YAs.	Clinicians consistently discuss self-care skills and health priorities with new YAs and document the discussion in medical records or plan of care with goals and action steps.	
	A standardized self-care skills assessment is sometimes used.	A standardized self-care skills assessment is consistently used.	A standardized self-care skills assessment is consistently used.	
	Clinicians sometimes discuss the distinctions between adult-centered care and pediatric care.	Clinicians consistently discuss the distinctions between adult-centered care and pediatric care.	Clinicians consistently discuss the distinctions between adult-centered care and pediatric care.	
	Clinicians sometimes update YAs' medical summary and emergency care plan, and, if needed, plan of care with goals and action steps.	Clinicians consistently update YAs' medical summary and emergency care plan, and, if needed, plan of care with goals and action steps.	Clinicians consistently partner with YAs to update their medical summary and emergency care plan, and, if needed, plan of care with goals and action steps.	
		The medical summary and emergency care plan, and, if needed, plan of care with goals and action steps are sometimes shared with YAs.	The medical summary and emergency care plan, and, if needed, plan of care with goals and action steps are consistently shared with YAs.	
ONGOING CARE				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians seldom communicate with and/or seek consultation assistance from referring clinicians after transfer.	Clinicians sometimes communicate with and/or seek consultation assistance from referring clinicians after transfer.	Clinicians consistently communicate with and/or seek consultation assistance from referring clinicians after transfer.	Clinicians consistently communicate with and/or seek consultation assistance from referring clinicians after transfer.	(out of 4)
	Clinicians sometimes assist new YAs in identifying other adult clinicians (e.g., specialists, behavioral health, reproductive health).	The practice consistently assists new YAs in identifying other adult clinicians (e.g., specialists, behavioral health, reproductive health).	The practice consistently assists new YAs in identifying and connecting with other adult clinicians (e.g., specialists, behavioral health, reproductive health).	
			The practice elicits feedback from YAs about the HCT supports received.	

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Current Assessment of Health Care Transition Activities *(Continued)*

YOUNG ADULT FEEDBACK				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians have no formal process to obtain feedback from YAs about the HCT supports received.	Clinicians sometimes ask YAs for feedback about the HCT supports received.	The practice sometimes obtains feedback from YAs using an HCT feedback survey.	The practice always obtains feedback from YAs using an HCT feedback survey.	<i>(out of 4)</i>
		The practice involves YAs in developing and/or reviewing an HCT feedback survey.	The practice involves YAs in developing and/or reviewing an HCT feedback survey.	
			The practice involves YAs in developing strategies to improve the practice's HCT support.	
YOUNG ADULT LEADERSHIP				
Level 1	Level 2	Level 3	Level 4	Score
Clinicians sometimes involve YAs in reviewing the practice's HCT resources (e.g., transition and care policy/guide, self-care skills assessment).	Clinicians sometimes involve YAs in reviewing and disseminating HCT resources (e.g., transition and care policy/guide, self-care skills assessment).	The practice consistently involves YAs in reviewing and disseminating HCT resources (e.g., transition and care policy/guide, self-care skills assessment).	The practice consistently involves YAs in creating, reviewing, and disseminating HCT resources that are consistently shared with YAs.	<i>(out of 4)</i>
		The practice includes YAs as active members of an advisory council for transition or a transition quality improvement team.	The practice ensures equal representation of YAs in strategic planning related to HCT and the care of YAs.	
			The practice involves YAs in educating staff and/or other YAs about HCT.	

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Current Assessment of Health Care Transition Activities *(Continued)*

SCORE	Possible Level	Actual Level
Transition and Care Policy/Guide	4	
Tracking and Monitoring	4	
Orientation to Adult Practice	4	
Integration into Adult Practice	4	
Initial Visits	4	
Ongoing Care	4	
Young Adult Feedback	4	
Young Adult Leadership	4	
Total Score	32	

This form is being completed to assess:

- An individual clinician
 An individual practice
 A practice network/system

Date scored: _____

