



## Respite for Children Fact Sheet

### What is the Respite Program?

Respite Services give parents or guardians, caring for a child with disabilities, the ability to take some time off with the assurance that their child is well-cared for. Families find their own Respite workers either through a certified Respite Provider or through the Rewarding Work website.

### Who is eligible?

A child/youth under the age of 21 with all of the following criteria may be eligible for Respite services:

- The child is Medicaid eligible
- Income and resource requirements are met (child's income & assets only)
- The child lives at home
- The child requires an institutional level of care at home that is typically provided in a hospital, nursing facility or an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID).

### How do I apply for Respite Services?

Please access the EOHHS website or a Respite provider agency for an application packet.

Parents/guardian may be asked to:

- Complete a Parent/ Guardian questionnaire;
- Provide documentation from your child's physician or other providers that address the child's condition, functioning and treatment needs;
- Provide documentation of supportive and treatment services, such as special education, occupational therapy, physical therapy, and speech/language therapy;
- Provide other information, as requested.

### How to access Respite services:

- Contact your health plan if you are enrolled in Medicaid, RItCare or RItShare (Neighborhood Health Plan, United Healthcare, or Tufts Health Plan)
- Contact the Respite provider directly

### Helpful Links for More Information:

EOHHS website for information on certified Respite Providers and application packets:  
<http://www.eohhs.ri.gov/Consumer/FamilieswithChildren/ChildrenwithSpecialNeeds.aspx>

Rewarding Work website to find a potential Respite Worker in your area:  
[www.Rewardingwork.org/](http://www.Rewardingwork.org/)